

Alexander (Alec) W. Baker, Psy.D.
Registered Psychotherapist # NLC-13463

EDUCATION:

Doctor of Psychology (Psy.D.): Clinical Psychology

The University of Denver
Graduate School of Professional Psychology
Graduation Date: August, 2011

Master of Arts: Clinical Psychology

The University of Denver
Graduate School of Professional Psychology
Graduation Date: November, 2009

Bachelor of Arts: Psychology

The Pennsylvania State University
Focus in French Language and Culture
Graduation Date: May, 2005

PROFESSIONAL EXPERIENCE:

Private practice therapist, Alec Baker, Psy.D., LLC. Provide psychotherapy to adolescents, adults, couples, and families. Specialty areas include mood disorders, anxiety disorders, relationship issues, personality disorders and issues of divorce. Psychological assessment of learning disabilities and emotional functioning is another aspect of this practice. Also provide sport psychology consultation in the form of workshops for parents of youth athletes, direct consultation with administrators of youth sports organizations, and individual performance enhancement services.

Dates: September, 2011 – present.

Supervisor: Dr. Kirk Thoreson, Psy.D.

Associate therapist, Knippenberg, Patterson & Associates. Provide psychotherapy to adults, adolescents, and families for presenting problems including ADHD, behavioral problems, academic performance issues, mood disorders, anxiety disorders, and social skills deficits.

Dates: September, 2011 – present.

Supervisor: Dr. Kirk Thoreson, Psy.D.

Instructor, Parenting After Divorce. Teach classes on co-parenting after divorce that meet the requirements of the Domestic Relations Courts in the Denver Metro Area and throughout the State of Colorado.

Dates: May, 2012 – present

Supervisor: Arnold Swartz, L.C.S.W.

Psychological Test Administrator, Allied Assessments. Provide administration and scoring of psychological assessments for social security disability evaluations. Tests include the Wechsler

Adult Intelligence Scale – Fourth Edition (WAIS-IV), Wechsler Intelligence Scale for Children – Fourth Edition (WISC-IV), and Wechsler Memory Scale – Fourth Edition (WMS-IV).

Dates: October, 2011 – October 2012

Supervisor: Dr. Meredith Campbell, Psy.D.

CLINICAL TRAINING EXPERIENCE:

Pre-doctoral Psychology Intern, Kaiser Permanente of Colorado. Provided psychotherapy to Kaiser Permanente members as well as supervision of another student therapist. Major rotations included adult psychotherapy services and inpatient services at the Exempla/West Pines facility. Adult psychotherapy services included individual and couple treatment. Inpatient services have included structured clinical interviewing, treatment planning, and brief psychotherapy for those with serious mental illness and substance abuse/dependence issues. Minor rotations included co-facilitation of intensive outpatient groups and psychotherapy with children, adolescents, and families. Also conducted psychological assessment for adults and adolescents as needed.

Dates: August, 2010 – August 2011.

Supervisors: Jodi Cummins, Psy.D.; Jeanni Dunagan, L.M.F.T.; Laurie Mauro, L.C.S.W.; Abbie Miller, Psy.D. (primary)

Student Therapist, The University of Denver Professional Psychology Center. Provided psychotherapy to adult individuals, couples, and families. Also co-facilitated a support group for female to male transgender clients.

Dates: January, 2008 – June, 2010.

Supervisors: Shoshana Adler, Ph.D.; Deborah Fishman, Psy.D.; Cathy Krown-Buirski, M.S.W., L.C.S.W.; Shawna Roberts, Psy.D.; Lynn Rosdal, Psy.D.; Shelly Smith-Acuña, Ph.D.; Rachel St. Claire, Psy.D.; Kirk Thoreson, Psy.D.

Psychology Trainee, Colorado State Employee Assistance Program. Provided short-term psychotherapy (individual and couple), situation-specific crisis intervention, organizational consultation, and professional counseling.

Dates: September, 2009 – August, 2010.

Supervisor: Jon Richard, Psy.D.

Psychology Trainee, Denver Public Schools – Kepner Middle School. Provided brief counseling, development of behavioral support interventions, case management, and student assessment. Facilitated the coordination of services between multiple professionals within the public school system, including teachers, social workers, therapists, and administrators.

Dates: September, 2008 – May, 2009.

Supervisor: Mary Ann Naso, M.A.

Psychology Trainee, The Aurora Center for Treatment. Worked with court ordered domestic violence and substance abuse offenders. Co-facilitated both men's and women's domestic violence offender groups, men's substance abuse groups, and conducted intake interviews for domestic violence and substance abuse offenders.

Dates: October, 2007 – July 2008.

Supervisor: Barbara Frenandez, M.A., L.A.C.

SUPERVISION EXPERIENCE:

Student Supervisor, *Kaiser Permanente*. Provided case supervision to an intermediate graduate student working with adult individuals.

Dates: August, 2010 – May, 2011.

Supervisor: Carolee Nimmer, Ph.D.

Student Supervisor, *The University of Denver Professional Psychology Center*. Member of a supervision practicum group that focused on the case supervision of beginning student therapists.

Dates: June, 2009 – June, 2010.

Supervisor: Peter Buirski, Ph.D.

RESEARCH EXPERIENCE:

Doctoral Paper, *The relationship between parental investment in children's extra curricular activities and marital satisfaction*. This project was an empirical study examining the relationship between the proportion of parents' financial resources and time invested in their children's extra-curricular activities and their marital satisfaction. The primary hypotheses of this study were: a) there is a negative correlation between parents' investment of financial resources in their children's activities and their marital satisfaction; b) there is a negative correlation between parents' investment of time in their children's activities and their marital satisfaction; c) parents who are classified as discordant will have a greater proportion of their financial resources and time invested in their children's extra-curricular activities than parents who are classified as concordant. Results were that for women, but not for men there was a significant and negative correlation between the proportion of household income invested in children's activities and marital satisfaction.

Chairperson: Shelly Smith-Acuña, Ph.D.

Research Assistant, *The University of Pennsylvania School of Medicine, Department of Psychiatry, Center for Weight and Eating Disorders*. In charge of day-to-day maintenance of National Institutes of Health grant funded research programs investigating the long-term psychosocial impact of bariatric surgery and the effect of dietary counseling on the long-term outcomes of bariatric surgery patients. Responsible for participant recruitment, data collection, data entry, data maintenance, and data analysis using SPSS. Assisted in the preparation and writing of grant applications, manuscripts, and conference presentations.

Dates: June, 2005 – July, 2007.

Principal Investigator: David Sarwer, Ph.D.

Research Assistant, *The Children's Hospital of Philadelphia, Department of Plastic Surgery*. In charge of day-to-day maintenance of a research program investigating the psychological effects of both congenital and acquired deformities of the head and face on child patients and their families. Responsibilities included participant recruitment, data collection, data entry, and data maintenance.

Dates: October, 2006 – July, 2007.

Principal Investigator: Canice Crerand, Ph.D.

Research Assistant, *Laboratory of Personality, Psychopathology, and Psychotherapy, The Pennsylvania State University*. Involved in on-going National Institute of Mental Health and foundation grant funded research program investigating change in attachment representations

during a randomized controlled psychotherapy trial. Duties included the recruitment and running of participants, the transcription of semi-structured interviews, coding data, entering data, editing large data sets, and data analysis using SPSS. Participated in didactic seminar that included weekly readings and video case presentations.

Dates: September 2004 – May 2005

Principal Investigator: Kenneth N. Levy, Ph.D.

PUBLICATIONS AND PRESENTATIONS:

Walker, S.E. & Baker, A.W. (June 3rd, 2008). Between the Pipes: Tips for Becoming a BrainTough Goalie. *Podium Sports Journal*. Retrieved from <http://www.podiumsportsjournal.com/between-the-pipes-six-mental-conditioning-tips-for-becoming-a-braintough%E2%84%A2-goalie/>

Sarwer, D.B., Wadden, T.A., Moore, R.H., Baker A.W., Gibbons, L.M., Raper, S.E., et al. (2008). Preoperative Eating Behavior, Postoperative Dietary Adherence and Weight Loss Following Gastric Bypass Surgery. *Surgery for Obesity and Related Diseases*, 4, 640-646.

Kim, R.J., Langer, J.M., Baker, A.W., Filter, D.E., Williams, N.N., & Sarwer, D.B. (2008) Psychosocial status in adolescents undergoing bariatric surgery. *Obesity Surgery*, 1, 27-33.

Sarwer, D.B., Gibbons, L.M., Baker, A.W., & Wadden, T.A. (2006). *Caloric Intake and Dietary Adherence Following Gastric Bypass Surgery*. Poster Presentation at the North American Association for the Study of Obesity Annual Meeting, Boston, Massachusetts.

Sarwer, D.B., Mitchell, J.E., Thompson, J.K., & Baker, A.W. (2006). *Changes in body image and experiences with plastic surgery following bariatric surgery*. Poster Presentation at the American Society for Bariatric Surgery Annual Meeting, San Francisco, California.

Baker, A.W. (2005). *Self psychology applied to the experiences of an elite level youth athlete*. Presentation at the for-credit brunch series of the Philadelphia Society for Psychoanalytic Psychology, Wynnewood, Pennsylvania.

Baker, A.W. (2004). *Issues that arise in elite level sports when serious injuries occur*. Presentation at the American Psychiatric Association symposium entitled "Contemporary Issues in Sport Psychiatry," at the annual convention of the American Psychiatric Association, New York, New York. This presentation was one of three given by former athletes at different levels of competition.

COACHING EXPERIENCE:

High school boy's lacrosse coach: Head coach for the Rock Canyon High School Level III boys lacrosse team. Duties include planning, organizing and running practices as well as coaching games throughout the season. This includes 1-2 practices or games each week during the off-season (September-February) and 5-6 practices or games each week during the regular

season (March-April). The total time commitment for this position is 3-6 hours per week during the off-season and 15-20 hours per week during the regular season.

Supervisor: Louis Goldin – RCHS Boys Lacrosse Head Coach

Dates: September, 2011 – present.

Youth ice hockey coach: Served as a goalie coach for the Haverford Hawks youth ice hockey club as well as the Lower Merion Ice Hockey Club providing position specific training to goalies ages 7-18. Duties included planning and running weekly practices for individual goalies and clinics for groups of goalies. Also served as head coach of the elementary school program for players in grades K-4 and planned practices for this wide range of developmental abilities on a weekly basis. On average, this was a 10-15 hour per week commitment. Ice hockey requires a unique level of family involvement; learned about working with families and complex social systems.

Dates: August, 2005 – August 2008.

LEADERSHIP EXPERIENCE:

GSAPP Welcoming committee member: GSAPP is the student governing body for the Graduate School of Professional Psychology. Responsible for welcoming and integrating new students into the GSPP community through organized education sessions and group cohesion exercises.

Dates: June, 2009 – August, 2010.

GSPP Computer/Technology assistant: Responsible for assisting faculty and staff of the GSPP with purchasing, setting up, and optimizing the operation of their computers and other technological tools. Also responsible for routine maintenance of the Professional Psychology Center's computer systems, including the medical clinic management software.

Dates: July, 2009 – August, 2010.

PROFESSIONAL AFFILIATIONS/CONFERENCES ATTENDED:

- Colorado Association for Marriage and Family Therapy Annual Conference, Denver, CO, September, 2011
- The Rosenberry Conference on Family Therapy, Arvada, Colorado, May, 2011
- First World Congress on Positive Psychology, Philadelphia, Pennsylvania, June, 2009
- North American Association for the Study of Obesity Annual Meeting, Boston, Massachusetts, October, 2006
- American Psychiatric Association Annual Meeting, New York, New York, May, 2004

REFERENCES:

Dr. Kirk Thoreson, Psy.D. – Current clinical supervisor
Phone: 303-550-0030

Dr. Charles “Mac” Kentnor – Colleague
Phone: 720-226-6080

Mr. Logan Williamson, LPC – Colleague
Phone: 214-789-4214