

Ashton Swift

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Education

Bachelor's in psychology

Pennsylvania State University-Main Campus - State College, PA

August 2021 to Present

- Major
 - Psychology B.A.
- Minors
 - World Literature
 - Sexuality and Gender Studies
- Cumulative GPA
 - 3.9
- Relevant Coursework
 - PSYCH 100 – Introduction to Psychology
 - PSYCH 105 – Psychology as a Science and Profession
 - STATS 200 – Elementary Statistics
 - PSYCH 260 – Neurological Bases of Human Behavior
 - PSYCH 270 – Intro to Abnormal Psychology
 - PSYCH 221 – Intro to Social Psychology

High school diploma

Flagstaff High School - Flagstaff, AZ

August 2017 to June 2021

- Cumulative GPA
 - Weighted – 4.305
 - Unweighted – 4.0
 - Graduated with Honors
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Work Experience

Chipotle Mexican Grill

Team Member - State College, PA

February 2022 to Present

- Worked to maintain a friendly, enthusiastic attitude
- Cultivated a passion for helping and serving others
- Learned how to effectively communicate in a high-speed professional environment
- Effectively switched between various positions as needed

Papa John's

Team Member – Flagstaff, AZ

May 2021 to August 2021

- Worked to create a positive work environment
 - Made sure the food prep station was well cleaned and organized
 - Interfaced with fellow employees and customers
 - Trained in multiple areas around the store to help where needed
 - Followed covid safety protocols during the pandemic
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Volunteer Experience

Theatrikos Theater Company

Member and Assistant - Flagstaff, AZ

January 2016 to December 2020

- Learned to communicate effectively and efficiently with members of a team
- Engaged audiences and perspective audiences with enthusiasm
- Confidently met new people and engaged with them to promote the productions
- De-escalated situations when problems arose during the project
- Organized various props and set pieces
- Followed the director's instructions in a timely manner

EDGE Youth Group

Team Leader – Flagstaff, AZ

August 2017 to May 2019

- Guided younger children through group activities
 - Led group discussions
 - Helped coordinate meetings
 - Developed conflict management skills
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