

Heather Galinato

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EDUCATION

Pennsylvania State University—University Park

State College, PA

August 2022 - Present

Schreyer Honor's College

College of Liberal Arts

Major: Psychology, B.S - Option: Neuroscience

Minor: Biology

Cumulative GPA: 3.80

Expected Graduation: December 2025

York School

Monterey, CA

August 2018 – May 2022

Cumulative GPA: 4.0

Awards: Rising Falcon Award (from the Board of Trustees) 2021, Faculty Award 2022

WORK EXPERIENCE

Redifer Dining Commons, Penn State University

October 2022 – Present

Crew Member, Cook's Help

- Facilitate an enjoyable experience for customers at the Dining Hall by preparing food, maintaining clean eating spaces, and providing customer service.
- Tasks include switching pans from the buffet wells, making pancakes, kitchen meal prep, running a salad bar.
- Have used knives, grills, buffalo chopper, dish room conveyer-belt, ovens, fryers
- Meal prep included cutting meats and vegetables, mixing salads, and preparing dishes.
- Commitment: FA22 at 12hrs/week; FA23 at 16hrs/week; FA23 12hrs/week.

Teriyaki Madness, Marina, CA

June 2023 – Aug 2023

Cashier, Meal Prep

- Cashier tasks included taking orders in-person and over the phone, bagging and handing out orders, setting up and cleaning dining and cashier area, stocking products, and providing customer service.
- Meal prep included chopping vegetables and washing dishes
- Commitment: Summer 2023 job at 30-38hrs/week

RELEVANT COURSEWORK AND SKILLS

Courses: Past: Psych 100 (Intro to Psychology), STAT 200 (Elementary Statistics)

Current: Psych 105 (Psychology as a Science and Profession), Psych 270 (Intro to Abnormal Psychology), Psych 256 (Intro to Cognitive Psychology)

Language: Can read, write, and speak Spanish proficiently

Organizational skills: Secretary of Robotics Construction sub-team at York School, where job included organizing 100-page blueprint into smaller build sections, plotting amount and dimension of necessary build pieces (per packet), assigning builds to teammates.

VOLUNTEER EXPERIENCE

Library Assistant

Marina, CA

July 2021 – Jan 2022

- Included shelving books, preparing empty workspaces, constructing activity bags.

Camp Counselor / Tutor

Santa Cruz, Salinas, and Monterey, CA

- Overnight Teen volunteer at Santa Cruz Outdoor Science School supervising children and leading them to relevant activities while encouraging good behavior. Commitment lasted one week.
- Teen Volunteer at a Salinas Japanese Summer Camp leading crafts and games, encouraging good behavior. Commitment lasted two weeks.
- Tutor in Algebra and Geometry at York School, where the job included reviewing course material, making in-depth explanation of concepts, creating practice problems and practice tests. Commitment lasted from Aug 2021 to April 2022. Work in this area contributed to both the aforementioned Rising Falcon and Faculty awards.