

Matthew J. Encelewski

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Education

The Pennsylvania State University - Expected Graduation: May 2026
Bachelor of Science in Psychology, Life Sciences Emphasis
Minor:

University Park, PA
Cumulative GPA: 3.67/4.00
Psychology GPA: 3.62/4.00

Honors and Awards

College of the Liberal Arts Dean's List, The Pennsylvania State University, 3/3 Semesters
National Honors Society

Relevant Coursework

PSYCH 100 - Intro to Psychology	SOC 3 - Intro Social Psychology
PSYCH 221 - Intro to Social Psychology	PSYCH 243 - Positive and Wellness Psychology
PSYCH 238 - Intro to Personality Psychology	PSYCH 120N - Knowing Right Versus Wrong
PSYCH 105 - Psychology as a Science and Profession	STAT 200 - Elementary Statistics
PSYCH 223 - Intro to Perception Psychology	

Research Experience

Laboratory of Personality Psychopathology, and Psychotherapy Research
Undergraduate Research Assistant

- 9 hours weekly

University Park
Jan 2024 - Present

Volunteer Experience

Summer in the City
Student Volunteer

Detroit
June-July 2021, June-July 2022

- Helped plant gardens, worked in greenhouses around the downtown Detroit area, helping with maintenance in the summer months
- Provide assistance with summer school programs of ages 7-16, helping with lessons, making lunch, and keeping the kids entertained
- Painted over disheveled walls and graffiti in areas all around Downtown Detroit

Centre Helps

Student Volunteer

September 2023 - Present

- I am a volunteer crisis counselor, helping support people in times of crisis and emotional distress
- Help provide members of the Centre county area with resources for multiple organizations that help people in low income situations
- Centre Helps is also partnered with 988 Suicide and Crisis Lifeline

Work Experience

Quick Help

Northville, MI

Landscaper, Construction Cleanup, Mover

May 2019 - November, 2022

- Build people talking skills through helping clients move out of their homes, fix their gardens and clean up the community
- Through working strenuous and long working hours built tenacity and willpower to finish every job

Panera Bread

Northville, MI

Sandwich Artist

September 2019 - May 2020

- Multitasked working in various areas of the kitchen and performing multiple tasks in quick succession
- Achieved Metric goals by having deadlines of my sandwich making work

Camp Tuolumne Trails

Groveland, CA

Camp Counselor

June 2023 - August, 2023

- Worked with individuals with mental and physical impairments, aging from 7-90's, from all economic, social, and ethnic backgrounds
- Developed communication, problem solving and empathy skills through helping provide for the various needs of the campers
- Achieved efficacy in team building and team communication dealing with the multitude of problems faced

Certifications

- CITI Human Subjects Research IRB Certification Biomedical Course
- CITI Human Subjects Research IRB Certification Social and Behavioral Human Subjects Research Course
- CITI OSHA Bloodborne Pathogens Certification
- Penn State Reporting Suspected Child Abuse Training
- Penn State Information Security Awareness Training

- Wilderness First Aid Certification
- First Aid / CPR Training
- Mandated Reporter Training
- Lifeline Learning Training
- ASSIST Training

Skills

Computer: Adobe Photoshop, Jamovi, Microsoft Excel, HTML, Javascript, C++

Counseling: Assist Training, Crisis Hotline,