

CURRICULUM VITAE YOGEV KIVITY, PH.D.

Department of Psychology
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EDUCATION AND ACADEMIC APPOINTMENTS

- 2017- Post-doctoral fellow, Department of Psychology, The Pennsylvania State University (Mentor: Dr. Kenneth N. Levy).
2016-2017 Fulbright Post-doctoral fellow, Department of Psychology, The Pennsylvania State University (Mentor: Dr. Kenneth N. Levy).
2009-2016 Ph.D., President Fellowship Program and Direct Ph.D. Program in Clinical Psychology, The Hebrew University of Jerusalem (proposal defended: October 2011).
2008-2011 M.A., Clinical Psychology (*summa cum laude*), The Hebrew University of Jerusalem.
2005-2008 B.A., *The Special Program for Outstanding Students* in the fields of Psychology (*summa cum laude*) and Developmental Aspects in Education (*magna cum laude*), Tel-Aviv University.

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PUBLICATIONS

Peer-Reviewed Publications

1. **Kivity, Y.**, Levy, K.N., Kolly, S., & Kramer, U. (in press). The therapeutic alliance over ten sessions of therapy for borderline personality disorder: Agreement and congruence analysis, and relations with outcome. *Journal of Personality Disorders*. [IF: 3.158; ISI ranking: 34 of 139 in Psychiatry]
2. *Strauss, A.Y., **Kivity, Y.**, & Huppert, J.D. (in press). Emotion regulation strategies as predictors of treatment outcome in cognitive-behavioral therapy for panic disorder. *Behavior Therapy*, accepted for publication. [IF: 3.434; ISI ranking: 16 of 121 in Psychology: Clinical]
* *shared first-author publication; Yogev Kivity is the corresponding author.*
3. Huppert, J.D., **Kivity, Y.**, Cohen, L., Strauss, A., Elizur, Y., & Weiss, M. (2018). A Pilot Randomized Clinical Trial of Cognitive Behavioral Therapy versus Attentional Bias Modification for Social Anxiety Disorder: An Examination of Outcomes and Theory-Based Mechanisms. *Journal of Anxiety Disorders*, 59, 1-9. [IF: 3.481; ISI ranking: 18 of 127 in Psychology: Clinical; 33 of 142 in Psychiatry; Number of Google Scholar citations: 2]
4. **Kivity, Y.** & Huppert, J.D. (2018). Emotion regulation in social anxiety: A systematic investigation using self-report, behavioral, and event-related potentials measures. *Cognition & Emotion*. Advance online publication. [IF: 2.688; ISI ranking: 24 of 84 in Psychology: Experimental]
5. **Kivity, Y.** & Huppert, J.D. (2018). Are individuals with social anxiety successful in regulating their emotions? A mixed-method investigation using self-report,

- behavioral, and event-related potentials measures. *Journal of Affective Disorders*, 236, 298-305. [IF: 3.432; ISI ranking: 43 of 142 in Psychiatry; 55 of 194 in Clinical Neurology]
6. Naim, R., **Kivity, Y.**, Bar Haim, Y., & Huppert, J.D. (2018). Attention and interpretation bias modification training for social anxiety: A randomized clinical trial of efficacy and synergy. *Journal of Behavior Therapy and Experimental Psychiatry*, 59, 19-30. [IF: 2.517; ISI ranking: 37 of 121 in Psychology: Clinical; 47 of 139 in Psychiatry; Number of Google Scholar citations: 2]
 7. Scala, J. W., Levy, K. N., Johnson, B. N., **Kivity, Y.**, Ellison, W. D., Pincus, A. L., ... Wilson, S. J. (2018). The role of negative affect and self-concept clarity in predicting self-injurious urges in borderline personality disorder using ecological momentary assessment. *Journal of Personality Disorders*, 32, 35-56. [IF: 3.158; ISI ranking: 34 of 139 in Psychiatry; Number of Google Scholar citations: 5]
 8. Levy, K. N., **Kivity, Y.**, Johnson, B. N., & Gooch, C. V. (2018). Adult Attachment as a Predictor and Moderator of Psychotherapy Outcome: A Meta-Analysis. *Journal of Clinical Psychology: In Session*. Advance online publication. [IF: 2.330; ISI ranking: 50 of 127 in Psychology: Clinical]
 9. **Kivity, Y.** & Huppert, J.D. (2016). Does cognitive reappraisal reduce anxiety? A daily diary study of a micro-intervention with individuals with high social anxiety. *Journal of Consulting and Clinical Psychology*, 84(3), 269-283. [IF: 4.593; ISI ranking: 8 of 121 in Psychology: Clinical; Number of Google Scholar citations: 11]
 10. **Kivity, Y.** & Huppert, J.D. (2016). Emotional reactions to facial expressions in social anxiety: A meta-analysis of self-reports. *Emotion Review*, 8(4), 367-375. [IF: 2.594; ISI ranking: 27 of 128 in Psychology: Multidisciplinary; Number of Google Scholar citations: 3]
 11. **Kivity, Y.**, Tamir, M., & Huppert, J.D. (2016). Self-acceptance of negative emotions: The positive relationship with effective cognitive reappraisal. *International Journal of Cognitive Therapy*, 9(4), 279-294. [IF: 1.378; ISI ranking: 75 of 121 in Psychology: Clinical; Number of Google Scholar citations: 10]
 12. Nacasch, N., Huppert, J. D., Su, Y.-J., **Kivity, Y.**, Dinshtein, Y., Yeh, R., et al. (2015). Are 60-minute prolonged exposure sessions with 20-minute imaginal exposure to traumatic memories sufficient to successfully treat PTSD? A randomized noninferiority clinical trial. *Behavior Therapy*, 46(3), 328-341. [IF: 3.434; ISI ranking: 16 of 121 in Psychology: Clinical; Number of Google Scholar citations: 45]
 13. *Huppert, J. D., **Kivity, Y.**, Barlow, D. H., Gorman, J. M., Shear, M. K., & Woods, S. W. (2014). Therapist effects and the outcome-alliance correlation in cognitive behavioral therapy for panic disorder with agoraphobia. *Behaviour Research and Therapy*, 52(1), 26-34. [IF: 4.064; ISI ranking: 12 of 121 in Psychology: Clinical; Number of Google Scholar citations: 35]

* *shared first-author publication*

14. *Weiss, M., **Kivity, Y.**, & Huppert, J.D. (2014). How does the therapeutic alliance develop throughout cognitive-behavioral therapy for panic disorder? Saw-tooth patterns, sudden gains, and stabilization. *Psychotherapy Research*, 24(3), 407-418. [IF: 2.556; ISI ranking: 34 of 121 in Psychology: Clinical; Number of Google Scholar citations: 19]

* *shared first-author publication*

15. Cohen-Mansfield, J., & **Kivity, Y.** (2011). The relationships among health behaviors in older persons. *Journal of Aging and Health*, 23(5), 822-842. [IF: 2.168; ISI ranking: 12 of 32 in Gerontology; Number of Google Scholar citations: 9]

Chapters

1. Levy, K.N., & **Kivity, Y.** (2017). Transference-focused psychotherapy. In *Encyclopedia of Personality and Individual Differences*. New York: Springer.
2. Levy, K. N., Johnson, B. N., Gooch, C., & **Kivity, Y.** (2018). Attachment Style. In J. C. Norcross & B. Wampold (Eds.), *Psychotherapy Adaptations That Work: Evidence-based Transdiagnostic Responsiveness*.
3. Levy, K. N., **Kivity, Y.**, & Yeomans, F. E. (2018). Case formulation in transference-focused psychotherapy. In U. Kramer (Ed.), *Case Formulation for Personality Disorders: Tailoring Psychotherapy to the Individual Client*. Elsevier Inc., Cambridge, MA.

ACADEMIC HONORS, AWARDS, AND FELLOWSHIPS

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| 2018 | Taylor & Francis – Society for Psychotherapy Research (SPR) Emerging Scholar Award |
| 2017 | Alex B. Berger Prize for an Outstanding Ph.D. Dissertation, The Hebrew University of Jerusalem |
| 2016-2017 | Fulbright Post-Doctoral Fellowship (\$37,500). |
| 2010-2014 | Presidential Fellowship for Distinguished PhD Students in Social Sciences, The Hebrew University of Jerusalem. |
| 2010-2011 | Direct PhD Program Scholarship, Department of Psychology, The Hebrew University of Jerusalem. |
| 2009-2010 | Rector's List Scholarship for Academic Excellence, The Hebrew University of Jerusalem. |
| 2009-2010 | Luxemburg Foundation Award for Academic Excellence, The Hebrew University of Jerusalem. |
| 2008-2009 | Rector's List Scholarship for Academic Excellence, The Hebrew University of Jerusalem. |
| 2007-2008 | Dean's List Scholarship for Academic Excellence, Tel-Aviv University. |
| 2007-2008 | Rotary Foundation Award for Academic Excellence and Social Activism. |
| 2006-2007 | Wolf Foundation Award for Academic Excellence, Tel-Aviv University. |
| 2005-2006 | Dean's List Scholarship for Academic Excellence, Tel-Aviv University. |

2005-2008 Stipend and Tuition Waiver from The Special Program for Outstanding Students, Tel-Aviv University.

TRAVEL GRANTS

2018 Post-doctoral travel award, The North American Chapter of the Society for Psychotherapy Research (Declined due to receiving the Taylor & Francis – Society for Psychotherapy Research Emerging Scholar Award).

2017 International student travel award, Society for Psychotherapy Research.

2016 Post-doctoral travel award, The North American Chapter of the Society for Psychotherapy Research.

2015 Student travel award, The Authority for Research Students, The Hebrew University of Jerusalem.

2015 Student travel award, Society for Psychotherapy Research.

2014 Student travel award, Society for Psychotherapy Research.

2013 International travel grant, International Brain Research Organization.

2012 Student travel award, Faculty of Social Sciences, The Hebrew University of Jerusalem.

2011 Student travel award, Department of Psychology, The Hebrew University of Jerusalem.

GRANTS AND RESEARCH SUPPORT

Title: The Role of the Therapist in Promoting Change in Transference-Focused Psychotherapy for Borderline Personality Disorder (BPD): The Role of Therapist Interventions and Characteristics, Patient-Reflective Function, and Self-Regulation

Granting Agency: American Psychological Association, Division 29
Norine Johnson, PhD, Psychotherapy Research Grant

Role: Principal Investigator

Dates: 22/08/2017-21/08/2018

Direct Cost: \$10,000

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Title: Understanding the Mechanisms of Change in Transference Focused Psychotherapy for Borderline Personality Disorder: Therapist Interventions as Regulation of Unconscious Aspects of Patient Affect

Granting Agency: International Psychoanalytic Association Research Grant

Role: Principal Investigator

Dates: 28/02/2017-28/04/2018

Direct Cost: \$15,000

Title: Understanding the Mechanisms of Change in Transference Focused Psychotherapy for Borderline Personality Disorder: The Role of Therapist Interventions, Reflective Function, and Self-Regulation

Granting Agency: American Psychoanalytic Association

Role: Principal Investigator

Dates: 01/09/2016-21/08/2018
 Direct Cost: \$30,000

Title: Analyzing Event-Related Potentials Measures of Emotion Regulation in Social Anxiety Disorder
 Granting Agency: Society for Psychophysiological Research
 Role: Principal Investigator
 Dates: 30/09/2013-31/03/2015
 Direct Cost: \$4,550

Title: Emotion Regulation in Social Anxiety Disorder and its Relation to Cognitive-Behavioral Therapy Outcome and Process
 Granting Agency: Israel Foundations Trustees
 Role: Principal Investigator
 Dates: 01/09/2012-01/09/2014
 Direct Cost: \$10,000

RESEARCH POSITIONS

- 2009-2014 Lab Manager, Prof. Jonathan Huppert's Laboratory for the Study and Treatment of Anxiety. Coordinated a large ISF funded study and conducted psychotherapy for participants in the lab.
- 2008-2010 Methodological consultation for studies and academic papers in the field of social sciences and medicine.
- 2008-2010 Project Coordinator at "PsychTech – Diagnostic and Therapeutic Tools". Coordinated recruitment and testing of participants for the WISC-IV^{Heb} norms building project.
- 2008-2009 Research Assistant at the Herczeg Institute on Aging at Tel-Aviv University (Headed by Prof. Jiska Cohen-Mansfield). Prepared manuscripts and research proposals, conducted statistical analyses and conducted research interviews.

TEACHING POSITIONS

- 2017-2018 Instructor, Introduction to Personality Psychology (PSYCH 238), Department of Psychology, The Pennsylvania State University.
- 2016-2017 Paterno Fellows Visiting Scholar, College of the Liberal Arts, The Pennsylvania State University.
- 2014-2016 Teaching Assistant in the Course "Multivariate Statistics" (School of Psychology, The Interdisciplinary Center Herzliya, undergraduate, Lecturer: Prof. Gurit Birnbaum). Prepared and delivered weekly classes, wrote and graded weekly assignments and final exams, conducted weekly office hours.
- 2008-2012 Head of the Teaching Assistants Team in the Course "Statistical Methods in Psychological Research" (Department of Psychology, The Hebrew University of Jerusalem, undergraduate, Lecturer: Prof. Asher Cohen; Prof. Ariel Knafo). Prepared and delivered weekly classes, wrote and

graded weekly assignments and final exams, conducted weekly office hours.

INVITED TALKS AND WORKSHOPS

Kivity, Y. (2016, October). *Can we train individuals with social anxiety to regulate their emotions?*. The Paterno Fellows Program "Lunch with Honors" Series, College of the Liberal Arts, The Pennsylvania State University, University Park, PA, USA.

Kivity, Y. (2016, June). *The Role of Emotion Regulation in Social Anxiety Disorder and in Cognitive Behavioral Therapy: Behavioral, Electrocutical, and Self-Report Measures*. Doctoral Students Conference, The Hebrew University of Jerusalem, Department of Psychology, Jerusalem, Israel.

Kivity, Y., Strauss, A., & Huppert, J.D. (2016, February). *Longitudinal multi-level modeling using R: A 2-day workshop*. The Hebrew University of Jerusalem, Department of Psychology, Jerusalem, Israel.

Shani Sela, M., Yariv, A., & **Kivity, Y.** (2016, January). *A Pilot Study of the Outcome and Process of Two Group Therapies for Anxiety Disorders: Unified CBT vs. Combined CBT and Dance/Movement Therapy*. "Shalvata" Mental Health Center Outpatient Clinic, Hod-HaSharon, Israel.

Kivity, Y. (2015, February). *Emotion Regulation in Social Anxiety Disorder and its Relationship with the Outcome and Process of CBT*. Michigan State University Clinical Psychophysiology Lab, East Lansing, MI, USA.

Kivity, Y. (2013, November). *Common and Specific Factors in Psychotherapy*. "Shalvata" Mental Health Center Psychotherapy Research Forum, Hod-HaSharon, Israel.

Kivity, Y. (2013, November). *The role of early social traumatic experiences in the etiology and treatment of social anxiety disorder*. Paper presented at the "Le traumatisme: singulier ou collectif, réel ou imaginaire" symposium, Esquirol Mental Health Center, Paris, France.

Kivity, Y. (2013, November). *The Therapeutic Alliance in Cognitive Behavioral Therapy: Theory and Research*. "Shalvata" Mental Health Center Outpatient Clinic, Hod-HaSharon, Israel.

Kivity, Y. (2012, December). *Multi-Level Modeling Workshop*. The Hebrew University of Jerusalem, Faculty of Social Sciences, Jerusalem, Israel.

CHAired SYMPOSIA AT SCIENTIFIC MEETINGS

Kivity, Y. (2016, June). *Capturing the moment: Use of daily diary methods to enhance psychotherapy and psychopathology research*. Symposium conducted at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.

- Kivity, Y.** (2016, June). *The outcome and process of group transdiagnostic treatments*. Symposium conducted at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
- Kivity, Y.** (2015, September). *Emotion regulation in CBT: from translational science to therapeutic interventions*. Symposium conducted at the 45th Annual Congress of the European Association for Behavioral and Cognitive Therapies, Jerusalem, Israel.
- Kivity, Y. & Huppert, J.D.** (2015, September). *The Alliance-Outcome Correlation across Settings and over Time*. Symposium conducted at the 45th Annual Congress of the European Association for Behavioral and Cognitive Therapies, Jerusalem, Israel.
- Kivity, Y. & Huppert, J.D.** (2015, June). *The Interplay between the Therapeutic Alliance and Affect/Affect Regulation in Psychotherapy: Findings and Relations with Treatment Process and Outcome*. Symposium conducted at the 46th Annual Meeting of the Society for Psychotherapy Research, Philadelphia, PA, USA.
- Kivity, Y.** (2014, June). *Positive and Negative Emotions, Emotion Regulation and Impulse Regulation in Cognitive-Behavioral Theory: Findings and Relations with Treatment Process and Outcome*. Symposium conducted at the 45th Annual Meeting of the Society for Psychotherapy Research, Copenhagen, Denmark.

STRUCTURED DISCUSSIONS AT SCIENTIFIC MEETINGS

- Levy, K.N. (Chair), Coli, A., de la Cerda, C., Ensink, K., **Kivity, Y.**, Markowitz, J.C., Martinez, C., Milrod, B., Nolte, T., Philips, B., Rudden, M., & Taubner, S. (2018, June). *Reflections on the Function of Mentalizing: Measurement and Related Issues Concerning Psychotherapy Research*. Structured discussion conducted at the 49th Annual Meeting of the Society for Psychotherapy Research, Amsterdam, The Netherlands.
- Town, J. (Chair), Kramer, U. (Chair), Watson, J., **Kivity, Y.**, Grosse Holtforth, M., Taubner, S., Keefe, J., & Timulak, L. (2018, June). *Studying Emotional Arousal in Psychotherapy*. Structured discussion conducted at the 49th Annual Meeting of the Society for Psychotherapy Research, Amsterdam, The Netherlands.
- Kivity, Y.** (Chair), Aafjes-van Doorn, A., Atzil-Slonim, D., Bar-Kalifa, E., Barber, J.P., Ehrenthal, J.C., Levy, K.N., Lutz, W., Talia, A., & Taubner, S. (2017, June). *Postdoctoral Training in Psychotherapy Research: Obtaining and getting the most out of the experience*. Structured discussion conducted at the 48th Annual Meeting of the Society for Psychotherapy Research, Toronto, Canada.

PAPERS PRESENTED AT SCIENTIFIC MEETINGS

- Huppert J.D., **Kivity, Y.**, Cohen, L., Weiss, M., Elizur, Y., & Strauss, A. (2018, June). Attention training versus CBT for social anxiety=specific and nonspecific mechanisms and outcomes. In Barber, J.P. (Chair), *Mechanisms of Change in*

Evidence Based Psychotherapies. Symposium conducted at the 49th Annual Meeting of the Society for Psychotherapy Research, Amsterdam, The Netherlands.

Levy, K.N., Johnson, B. N., **Kivity, Y.**, & Gooch, C. (2018, June). Attachment in Psychotherapy. In Norcross, J. C. (Chair), *Psychotherapy Relationships That Work II: Therapist and Patient Contributions*. Symposium conducted at the Annual Meeting of the Society for Psychotherapy Integration, New York, NY, USA.

Levy, K.N., **Kivity, Y.**, Gooch, C., & Johnson, B. N. (2018, August). Attachment Style. In Norcross, J. C. (Chair), *Evidence-Based Responsiveness---Personalizing Psychotherapy to the Individual Patient*. Symposium conducted at the 126th Annual Convention of the American Psychological Association, San Francisco, California, USA.

Levy, K.N., **Kivity, Y.**, Diamond, D., Clarkin, J.F., & Kernberg O.F. (2018, June). The impact of narcissism on the psychotherapy process and alliance in the treatment of borderline personality disorder. In Grenyer, B. (Chair), *Innovations in personality disorder*. Symposium conducted at the 49th Annual Meeting of the Society for Psychotherapy Research, Amsterdam, The Netherlands.

Levy, K.N., **Kivity, Y.**, & Yeomans, F.E. (2018, June). Transference-Focused Psychotherapy: Structural Diagnosis as the Basis for Case Formulation. In Kramer, U. (Chair), *Comparing Case Formulations For Borderline Personality Disorder: Where Is The Common Factor?*. Symposium conducted at the Annual Meeting of the Society for Psychotherapy Integration, New York, NY, USA.

Kivity, Y., Rosenstein, L.K., & Levy, K.N. (2018, May). Mentalizing in and out of Awareness: A Meta-Analytic Review of Implicit and Explicit Measures of Mentalizing. In LeBreton, J.M., & Levy, K.N. (Chairs), *Moving Toward an Integrated Theory of the Implicit Personality*. Symposium conducted at the 30th Association for Psychological Science Annual Convention, San Francisco, CA, USA.

Kivity, Y., Levy, K.N., & Clarkin, J.F. (2018, April). *Mechanisms of Change in Transference-Focused Psychotherapy for Borderline Personality Disorder: In-Session Mentalizing and Emotion Regulation*. Paper presented at the 6th Annual Conference of the North American Society for the Study of Personality Disorders, New York, NY, USA.

Kivity, Y., Levy, K.N., Wasserman, R.H., Beeney, J.E., & Clarkin, J.F. (2018, June). Can a strong therapeutic alliance enhance technique? The alliance as a moderator of the relation between adherence and treatment outcome in three treatments for borderline personality disorder. In Zilcha-Mano, S. (Chair), *New Perspectives on Adherence in Psychotherapy Research*. Symposium conducted at the 49th Annual Meeting of the Society for Psychotherapy Research, Amsterdam, The Netherlands.

Rosenstein, L.K., **Kivity, Y.**, LeBreton, J.M. & Levy, K.N. (2018, April). Mentalizing in and out of awareness: A meta-analytic review of implicit and explicit measures of mentalizing. Paper presented at the 6th Annual Conference of the North American Society for the Study of Personality Disorders, New York, NY, USA.

- Kivity, Y.,** Levy, K.N., Clouthier, T.L., Wasserman, R.H., Beeney, J.E., & Clarkin, J.F. (2017, June). Unique and Common Psychotherapy Processes in Three Treatments for Borderline Personality Disorder: Mechanisms and Relations to Treatment Outcome. In Levy, K.N. (Chair), *Psychotherapy for personality disorders: Multiple perspectives on the processes of change*. Symposium conducted at the 48th Annual Meeting of the Society for Psychotherapy Research, Toronto, Canada.
- Levy, K.N., **Kivity, Y.,** Diamond, D., Clarkin, J.F., & Kernberg O.F. (2017, June). *The impact of narcissism on the evidence based treatment of borderline personality disorder*. Paper presented at the 48th Annual Meeting of the Society for Psychotherapy Research, Toronto, Canada.
- Kivity, Y.,** Levy, K.N., Kolly, S., & Kramer, U. (2017, April). *The Role of the Therapeutic Alliance in a Short Version of Good Psychiatric Management for Borderline Personality Disorder: A Longitudinal Cluster Analysis Study*. Paper presented at the 5th Annual Conference of the North American Society for the Study of Personality Disorders, New York, NY, USA.
- Huppert, J.D., **Kivity, Y.,** Cohen, L., Weiss, M., Elizur, E., & Strauss, A. (2016, September). *An RCT of CBT and ABM for generalized social anxiety disorder: Cognitive mechanisms and outcomes*. Paper presented at the 46th Annual Congress of the European Association for Behavioral and Cognitive Therapies, Stockholm, Sweden.
- Huppert, J.D., **Kivity, Y.,** Cohen, L., Weiss, M., & Elizur, E. (2016, October). *Attention Training Versus CBT for Social Anxiety: Effects on Multiple Domains*. Paper presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY, USA.
- Huppert, J.D., Yekutieli, N., Biham, S., Zalaznik, D., Benami, N., Kaufman, I., Weiss, M., & **Kivity, Y.** (2016, June). Cognitive Behavioral Treatment of Panic Disorder: An empirical analysis of mechanisms using multiple theories. In Barber, J.P. (Chair), *Mechanisms of change in evidenced-based psychotherapies*. Symposium conducted at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.
- Kivity, Y.,** Cohen, L., Weiss, M., Elizur, E., & Huppert, J.D., (2016, November). *Emotion regulation in cognitive-behavioral therapy vs. attention bias modification for social anxiety disorder: a randomized controlled trial using self-report, behavioral, and electrocortical measures*. Paper presented at the Annual Meeting of the North American Chapter of the Society for Psychotherapy Research, Berkeley, CA, USA.
- Kivity, Y. & Huppert, J.D.** (2016, June). Does Cognitive Reappraisal Reduce Anxiety? A Daily Diary Study of a Micro-Intervention with Individuals with High Social Anxiety. In **Kivity, Y.** (Chair), *Capturing the moment: Use of daily diary methods to enhance psychotherapy and psychopathology research*. Symposium

conducted at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.

Shani Sela, M., Yariv, A., **Kivity, Y.**, Saad, A., Master-Barak, M., Fennig, S., & Bloch, Y. (2016, June). A Pilot Study of the Outcome and Process of Two Group Therapies for Anxiety Disorders: Unified CBT vs. Combined CBT and Dance/Movement Therapy. In **Kivity, Y.** (Chair), *The outcome and process of group transdiagnostic treatments*. Symposium conducted at the 47th Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel.

Shani Sela, M., Yariv, A., **Kivity, Y.**, Saad, A., Master-Barak, M., Fennig, S., & Bloch, Y. (2016, June). *A Pilot Study of the Outcome and Process of Two Group Therapies for Anxiety Disorders: Unified CBT vs. Combined CBT and Dance/Movement Therapy*. Intramural Grant Competition, Shalvata Mental Health Center, Hod HaSharon, Israel.

Yariv, A., Shani Sela, M., **Kivity, Y.**, Saad, A., Master-Barak, M., Fennig, S., & Bloch, Y. (2016, September). *The Place Where DMT & CBT Meet: The Path to a Pilot Study*. Paper presented at the 2nd Annual Conference of the European Association for Dance Movement Therapy, Milano, Italy.

Gofman, M. Vidan, Z., **Kivity, Y.**, & Peri, T. (2015, June). *Narrative reconstruction for PTSD- a possible integration of cognitive behavioral theories and psychoanalytic theory: Outcome of an open trial*. Paper presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Baltimore, MD.

Kivity, Y., Cohen, L., Elizur, E., Weiss, M., & Huppert, J.D. (2015, September). Changes in Emotion Regulation during Cognitive-Behavioral Therapy for Social Anxiety Disorder. In **Kivity, Y.** (Chair). *Emotion regulation in CBT: from translational science to therapeutic interventions*. Symposium conducted at the 45th Annual Congress of the European Association for Behavioral and Cognitive Therapies, Jerusalem, Israel.

Kivity, Y. & Huppert, J.D. (2015, June). Changes in the Therapeutic Alliance and Emotion Regulation during Cognitive-Behavioral Therapy for Social Anxiety Disorder. In **Kivity, Y.** & Huppert, J.D. (Chairs). *The Interplay between the Therapeutic Alliance and Affect/Affect Regulation in Psychotherapy: Findings and Relations with Treatment Process and Outcome*. Symposium conducted at the 46th Annual Meeting of the Society for Psychotherapy Research, Philadelphia, PA, USA.

Kivity, Y. & Huppert, J.D. (2015, September). Training Cognitive Reappraisal in Socially Anxious Individuals: A Daily Diary Study. In Moscovitch, D.A. (Chair), *Training emotion regulation using targeted micro-interventions: Findings and implications for the treatment of emotional disorders*. Symposium conducted at the 45th Annual Congress of the European Association for Behavioral and Cognitive Therapies, Jerusalem, Israel.

- Kivity, Y.** & Huppert, J.D. (2015, May). Training Cognitive Reappraisal in Socially Anxious Individuals: A Daily Diary Study. In Moscovitch D.A. & Moser J.S. (Chairs), *Cognitive Emotion Regulation Training in Anxiety: Emerging Evidence and Variations*. Symposium conducted at the 27th Annual Convention of the Association for Psychological Science, New York, USA.
- Kivity, Y.**, Strauss, A., Cohen, L., Weiss, M., Elizur, E., & Huppert, J.D. (2015, September). Development of the alliance in CBT for the anxiety disorders: Replication & Extension to Social Anxiety Disorder. In **Kivity, Y.** (Chair). *The Alliance-Outcome Correlation across Settings and over Time*. Symposium conducted at the 45th Annual Congress of the European Association for Behavioral and Cognitive Therapies, Jerusalem, Israel.
- Nacasch, N., Huppert, J.D., Su, Y., **Kivity, Y.**, Dinshtein., Y., & Foa E.B. (2015, September). *Are 60-Minute Prolonged Exposure Sessions with 20-Minute Imaginal Exposure to Traumatic Memories Sufficient to Successfully Treat PTSD? A Randomized Clinical Trial*. Paper presented at the 45th Annual Congress of the European Association for Behavioral and Cognitive Therapies, Jerusalem, Israel.
- Shani Sela, M., Yariv, A., **Kivity, Y.**, Saad, A., Master-Barak, M., Fennig, S., & Bloch, Y. (2015, September). *A Pilot Study of the Outcome and Process of Two Group Therapies for Anxiety Disorders: Unified CBT vs. Combined CBT and Dance/Movement Therapy*. Paper presented at the 45th Annual Congress of the European Association for Behavioral and Cognitive Therapies, Jerusalem, Israel.
- Huppert, J.D., & **Kivity, Y.** (2014, June). *Development of the Alliance in CBT for the Anxiety Disorders: An Intensive Examination in Two Samples*. Paper presented at the 45th Annual Meeting of the Society for Psychotherapy Research, Copenhagen, Denmark.
- Kivity, Y.** & Huppert, J.D. (2014, June). Changes in Emotion Regulation (ER) during Cognitive-Behavioral Therapy (CBT) versus Attention Bias Modification (ABM) for Social Anxiety Disorder (SAD). In **Kivity, Y.** (Chair), *Positive and Negative Emotions, Emotion Regulation and Impulse Regulation in Cognitive-Behavioral Theory: Findings and Relations with Treatment Process and Outcome*. Symposium conducted at the 45th Annual Meeting of the Society for Psychotherapy Research, Copenhagen, Denmark.
- Kivity, Y.**, Huppert, J.D., Barlow, D.H., Shear. M.K., Gorman, J.M., & Woods. S.W. (2012, June). Patient Perspective Therapeutic Alliance Is Related to Outcome of CBT for Panic Disorder and Agoraphobia. Paper presented in Symposium Therapy, Assessment and Research in CBT at the Annual Convention of the Israeli Association for Psychotherapy, Haifa, Israel.
- Huppert, J.D., & **Kivity, Y.** (2011, September). The Relationship Between Emotion Regulation Strategies and Symptom Change in CBT for Panic: a Theoretical Analysis and Preliminary Findings. In Moscovitch, D.A. & Huppert J.D. (Chairs), *Early Changes in Emotion Regulation Processes during CBT for Emotional Disorders: Psychological Markers of Treatment Success?*. Symposium conducted

at the 45th Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

POSTERS PRESENTED AT SCIENTIFIC MEETINGS

Kivity, Y. & Huppert, J.D. (2013, November). *Self-reported emotional reaction to facial expressions among high and low social anxiety individuals: A meta-analytic review*. Poster presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, USA.#

Kivity, Y. & Huppert, J.D. (2013, March). *Shame but not negativity differentiates responses to social rejection and other negative scenes among high and low socially anxious individuals*. Poster presented at the "Emotional, All Too Emotional: Neuroscience Views of Affect and Regulation" International Conference, Tel Aviv, Israel.#

Kivity, Y. & Huppert, J.D. (2013, January). *Shame but not negativity differentiates responses to social rejection and other negative scenes among high and low socially anxious individuals*. Poster presented at the "Social Anxiety and Reactivity to Interpersonal Stress: From Basic Science to Science-Based Interventions" Expert Meeting, Jerusalem, Israel.#

Kivity, Y., Huppert, J.D., & Tamir, M. (2013, March). *Acceptance as a meta-emotion construct: Implications for effective emotion regulation*. Poster presented at the "Emotional, All Too Emotional: Neuroscience Views of Affect and Regulation" International Conference, Tel Aviv, Israel.

Kivity, Y., Wiskop, N., & Huppert, J.D. (2013, March). *Regulation of social rejection and other negative emotional content in social anxiety: A controlled event related potential study*. Poster presented at the "Emotional, All Too Emotional: Neuroscience Views of Affect and Regulation" International Conference, Tel Aviv, Israel.

Kivity, Y., Wiskop, N., & Huppert, J.D. (2013, January). *Regulation of Social Rejection and Other Negative Emotional Content in Social Anxiety: A Controlled Event Related Potential Study*. Poster presented at the "Social Anxiety and Reactivity to Interpersonal Stress: From Basic Science to Science-Based Interventions" Expert Meeting, Jerusalem, Israel.#

Kivity, Y., Wiskop, N., & Huppert, J.D. (2013, October). *Regulation of social rejection and other negative emotional content in social anxiety: A controlled event related potential study*. Poster presented at the 53rd annual meeting of the Society for Psychophysiological Research, Florence, Italy.#

Kivity, Y. & Huppert, J.D. (2012, September). *Shame but not negativity differentiates responses to social rejection and other negative scenes among high and low socially anxious individuals*. Poster presented at the 42nd Annual Congress of the European Association for Behavioral and Cognitive Therapies, Geneva, Switzerland.#

Kivity, Y., Huppert, J.D., & Tamir. M. (2012, July). *Acceptance as a Meta-Emotion Construct: Implications for Effective Emotion Regulation*. Poster presented at Temperament: New answers to Old Questions, An International Workshop, Jerusalem, Israel.

Kivity, Y., Wiskop, N., & Huppert, J.D. (2012, September). *Regulation of Social Rejection and Other Negative Emotional Content in Social Anxiety: A Controlled Event Related Potential Study*. Poster presented at the 42nd Annual Congress of the European Association for Behavioral and Cognitive Therapies, Geneva, Switzerland.#

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Kivity, Y., Huppert, J.D., Barlow, D.H., Shear. M.K., Gorman, J.M., & Woods. S.W. (2011, November). *Patient Level Therapeutic Alliance Is Related to Outcome of CBT for Panic Disorder and Agoraphobia*. Poster session presented at the 45th Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Kivity, Y., Huppert, J.D., & Tamir. M. (2011, November). *Acceptance as a Meta-Emotion Construct: Implications for Effective Emotion Regulation*. Poster presented at the 45th Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.#

AD HOC REVIEWS

Biological Psychology
Cognitive Therapy and Research
Cognitive Neuropsychiatry
Frontiers in Psychology
Journal of Personality and Social Psychology
Journal of Psychotherapy Integration
Motivation and Emotion
Neuropsychiatric Disease and Treatment
PLOS One
Psychoanalytic Psychology
Psychotherapy Research
Psychological Medicine

Journal of Consulting and Clinical Psychology (with Dr. Kenneth N. Levy)
Journal of Consulting and Clinical Psychology (with Dr. Jonathan D. Huppert)
Behavior Therapy (with Prof. Jonathan Huppert)

SERVICE

2018-2019 Postdoctoral Fellow Representative, Postdoc Committee, Department of Psychology, Pennsylvania State University.#

2018 Award committee, American Psychological Association, Division 29
Norine Johnson, PhD, Psychotherapy Research Grant.

2018 Award committee, student travel award, The North American Chapter of the Society for Psychotherapy Research.