

# Ella Froemming

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5225 Elliott Rd Bethesda MD 20816

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Passionate and driven undergraduate student at The Pennsylvania State University studying biobehavioral health. Intending to pursue a career in research or neuropsychology.

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## PROFESSIONAL EXPERIENCE

### SHADE lab Research Assistant

January 2022 - May 2022

Laboratory of Stress, Health, and Daily Experiences. Pennsylvania State University. Assistant on research projects led by Dr. Joshua Smyth and Graduate Students. Worked among three other undergraduates on verifying interviews, memo-ing data, and coding. Main project focused on mental health seeking resources of emergency medicine providers.

### LEVY lab Research Assistant

January 2024 - Present

Laboratory for Personality, Psychopathology, and Psychotherapy research. Pennsylvania State University. Assistant on research projects led by Dr. Kenneth Levy and Graduate Students.

### Children's Hospital Shadow Intern

Summer 2024

Upcoming shadow experience with Dr. Julia Dorfman. Will be assisting them on their respective pediatric psychiatric research projects.

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## TEACHING EXPERIENCE

### Undergraduate Teaching Intern BBH 101

September 2023- December 2023

UGTI for Introduction to Biobehavioral Health. Responsible for grading discussion posts and essays, holding study sessions for exams, and proctoring exams. Dedicated in upholding these responsibilities while ensuring students were supported and understanding course material.

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## EDUCATION

### The Potomac School McLean, Virginia

2022

### The Pennsylvania State University Biobehavioral Health Dean's List Fall 2022, Spring 2023

September 2022- present

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## WORKING EXPERIENCE

### Lifeguard

Summer 2020- Summer 2021

Worked as a lifeguard for two consecutive summers at Washington Golf and Country club. Responsible for opening and/or closing the pool, maintaining safety COVID measures, cleaning pool and surrounding facilities, responding to injury, and overseeing club members in and out of the pool. Accomplished in fostering a safe environment for members of all ages, responding to guest questions and/or complaints professionally, and acting as a strong team player.

### Babysitter

Summer 2022-Summer 2023

Babysat for children who ranged from 2 months - 12 years old for two summers. Fostered a safe environment where kids were also able to have fun. Responsible for driving, cooking, cleaning. Able to work long hours while maintaining flexibility to assist with various families' needs.

### Camp counselor

Summer 2023

Worked at the kids camp located at the Winnetu Hotel on Marthas Vineyard. Responsible for various age groups ranging from 3 years- 13 years. Organized and facilitated camp activities both on and off hotel property, set up and cleaned camp area, and took on extra hours when needed. Often In charge of numerous campers at a time demanding a high level of responsibility and focus.

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## CERTIFICATIONS

CITI Program GCP - Social and Behavioral Research Best Practices for Clinical Research  
CITI Program GCP for Clinical Trials with Investigational Drugs and Medical Devices (U.S. FDA Focus)  
CITI Program Social and Behavioral Human Subjects Research (IRB) Course  
CITI Program Students in Research

Spring 2023

CITI Program OSHA Bloodborne Pathogens  
CITI Program Biomedical Human Subjects Research (IRB) Course  
Penn State "Reporting Suspected Child Abuse" Training  
State of Pennsylvania Mandated Reporter Training  
REDCap- Penn State Clinical and Translational Science Institute Training

Spring 2024

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## LANGUAGES

English - Native

Spanish - Proficient