

Rachel H. Wasserman Ph.D.

Cambridge Health Alliance
Department of Psychiatry
Cambridge, MA 02139

EDUCATION

- 2011-2013** **Cambridge Health Alliance**, Cambridge, MA
Clinical Fellow, Harvard Medical School
Postdoctoral Fellowship, Program for Psychotherapy
- 2010-2011** **Cambridge Health Alliance, Harvard Medical School**, Cambridge, MA
Predoctoral Internship in Clinical Psychology
- 2007-2011** **The Pennsylvania State University**, University Park, PA
Clinical Psychology Doctoral Candidate
Dissertation Title: *Working Alliance in the Treatment of Borderline Personality Disorder*
Faculty Advisor: Kenneth N. Levy, Ph.D.
- 2005-2007** **The Pennsylvania State University**, University Park, PA
Master of Science in Clinical Psychology, August 2007
Masters Thesis Title: *Generalizability Theory in Psychotherapy Process Research: Dependability of the Psychotherapy Process Rating Scale for Borderline Personality Disorder*.
Faculty Advisor: Kenneth N. Levy, Ph.D.
- 2000-2004** **Princeton University**, Princeton, NJ,
Bachelor of Arts in Psychology, *summa cum laude*, June 2004
Thesis Title: *Identification, Constraint and the Attribution of Responsibility: A Study of Military Misconduct*.
Faculty Advisor: Robert L. Woolfolk, Ph.D.
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ACADEMIC HONORS AND AWARDS

- 2009 NIMH NRSA Predoctoral Fellowship (F31)
2009 Liberal Arts Dissertation Award
2008 Research and Graduate Studies Office Travel Award
2008 Bruce V. Moore Graduate Fellowship in Psychology – Travel Award
2008 Incentive Award for Competitive Grant Applications
2007 MASPR Research Award

- 2007 Bruce V. Moore Graduate Fellowship in Psychology – Travel Award
 - 2007 Don A. Trumbo Psychology Department Student Research Fund – RGSO Travel Award
 - 2007 Carolyn Wood Sherif Memorial Research Fund – Travel Award
 - 2006 Bruce V. Moore Graduate Fellowship in Psychology – Travel Award
 - 2005 Four-Year University Graduate Fellowship (UGF)
 - 2005 University Graduate Fellowship Research Award
 - 2004 Phi Beta Kappa, Member (inducted June, 2004)
 - 2004 Howard Crosby Warren Senior Prize in Psychology, Department of Psychology, Princeton University
 - 2004 Miller-Schroeder Memorial Prize, Department of Psychology, Princeton University
 - 2004 Sigma Xi Book Award, Princeton University
 - 2003 Howard Crosby Warren Junior Prize, Department of Psychology, Princeton University
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CLINICAL EXPERIENCE

2011-2013 Post-doctoral Fellow, Program for Psychotherapy Cambridge Health Alliance, Cambridge, MA

Two year clinical fellowship with focus on intensive training in psychodynamic psychotherapy, at-risk populations, and psychotherapy process/outcome research in a public hospital setting. Core responsibilities include conducting intake assessments and individual psychotherapy with adults from the greater-Cambridge community diagnosed with a range of Axis I and II disorders, often exhibiting complex comorbidities. While the focus of the Program for Psychotherapy is long term psychodynamic treatment, time-limited supportive and behavioral treatment modalities are also delivered to accommodate the needs of the patients and requirements of insurance reimbursement. The program has a strong focus on supervision, both as supervisee and in the learning of supervision skills, in structured seminars and ongoing collaboration with master clinicians in the community. As part of protected research time within the fellowship, worked on revision of intake and follow-up assessment materials, data collection and monitoring process, and data analysis.

2010-2011 Psychology Intern in Adult Outpatient and Adult Acute Services Cambridge Health Alliance, Cambridge, MA

Adult Outpatient Services

Conducted intake assessments and provided individual psychotherapy with adults from the greater-Cambridge community diagnosed with a range of Axis I and Axis II disorders. Time-limited supportive and behavioral as well as psychodynamic treatment modalities are offered through this department. In addition, as part of a research clinic investigating the impact of psychodynamic training on therapeutic alliance and treatment outcome, conducted year long twice weekly psychodynamic psychotherapy. Met weekly with interdisciplinary treatment team to collaborate on treatment of complex cases. Weekly outpatient case conference covering a range of topics (Motivational Interviewing, Dialectical Behavior Therapy, Substance Use Treatment, Domestic Violence Assessment, Trauma Focused approaches, Psychodynamic Approaches).

Adult Acute Services, Psychiatric Emergency Service and Adult Inpatient Unit (Cahill 4)

Conducted clinical intake assessments for patients presenting to psychiatric emergency setting of large public hospital with substance intoxication/dependence, suicidality and self-harm, psychosis, mood and anxiety disorders, and personality disorders. Additional responsibilities included triage and disposition planning. Served as primary clinician responsible for initial assessment, treatment planning, collaboration with attending psychiatrist, discharge and after-care planning for adults admitted to inpatient psychiatric unit for assessment and treatment of primary mood, anxiety, substance, psychotic, and personality disorders. Provided time-limited interventions aimed at facilitation of step-down in necessary level of care, including symptom focused behavioral skills, cognitive interventions, symptom monitoring and assessment, and motivational interviewing. Provided psychological testing to aid in differential diagnosis, discharge planning/safety assessment, and after-care planning. Co-facilitation of two weekly psychotherapy groups.

2009-2010 Staff Therapist/Assessor, The Psychological Clinic
The Pennsylvania State University, University Park, PA.

Conducted diagnostic intake assessments (using the ADIS and IPDE), neuropsychological assessments, and provided individual psychotherapy with adult clients in community mental health center diagnosed with a range of Axis I and Axis II disorders.

2009-2010 Supervisor, Introduction to Clinical Methods Practicum, The Psychological Clinic, The Pennsylvania State University, University Park, PA.

Co-facilitated the didactic portion of the required first year practicum, including training in ethics, multicultural issues in clinical practice, differential diagnosis and structured diagnostic assessment of Axis I and Axis II disorders. Provided individual supervision to two first year graduate students as they began conducting diagnostic interviews in the Psychological Clinic.

2008-2009 Contemporary Psychodynamic Practicum, The Psychological Clinic
The Pennsylvania State University, University Park, PA.

Received continued training in case conceptualization and advanced therapeutic intervention in Object-Relations Theory and Transference Focused Psychotherapy. Also received training in case conceptualization and intervention from Self-Psychology and Interpersonal perspectives. Maintained a caseload of patients with primary Axis-II diagnoses and conducted monthly diagnostic intake assessment for patients with Axis I and Axis II disorders.

2008-2009 Neuropsychological Assessment Practicum, The Psychological Clinic
The Pennsylvania State University, University Park, PA.

Received training in basic functional neuroanatomy, psychological and neuropsychological test administration, scoring and interpretation, flexible battery development, and report writing. Conducted neuropsychological and psychological assessment with clients from rural lower-class community. Responsible for battery development, test administration, scoring, report writing, and providing feedback to clients.

2007-2008 **Cognitive-Behavioral Therapy Practicum**, The Psychological Clinic
The Pennsylvania State University, University Park, PA.

Received training in case conceptualization and intervention in Cognitive Behavioral Therapy. Administered manualized therapies for Depression, Social Phobia, and Attention Deficit Hyperactivity Disorder, as well as received receiving didactic training in manualized therapies for Generalized Anxiety Disorder and other Axis-I disorder. Conducted monthly diagnostic intake assessment for patients with Axis I and Axis II disorders.

2006-2010 **Clinical Assessor, “Borderline Personality Disorder and Stress Reactivity.”**
PI: Lori N. Scott, M.S. & Kenneth, N. Levy, Ph.D.

Conducted clinical interviews in a large scale study of the relationship between Borderline Personality Disorder and cortisol reactivity. Interviews included the Structured Clinical Interview for DSM-IV Axis I Disorders, the International Personality Disorder Evaluation, and the Adult Attachment Interview.

2006-2007 **Transference-Focused Psychotherapy Practicum**, The Psychological Clinic
The Pennsylvania State University, University Park, PA.

Received training in case conceptualization and therapeutic intervention in Object-Relations Theory and Transference Focused Psychotherapy. Maintained a caseload of patients with primary Axis-II diagnoses and conducted monthly diagnostic intake assessment for patients with Axis I and Axis II disorders.

2006-2007 **Child Psychotherapy Practicum**, The Psychological Clinic
The Pennsylvania State University, University Park, PA.

Received didactic training in assessment and intervention principles required for conducting therapy for children and adolescents.

2005-2006 **Introduction to Clinical Methods Practicum**, The Psychological Clinic
The Pennsylvania State University, University Park, PA.

Participated in three-hour weekly meetings which focused on basic clinical skills in preparation for clinical work. Didactics focused on the administration of semi-structured diagnostic measures, differential diagnosis, and basic intervention skill. Began with first client in January of 2006, and eventually maintained a three-client caseload.

2003 **Volunteer, The Samaritans of Boston**, Boston, MA

Trained in risk-assessment and crisis-intervention skills. Engaged in bi-weekly evening shifts and monthly overnight shifts on the suicide hotline. Worked closely with a diverse group of volunteers serving predominantly underprivileged and mentally ill callers.

Clinically Relevant Professional Development

Spring 2012 Attended two three-hour conferences with Dr. Nancy McWilliams on conceptualization and treatment of individuals with histrionic, dissociative, narcissistic, and psychopathic personality patterns.

Fall 2010 Attended a two-day workshop with Dr. Steven Finn on Therapeutic Assessment. Reviewed theoretical underpinnings, empirical evidence, and core strategies of Therapeutic Assessment.

Fall 2010 Attended two three-hour conferences with Dr. Nancy McWilliams on conceptualization and treatment of individuals with depressive, masochistic, schizoid, and paranoid personality patterns.

April 2009 Attended a three-hour workshop with Dr. Lorna Benjamin Interpersonal Reconstructive Therapy and engaging the will to change with treatment resistant personality disordered patients. Case material and videotaped therapy sessions were reviewed in detail to illustrate specific interventions and principles.

March 2009 Attended a two-day conference hosted by Penn State on the topic of corrective experiences in psychotherapy. This conference was part of a series of conferences aimed at understanding processes of change in psychotherapy. Theoretical talks, case presentations and other clinical material were presented by several expert therapists and process researchers.

July 2008 Attended an 8-hour workshop with Dr. Frank Yeomans that focused on differential diagnosis, establishment of an effective therapeutic frame in increasing proficiency in principles and techniques of Transference Focused Psychotherapy.

June 2007 International Personality Disorders Examination – Intensive workshop covering the theoretical background, empirical findings, and administration and scoring of the International Personality Disorders Examination. Conducted by Dr. Kenneth N. Levy and Dr. Aaron Pincus, The Pennsylvania State University, June, 2007.

June 2007 Anxiety Disorders Interview Schedule – Intensive workshop covering the theoretical background, empirical findings, and administration and scoring of the ADIS. Conducted by Dr. Michele Newman and Dr. Louis Castonguay, The Pennsylvania State University.

2005-2008 On four occasions, attended a two hour group supervision at the Personality Disorders Institute of Cornell Medical School led by Drs. Otto Kernberg and Frank Yeomans on principles and techniques of Transference Focused Psychotherapy.

PROFESSIONAL ACTIVITIES

Affiliations

- 2006-present Student Member, North American Society for Psychotherapy Research
2005-present Student Affiliate, American Psychological Association
Division 12 – Division of Clinical Psychology
Division 29 – Division of Psychotherapy
2005-2007 Research Affiliate, American Psychoanalytic Association
2003-present Member, Society for the Exploration of Psychotherapy Integration
2004 Associate Member, Sigma Xi, June 2004

Committees

- 2011-2013 Data Collection and Monitoring Committee, Program for Psychotherapy, Cambridge Health Alliance
2006-2008 Clinical Training Committee-Representative, Penn State University
2006-2008 Clinical Training Subcommittee on Bridging the Psychiatrist-Psychologist Gap
2006 Psi-Chi Panel: “How to Get into Grad School in Psychology,” invited member
2007 Penn State Applicant Interview Weekend, Student and Faculty Interview Coordinator

Ad Hoc Editorial Review

- 2012 *Journal of Psychotherapy Integration*
2011 *Psychotherapy Research*
2009 *Psychotherapy Research – Special Issue on Personality Disorders*
2008 *Psychotherapy Research – Special Issue on Statistical Methods*
2008 *Journal of Abnormal Psychology*
2007 *American Journal of Psychiatry*
2007 *Psychotherapy Research*
2006 *Psychotherapy Research*
2006 *Journal of Consulting and Clinical Psychology*

RESEARCH EXPERIENCE

2011-present *Postdoctoral Fellow*, Program for Psychotherapy

PI: Rebecca Drill, Ph.D. and Jack Beinashowitz, Ph.D.

Responsibilities include revising psychiatric intake and follow-up assessment materials and updating of procedures for follow-up assessments; leading research team in evaluating and compiling archive of patient data from past early years of study development and merging with current study data; conducting data analysis using SPSS.

2012-2013 *Paid Consultant*, Hope for Depression Research Foundation Grant, “Neural Correlates of Psychodynamic Psychotherapy for Depression.”

PI: Joshua Roffman, Ph.D.

Responsibilities include videotape review and coding using the Psychotherapy Process Q-Set.

2005-2010 *Doctoral Student*, Personality, Psychopathology, and Psychotherapy Laboratory, Pennsylvania State University
PI: Kenneth N. Levy, Ph.D.

Involved in research examining attachment representations, reflective function, psychopathology, and mechanisms of change in psychotherapy. Responsibilities include the preparation and writing of manuscripts and conference presentations, grant preparation and submission, psychotherapy process coding, clinical interviewing of clinical research participants using the SCID-I, IPDE, and Adult Attachment Inventory, supervision of undergraduate research assistants, training and supervision of graduate student raters in psychotherapy process coding protocols, and data analysis using SPSS, SAS, LISREL, AMOS.

2006-2010 *Statistical Consultant*, 1 K01 AT003459-01, “Effects of mindfulness meditation on somatosensory cortical maps in chronic pain.”
PI: Catherine E. Kerr, PhD.

Responsibilities include consultation with PI regarding planning of all aspects of data collection and analysis for a randomized clinical trial of Mindfulness Based Stress Reduction. As needed help conducting statistical analyses using SPSS. Consultation of methodological considerations in running a clinical trial.

2006-2007 *Paid Consultant*, The Fund for Psychoanalytic Research, “Empirical Validation of of Change Processes in Long-term Psychodynamic Psychotherapy.”
PI: Raymond Levy, Psy.D.

This study examines process variables and outcome in a two-year videotaped psychotherapy using the Psychotherapy Process Q-set and a variety of outcome measures. Responsibilities include coding of psychotherapy sessions using the PQS, ongoing consultation with the PI, and manuscript preparation.

2004-2005 Clinical Research Assistant, Osher Institute, Harvard Medical School, Boston, MA
PI: Ted Kaptchuk, OMD

Involved in on-going NIH funded grant research program investigating the role of therapeutic interaction on placebo effects in the treatment of Irritable Bowel Syndrome. Responsibilities included: 1) planning, writing and editing manuscripts on placebo effects, randomized control studies, integrative medicine and conceptions of sickness and health; 2) reviewing and updating the Fidelity of Treatment Assessment protocol; 3) involvement in weekly discussions with the Primary Investigator aimed at generation of new topics for investigation and publication. In addition, worked on all aspects of grant preparation for an NIH K01 Mentored Career Development Research Award (PI: Catherine E. Kerr, Ph.D.; see above)

2004-2005 Clinical Research Assistant, Psychiatric Neuroimaging, Massachusetts General Hospital, Charlestown, MA.
PI: Sara Lazar, PhD.

Planned, wrote, and edited a manuscript on cortical plasticity in vipassana meditators. Worked in close concert with the Primary Investigator on the preparation of an NIH R01 grant proposal. Conducted statistical analyses using SPSS 11.0.

PUBLICATIONS

Peer Reviewed Articles.

- Levy, K.N., Clouthier, T., **Wasserman, R.H.**, Beeney, J.E., & Clarkin, J.F. (in press). Psychotherapy process in three treatments for Borderline personality disorder. *Psychotherapy Research*.
- Okado, Y., Levy, K. N., **Wasserman, R.H.**, Levy, R., Ablon, J. S. (under review). The Impact of Perfectionism and Need for Approval on Psychotherapy Process in the NIMH Treatment of Major Depression Collaborative Research Project. *Manuscript Submitted for Publication*.
- Levy, K.N., **Wasserman, R.H.**, Molenaar, P., Clarkin, J.F. (under review). Alliance at the Border: The Factor Structure of the Working Alliance Inventory – Observer Form in Individuals with Borderline Personality Disorder. *Manuscript Submitted for Publication*.
- Kerr, C.E., Jones, S.R., Wan, Q., Pritchett, D.L., **Wasserman, R.H.**, Wexler, A., Villanueva, J.J., Shaw, J.R., Lazar, S.W., Kaptchuk, T.J., Littenberg, R., Hamalainen, M.S., Moore, C.I. (2011) Effects of mindfulness meditation training on anticipatory alpha modulation in primary somatosensory cortex. *Brain Research Bulletin* , 85(3-4), 96-103.
- Boswell, J.F., Castonguay, L.G., **Wasserman, R.H.** (2010). Effects of Psychotherapy Training and Intervention Use on Session Outcome. *Journal of Consulting and Clinical Psychology*,78(5), 717-723.
- Levy, K.N., Beeney, J.E., **Wasserman, R.H.**, Clarkin, J.F. (2010). Conflict Begets Conflict: Executive Control, Mental State Vacillations and the Therapeutic Alliance in Treatment of Borderline Personality Disorder. *Psychotherapy Research*, 20(10), 413-422.
- Levy, K.N., Chauhan, P., Clarkin, J.F., **Wasserman, R.H.**, Reynoso, J.S. (2009). Narcissistic Pathology: Empirical Approaches. *Psychiatric Annals*, 39(4), 203-213.
- Wasserman, R.H.**, Levy, K.N., & Loken, E.G. (2009). Generalizability Theory in Psychotherapy Research: The Impact of Multiple Sources of Variance on the Dependability of Psychotherapy Process Ratings. *Psychotherapy Research*, 15(1), 1-12.
- Kerr C.E., Shaw, J.R., **Wasserman, R.H.**, Chen, V.W., Kanojia, A., Bayer, T.A., Luk, A., Kelley, J.M. (2009). Enhanced tactile acuity in experienced Tai Chi practitioners: evidence for an attentional mechanism in perceptual learning. *Experimental Brain Research*, 188(2), 317-322.
- Kerr, C.E., **Wasserman, R.H.**, Moore, C.I. (2007). Cortical Dynamics as a Mechanism in Healing Touch Therapies. *Journal of Alternative and Complementary Medicine*, 13(1), 59-66.

- Levy, KN, Clarkin, JF, Yeomans, F, Scott, LN, **Wasserman, R.H.**, Kernberg, O. (2006). "The Mechanisms of Change in the Treatments of Borderline Personality Disorder with Transference Focused Psychotherapy." *Journal of Clinical Psychology*, 62(4), 481-501.
- Conboy, L, **Wasserman, R.H.**, Legedza, A, Park, M, Jacobson, E, Kaptchuk, T, Kerr, CE. (2006) "Investigating Placebo Effects in Irritable Bowel Syndrome: A Novel Research Design." *Contemporary Clinical Trials*, 27(2), 123-134.
- Lazar, S., Kerr, C.E., **Wasserman, R.H.**, Gray, J.R., Greve, D., Treadway, M.T., McGarvey, M., Quinn, B.T., Dusek, J.A., Benson, H., Rauch, S.L., Moore, C.I., Fischl, B. (2005) "Meditation Experience is Associated with Increased Cortical Thickness." *Neuroreport*. 16: 1893-1897
- Woolfolk, R.L., **Wasserman, R.H.** (2005) "Count No One Happy: A critique of "second generation" positive psychology." *Journal of Theoretical and Philosophical Psychology*, 25, 81-90.

Chapters

- Wasserman, R.H.**, Levy, K.N., & Loken, E.G. (in preparation). Generalizability Theory in Psychotherapy Research: The Impact of Multiple Sources of Variance on the Dependability of Psychotherapy Process Ratings. In W. Lutz & S. Knox (Eds.). *Quantitative and Qualitative Methods in Psychotherapy Research*.
- Levy, K.N., **Wasserman, R.H.** (2009). Psychodynamic Model of Depression. In R. Ingram (Ed.), *The International Encyclopedia of Depression* (pp. 457-460). New York: Springer Publishing Co.
- Levy, K.N., **Wasserman, R.H.**, Scott, L.N., & Yeomans, F.E. (2009). Empirical Evidence for Transference Focused Psychotherapy and Other Psychodynamic Psychotherapies for Borderline Personality Disorder. In S. Ablon & R. Levy (Eds.), *Handbook of Evidence Based Psychodynamic Psychotherapy: Bridge the gap between science and practice*. (pp 93-119). Totowa, NJ, US: Humana Press.
- Levy, K. N., Reynoso, J., **Wasserman, R.H.**, & Clarkin, J. F. (2007). Narcissistic personality disorder. In W. O'Donohue & S. O. Lillienfeld (Eds.), *Sage Handbook of Personality Disorders* (pp. 233-277). Sage.

Abstracts

- Levy, K. N., **Wasserman, R. H.**, Scott, L. N., Zach, S. E., White, C., Cain, N., Fischer, C., Eubanks Carter, C., Clarkin, J. F., and Kernberg, O. F. (2006). The development of a measure to assess putative mechanisms of change in the treatment of borderline personality disorder. *JAPA*, 54, 1325-1331.

MANUSCRIPTS

Levy, K.N., **Wasserman, R.H.**, Meehan, K., & Clarkin, J.F. (in preparation). Predictors of Dropout in Three Treatments for Borderline Personality Disorder.

Wasserman, R.H. (2010) "Working Alliance as a Predictor of Dropout and Outcome in the Treatment of Borderline Personality Disorder." The Pennsylvania State University.

Wasserman, R.H. (2007) "Generalizability Theory in Psychotherapy Process Research: Dependability of the Psychotherapy Process Rating Scale for Borderline Personality Disorder." The Pennsylvania State University.

Wasserman, R. (2004). "Identification, Constraint and the Attribution of Responsibility: A Study of Military Misconduct." Princeton University.

Wasserman, R. (2003). "Democratic Optimism: An Examination of the Ideological Underpinnings of Positive Psychology." Princeton University.

PRESENTATIONS

Flouton-Barnes, M., Keyes, S., Young, M., Cotton, L., Wilson, K., **Wasserman, R. H.**, Drill, R., Beinashowitz, J. (March, 2013). Expanding and Revising Binaried Language Regarding Gender, Sexuality, and Relationship Status in Psychiatric Research Intake Materials. Presentation at Mysell Research Day, Harvard Medical School, Boston, MA.

Levy, K. N., Clouthier, T. L., **Wasserman, R.H.**, Beeney, J. E., & Clarkin, J. F. (2012, June). *Psychotherapy process in three treatments for borderline personality disorder: Unique and common mechanisms*. In S. McMMain, (Chair). Paper presented at the annual meeting of the Society for Psychotherapy Research, Virginia Beach, VA.

Clouthier, T. L., Levy, K. N., **Wasserman, R.H.**, Beeney, J. E., & Clarkin, J. F. (June, 2012). *Unresolved attachment organization predicts treatment alliance in patients with borderline personality disorder: Implications for treatment recommendations*. Poster presented at the annual meeting of the Society for Psychotherapy Research, Virginia Beach, VA.

Ortega, S., Plant, D., Cotton, L., Flouton-Barnes, M., Jimenez-Santiago, K., Keyes, S., Smith-Hansen, L., **Wasserman, R.H.**, Weiss, B., Wilson, K., Goodman, D., DeFife, J., Beinashowitz, J., Drill, R. (June, 2012) An Investigation of Therapists' Emotional Responses to Patient Symptomatology. Presentation at 100th Annual Meeting of the American Psychoanalytic Association, San Francisco, CA.

Clouthier, T. L., Levy, K. N., **Wasserman, R.H.**, Beeney, J. E., & Clarkin, J. F. (May, 2012). *Unresolved attachment organization predicts treatment alliance in patients with*

borderline personality disorder: Implications for treatment recommendations. Paper presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Evanston, IL.

Ortega, S., Plant, D., Cotton, L., Flouton-Barnes, M., Jimenez-Santiago, K., Keyes, S., Smith-Hansen, L., **Wasserman, R.H.**, Weiss, B., Wilson, K., Goodman, D., DeFife, J., Beinashowitz, J., Drill, R. (April, 2012) An Investigation of Therapists' Emotional Responses to Patient Symptomatology. Presentation at. 2012 APA Division 39 Spring Meeting, Santa Fe, NM.

Wasserman, R.H., Jimenez-Santiago, K., Kahn, V., Kim, M., Potter, A., Glover, M. (February, 2012). Homelessness: A Domestic Epidemic. Invited Grand Rounds presentation, Cambridge Health Alliance, Cambridge, MA.

Wasserman, R.H. (April, 2011) Working Alliance as a Predictor of Dropout and Outcome in the Treatment of Borderline Personality Disorder. Invited Grand Rounds presentation, Cambridge Health Alliance, Cambridge, MA.

Wasserman, R.H. (November, 2010). Theoretical and Methodological Issues in Psychotherapy Research. Invited lecture at Psychotherapy Research Seminar, Boston Psychoanalytic Society and Institute, Boston, MA.

Wasserman, R.H., Levy, K.N., Clarkin, J.F., Kernberg, O.F. (June, 2010). Working Alliance as a Predictor of Dropout and Outcome in the Treatment of Borderline Personality Disorder. Paper in panel in Levy (Moderator) Current Research on Psychotherapy Process and Outcome for Borderline Personality Disorder: Identifying evidence based principles at 2010 Society for Psychotherapy Research International Meeting, Monterey, CA.

Beeney, J.E., Levy, K.N., **Wasserman, R.H.**, Clarkin, J.F., Kernberg, O.F. (June, 2010). Alliance as Secure Base: Attachment, Alliance and Mentalization in therapy with individuals with Borderline Personality Disorder. Paper in panel in Levy (Moderator) Current Research on Psychotherapy Process and Outcome for Borderline Personality Disorder: Identifying evidence based principles at 2010 Society for Psychotherapy Research International Meeting, Monterey, CA.

Levy, K. N., **Wasserman, R.H.**, Levy, R., Ablon, J. S. (October, 2009). The impact of personality disorders on the psychotherapy process in the NIMH-TDCRP study. Poster Presentation at the 2009 Mid-Atlantic Society for Psychotherapy Research Conference, Philadelphia, PA.

Okado, Y., Levy, K. N., **Wasserman, R.H.**, Levy, R., Ablon, J. S. (October, 2009). The Impact of Perfectionism and Need for Approval on Psychotherapy Process in the NIMH Treatment of Major Depression Collaborative Research Project. Poster Presentation at the 2009 Mid-Atlantic Society for Psychotherapy Research.

Beeney, J.E., Levy, K.N., **Wasserman, R.H.**, Clarkin, J.F. (October, 2009). Conflict begets

Conflict: Executive control, Mental State Vacillations and the Therapeutic Alliance in Treatment of Borderline Personality Disorder. Paper presented at the 2009 Mid-Atlantic Society for Psychotherapy Research.

Levy, K.N., Beeney, J.E., **Wasserman, R.H.**, Clarkin, J.F. (August, 2009). Alliance at the Border. Paper presentation at the 2009 International Society for the Study of Personality Disorders.

Levy, K.N., **Wasserman, R.H.**, Meehan, K.B., Clarkin, J.F. (September, 2008) Reflective Function as a Moderator of Drop out in Three Treatments for BPD. Paper in Panel presented in Levy (Chair), Predictors and Processes in psychotherapy for Borderline Personality Disorder at the 2008 North American Society for Psychotherapy Research.

Wasserman, R.H., Levy, K.N., Beeney, J.E., Stonebraker, A.B., Clarkin, J.F. (September, 2008). Therapeutic Alliance in the Treatment of Borderline Personality Disorder: Conceptual and Methodological Issues. Paper in Panel presented in Levy (Chair), Predictors and Processes in psychotherapy for Borderline Personality Disorder at the 2008 North American Society for Psychotherapy Research.

Beeney, J.E., Burckell, L.A., Eubanks-Carter, C., Levy, K.N., Scott, L.N., & **Wasserman, R.H.** (September, 2008). *Show me the money! Obtaining pre- and post-doctoral funding for your psychotherapy research.* Open Discussion presented at the North American Society for Psychotherapy Research, New Haven, CT.

Boswell, J.F., Castonguay, L.G., **Wasserman, R.H.** (September, 2008). The relationship between techniques and session impact: A study of therapists in-training. Paper in Panel at the 2008 North American Society for Psychotherapy Research.

Beeney, J.E., Levy, K.N., **Wasserman, R.H.**, Lenzenweger, M., Clarkin, J.F. (September, 2008). Neuropsychological predictors of the psychotherapy relationship. Poster at the 2008 North American Society for Psychotherapy Research.

Wasserman, R.H. and Levy, K.N. (June, 2008) Methodological Issues in the Investigation of Therapist Interventions as Mechanisms of Change. Paper in Panel presented in Levy (Chair), *Psychotherapy Integration in the 21st Century: Investigating Mechanisms of Change Conceptualizing and Assessing Mechanisms of Change in Psychotherapy* at the 24th annual meeting of the Society for the Exploration of Psychotherapy Integration, Boston, MA.

MacEwan, G., Boswell, J. F., Constantino, M. J. (Co-Moderators), Castonguay, L. G., Goldfried, M. R., Muran, J. C., Dadlani, M., & **Wasserman, R. H.** (June, 2008). The therapeutic alliance: Expert and student perspectives on current and ideal training practices. Discussion group at the 24th annual meeting of the Society for the Exploration of Psychotherapy Integration, Boston, MA.

Kerr, C.E., Shaw, J.R., **Wasserman, R.H.**, Chen, V.W., Kanojia, A., Bayer, T.A., Luk, A., Kelley,

- J.M. (November, 2007). Enhanced Tactile Acuity in Tai Chi Practitioners: Evidence for Neural Plasticity. Poster Presentation at the 2007 Society for Neuroscience. San Diego, CA.
- Wasserman, R.H.,** Levy, K.N., Clarkin, J.F. & Kernberg, O.F. (October, 2007). Generalizability Theory in Psychotherapy Research: The Impact of Multiple Sources of Variance on the Dependability of Psychotherapy Process Ratings. Paper at the 2007 Mid-Atlantic Society for Psychotherapy Research, New York, NY.
- Wasserman, R.H.,** Levy, K.N., Clarkin, J.F., Kernberg, O.F. (June, 2007). *Generalizability Theory in Psychotherapy Research: Dependability of Technique Scales in the Psychotherapy Process Rating Scale for Borderline Personality Disorder.* Poster Presentation at the 2007 Society for Psychotherapy Research, Madison, WI.
- Wasserman, R.H.,** Levy, K.N. (March, 2007). *The Development of a Measures to Assess Putative Mechanisms of Change in the Treatment of Borderline Personality Disorder.* Poster Presentation at the Penn State Graduate Exhibition, University Park, PA.
- Wasserman, R.H.** (February, 2007). *Generalizability Theory in Psychotherapy Research: Dependability of Technique Scales in the Psychotherapy Process Rating Scale for Borderline Personality Disorder.* Presentation at the Methodology Center, Methods Lunch, Penn State, PA.
- Wasserman, R.H.,** Levy, K.N., Clarkin, J.F., Kernberg, O.F. (January, 2007). *Evaluating Putative Mechanisms of Change in Transference Focused Psychotherapy for Borderline Personality Disorder.* Poster Presentation at the American Psychoanalytic Association 2007 Winter Meeting, New York, NY.
- Wasserman, R.H.,** Levy, K.N., Cain, N., Zack, S.E., White, C., Clarkin, J.F., Kernberg, O.F. (October, 2006). *The Development of a Measures to Assess Putative Mechanisms of Change in the Treatment of Borderline Personality Disorder.* Poster Presentation at the 2006 North American Society for Psychotherapy Research, OH.
- Wasserman, R.H.,** & Levy, K.N. (October, 2006). Conceptualizing Mechanisms of Change in The Treatment of Borderline Personality Disorder. Paper in Panel to be presented in Levy (Chair), *Psychotherapy Process and the Process of Psychotherapy Research* at the 2006 North American Society for Psychotherapy Research, OH.
- Wasserman, R.H.,** & Levy, K.N. (October, 2006) Mechanisms of Change in the Treatment of Borderline Personality Disorder: A Longitudinal Approach to Process-Outcome Research. Presentation at the Methodology Center, Methods Lunch, Penn State, PA.
- Levy, K.N. & **Wasserman, R.H.** (September, 2006). Mechanisms of Change in the Treatment of Borderline Personality Disorder: Methodological Approaches. Presentation at the Methodology Center, Methods Lunch, Penn State, PA.

Levy, K.N., **Wasserman, R.H.**, Scott, L.N., Zack, S.E., White, C., Cain, N., Fischer, C., Eubanks Carter, C., Clarkin, J.F., Kernberg, O.F. (January, 2006). *The Development of a Measure to Assess Putative Mechanisms of Change in the Treatment of Borderline Personality Disorder*. Poster Presentation at the American Psychoanalytic Association Winter Meeting, New York, NY.

Lazar, S., Kerr, C.E., **Wasserman, R.H.**, Gray, J.R., McGarvey, M., Quinn, B.T., Dusek, J.A., Benson, H., Rauch, S.L., Moore, C.I., Fischl, B. (November, 2005) *Meditation Experience is Associated with Increased Cortical Thickness*. Poster session presented at the 35th annual meeting of the Society for Neuroscience, Washington D.C.

TEACHING EXPERIENCE

2009-2010 *Co-Instructor*, Introduction to Clinical Methods Practicum, The Psychological Clinic, The Pennsylvania State University, University Park, PA.

Co-facilitated the didactic portion of the required first year practicum, including training in ethics, multicultural issues in clinical practice, differential diagnosis and structured diagnostic assessment of Axis I and Axis II disorders. Provided individual supervision to two first year graduate students as they began conducting diagnostic interviews in the Psychological Clinic.

Spring 2007 *Head Teaching Assistant and Lab Instructor*, Basic Research Methods (PSYCH 301W), Penn State University

Responsibilities included lecturing to 200+ students during instructor absences, proctoring exams, grading research papers and lab assignments, teaching one lab section per week on a variety of skills necessary to conduct research in the social sciences (e.g. methodological design, literature searching, measurement development, use of SPSS for data analysis). Head TA responsibilities included development of test materials, leading exam review sessions, preparing teaching materials for other lab sections, and providing guidance to new teaching assistants.

Fall 2006 *Teaching Assistant and Lab Instructor*, Basic Research Methods (PSY 201W), Penn State University

Responsibilities included lecturing to 200+ students during instructor absences, proctoring exams, grading research papers and lab assignments, teaching two lab sections per week on a variety of skills necessary to research in the social sciences (e.g. methodological design, literature searching, measurement development, use of SPSS for data analysis).

SPECIALIZED TRAINING

Design and Construction of Psychological Measures. Semester long course in the planning, construction, administration, and analysis of a psychological tests; lectures stress construct

validity, item analysis, and predictive validity. Conducted by Dr. Jonna Kulikowich, Pennsylvania State University, University Park, August-December, 2009.

Mediation Analysis. 5-week intensive workshop providing training in the application of mediation to longitudinal data analysis. Conducted by Dr. Donna Coffman, The Methodology Center, The Pennsylvania State University, University Park, February 20-March 29, 2008.

Multivariate Time Series Analysis. Semester long course in the application of structural equation modeling techniques to person specific data analysis. Topics included univariate and multivariate time series analysis, simplex and growth curve modeling. Also application of person specific data analytic techniques to N>1 studies.

Linear Structural Equation Modeling. Semester long course in structural equation modeling using LISREL 8.0 program. Conducted by Dr. Peter Molenaar, Pennsylvania State University, University Park, September-December, 2006.

Cluster Analysis and Classification Short-course. One-week intensive workshop on cluster analysis and classification methods. Conducted by Dr. Craig Edelbrock, Pennsylvania State University, State Park, June 12-16, 2006.

Hierarchical Linear Modeling. Semester long course in hierarchical linear modeling using SPSS 14.0 and SAS 9.0. Conducted by Dr. Lesa Hoffman, Pennsylvania State University, University Park, January-May 2006.

Psychotherapy Process Q-Set Workshop. One-week intensive workshop providing training in coding psychotherapy sessions using the Jones Psychotherapy Process Q-Sort. Conducted by Drs. J. Stuart Ablon and Raymond Levy, Massachusetts General Hospital, Boston, May 8-16, 2006.

Reflective Functioning Coding Training – Year-long training covering the theoretical background, empirical findings, and scoring of reflective functioning. Conducted by Dr. Kenneth N. Levy. September 2005- May 2006.

FUNDING

2009-2010	NIMH NRSA (F31) – “Modeling the Role of Working Alliance in BPD.” (\$45,000) total, over 18 months)
2009-2010	Liberal Arts Dissertation Award – PSU (\$1,800)
2008	Research and Graduate Studies Office Travel Award (\$225)
2008	Bruce V. Moore Graduate Fellowship in Psychology – Travel Award (\$225)
2008	Incentive Award for Competitive Grant Proposals – (\$700)
2007-2009	APsaA-Fund for Psychoanalytic Research-“Mechanisms of Change in the Treatment of Borderline Personality Disorder” (\$38,000 total, over 2 years). PI: Kenneth N. Levy.
2007-2009	RGSO “Assessing Mechanisms of Change in an Archival Data Set.” (\$7,500). PI: Kenneth N. Levy.

2007 Carolyn Wood Sherif Memorial Research Fund – Travel Award (\$300)
2006 Bruce V. Moore Graduate Fellowship in Psychology – Travel Award (\$300)
2005-2009 University Graduate Fellowship, Penn State University
2005 University Graduate Research Award, Penn State University (\$2000)
2003 Senior Thesis Award, Office of the Provost, Princeton University (\$400)
2003-2004 Senior Thesis Award, Department of Psychology, Princeton University (\$500)

REFERENCES

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