

BENJAMIN NORMAN JOHNSON

Curriculum Vitae

Department of Psychology
The Pennsylvania State University
359 Bruce V. Moore Building
University Park, PA 16802

(678) 313-2448

bnjohnson.psych@gmail.com

<http://levylab.la.psu.edu/people/bnj108>

EDUCATION

- 2014–2021 **The Pennsylvania State University**, University Park, Pennsylvania
Doctor of Philosophy (Expected)
Clinical Psychology
Dissertation (proposed): “Refining and Validating Borderline Personality Disorder Phenotypes Through Factor Mixture Modeling”
Committee: Kenneth N. Levy, Ph.D. (Chair), Michael N. Hallquist, Ph.D., Kristen A. Buss, Ph.D., & Peter C. M. Molenaar, Ph.D.
- 2014–2017 **The Pennsylvania State University**, University Park, Pennsylvania
Master of Science
Psychology
Thesis: “Understanding Dimensions and Types of Borderline Personality Disorder Through Factor Mixture Modeling”
Committee: Kenneth N. Levy, Ph.D. (Chair), James M. LeBreton, Ph.D., & Michael N. Hallquist, Ph.D.
- 2008–2012 **Emory University**, Atlanta, Georgia
Bachelor of Arts
Highest Honors in Psychology
English
Thesis: “An Alternate Reality: Real-Life Relationship Building in the Virtual World”
Committee: Nancy G. Bliwise, Ph.D. (Chair), Kenneth Carter, Ph.D., & Laura Otis, Ph.D.
- 2011 **Emory University British Studies Program**, Oxford, United Kingdom
Emory Center for International Programs Abroad Summer Program (Non-degree granting)
- 2008–2010 **Oxford College of Emory University**, Oxford, Georgia
Associate of Arts
- 2007–2008 **Kennesaw State University**, Kennesaw, Georgia
Joint Enrollment Honors Program (Non-degree granting)

FELLOWSHIPS AND SCHOLARSHIPS

2014–2019	The Pennsylvania State University Graduate Fellowship
2014	The Pennsylvania State University Startup Scholarship
2010–2012	Oxford College Continuee Scholar
2008–2012	Emory University Scholars Program Faculty Scholar
2011	Emory Scholars Summer Study Abroad Scholarship
2011	Dewey-Hinton Scholarship for Study Abroad

HONORS AND AWARDS

2020	Society for Personality Assessment Mary S. Cerney Memorial Outstanding Student Paper Award
2019	North American Society for the Study of Personality Disorders John G. Gunderson Young Investigator Award
2019	Inaugural Penn State Clinical Scientist-Practitioner Award
2019	Kraft Wilson Graduate Fellowship in the Social Sciences Penn State College of Liberal Arts External Funding Incentive Award
2017	The Pennsylvania State University Superior Teaching and Research (STAR) Award
2017	National Association for the Study of Personality Disorders Best “Speed-Data” Talk Award
2012	Association for the Tutoring Profession Tutor of the Year Award
2012	Emory Pathways to Academic Success for Students Peer Tutor of the Year Award
2010–2012	Emory University Dean’s List
2011	Phi Beta Kappa Society
2011	Psi Chi International Honor Society in Psychology
2010	Phi Theta Kappa Honor Society
2010	Oxford College Psychology Department Award
2010	Oxford College English Department Award
2010	Who's Who Among Students in American Colleges and Universities
2008–2010	Oxford College Honor List
2008	National Society of Collegiate Scholars
2007–2008	Kennesaw State University President’s List

PROFESSIONAL MEMBERSHIPS

Current Member

American Psychological Association, Society for the Advancement of Psychotherapy (Division 29)
American Psychological Association, Society of Clinical Psychology (Division 12)
American Psychological Association, Society of Clinical Psychology (Division 12), Society for a Science of Clinical Psychology (Section III)
International Society for the Study of Personality Disorders
North American Society for the Study of Personality Disorders
Society for Psychotherapy Research
Society for the Exploration of Psychotherapy Integration
Society for the Improvement of Psychological Science

Past Member

American Psychological Association
American Psychological Association of Graduate Students
American Psychological Association, Society for Personality and Social Psychology (Division 8)
Association for Behavioral and Cognitive Therapies
Association for Psychological Science

Association for Research in Personality
Society for Personality and Social Psychology
Society for Research in Child Development

ORGANIZATIONAL MEMBERSHIPS

Past Member

National Alliance on Mental Illness

EDITORIAL REVIEW

Ad Hoc Reviewer

American Journal of Psychology
Behavior Modification
Canadian Psychology
Interpersona
Journal of Psychotherapy Integration
Journal of Social and Personal Relationships
Polish Psychological Bulletin
Professional Psychology: Research and Practice
Psychotherapy Research
Translational Issues in Psychological Science

Ad Hoc Co-Reviewer

American Journal of Psychiatry
Reviewers: Kenneth N. Levy, Ph.D.; Lorie A. Ritschel, Ph.D.
Assessment
Reviewer: Kenneth N. Levy, PhD
Behavior Research and Therapy
Reviewers: Kenneth N. Levy, Ph.D.; Lorie A. Ritschel, Ph.D.
Clinical Psychology: Science and Practice
Reviewers: Noriel E. Lim, Ph.D.; Julie F. Pace, Ph.D.; Lorie A. Ritschel, Ph.D.
Journal of Clinical Psychology
Reviewer: Lorie A. Ritschel, Ph.D.
Journal of Consulting and Clinical Psychology
Reviewer: Kenneth N. Levy, Ph.D.
Journal of Pain
Reviewer: Lindsey C. McKernan, Ph.D.
Journal of Personality Disorders
Reviewer: Kenneth N. Levy, Ph.D.
Journal of Research on Adolescence
Reviewer: Lorie A. Ritschel, Ph.D.
Mindfulness
Reviewer: Lorie A. Ritschel, Ph.D.
Personality Disorders: Theory, Research, & Treatment
Reviewer: Kenneth N. Levy, Ph.D.

RESEARCH

RESEARCH INTERESTS

I am fascinated by the complexity and difficulty of working with personality pathology. My interests form two interdigitated lines of research. 1) I am interested in translational research on borderline personality disorder (BPD) and specifically desire to understand the developmental trajectory of this disorder in order to design and implement effective interventions and therapeutic strategies. 2) I am attempting to further refine our understanding of the homogeneity and heterogeneity of both the BPD construct and those with the disorder, using factor analysis, latent class analysis, and factor mixture modeling to address these issues. Cutting across my work, I am currently utilizing attachment theory, impulsivity and addiction research, and ecological momentary assessment to better understand BPD and its correlates.

PUBLICATIONS

Peer-Reviewed Journal Articles

14. Brenner, E. K., Grosser, E. C., **Johnson, B. N.**, Bernier, R. A., Soto, J., & Hillary, F. G. (in press). Racial and ethnic differences in discharge destination for individuals with TBI. *Brain Injury*.
13. Dunlop, B. W., Still, S., LoParo, D., Aponte-Rivera, V., **Johnson, B. N.**, Schneider, R. L., ... Craighead, W. E. (2020). Somatic Symptoms in Treatment-naïve Hispanic and non-Hispanic patients with major depression. *Depression and Anxiety*, 37(2), 156-165. 10.1002/da.22984
12. **Johnson, B. N.** & Levy, K. N. (2019). Identifying unstable and empty phenotypes of borderline personality through factor mixture modeling in a large non-clinical sample. *Personality Disorders: Theory, Research, and Treatment*. Advance online publication. <http://dx.doi.org/10.1037/per0000360>. (**Awarded NASSPD Gunderson Young Investigator Award and SPA Mary S. Cerney Award for outstanding student paper on personality assessment**)
11. Levy, K. N., Hlay, J. K., **Johnson, B. N.**, & Witmer, C. P. (2019). An attachment theoretical perspective on tend-and-befriend stress reactions. *Evolutionary Psychological Science*, 5(4), 426-439. 10.1007/s40806-019-00197-x
10. Levy, K. N. & **Johnson, B. N.** (2019). Attachment and psychotherapy: Implications from empirical research. *Canadian Psychology*, 60(30), 178-193. <http://dx.doi.org/10.1037/cap0000162>
9. McKernan, L. C., **Johnson, B. N.**, Crofford, L. J., Lumley, M. A., Bruehl, S., & Cheavens, J. S. (2019). Posttraumatic stress symptoms mediate the effects of trauma exposure on indicators of central sensitization in patients with chronic pain. *Clinical Journal of Pain*, 35(1), 385-393. 10.1097/AJP.0000000000000689.
8. McKernan, L. C., **Johnson, B. N.**, Reynolds, W. S., Williams, D. A., Cheavens, J. S., & Crofford, L. S. (2019). Posttraumatic stress disorder in interstitial cystitis/bladder pain syndrome: Relationship to patient phenotype and clinical practice recommendations. *Neurology and Urodynamics*, 38(1), 353-362. 10.1002/nau.23861
7. Levy, K. N., Kivity, Y., **Johnson, B. N.**, & Gooch, C. V. (2018). Adult attachment as a predictor and moderator of psychotherapy outcome: A meta-analysis. *Journal of Clinical Psychology*, 1-16. 10.1002/jclp.22685.
6. Scala, J. W., Levy, K. N., **Johnson, B. N.**, Kivity, Y., Ellison, W. D., Pincus, A. L., Wilson, S. J., & Newman, M. G. (2018). The role of negative affect and self-concept clarity in predicting self-injurious urges in borderline personality disorder using ecological momentary assessment. *Journal of Personality Disorders*, 32, 36-57. 10.1521/pedi.2018.32.suppl.36

5. **Johnson, B. N.** & Bliwise, N. G. (2017). Your responses guide me: Decreased attachment anxiety through an online relationship-building intervention. *Interpersona*, *11*(1), 1-21. 10.5964/ijpr.v11i1.254
4. **Johnson, B. N.**, Ashe, M. L., & Wilson, S. J. (2017). Self-control capacity as a predictor of borderline personality disorder features, problematic drinking, and their co-occurrence. *Journal of Personality Disorders*, *31*(3), 289-305. 10.1521/pedi_2016_30_249.
3. Levy, K. N., **Johnson, B. N.**, Scala, J. W., Temes, C. M., & Clouthier, T. L. (2015). Apego como marco teórico para entender los trastornos de personalidad: Consideraciones psicoterapéuticas, neurocientíficas y de desarrollo [An attachment theoretical framework for understanding personality disorders: Developmental, neuroscience, and psychotherapeutic considerations. (S. Pletikovic, Trans.)] *Psihologijske Teme*. [Psychological Topics], *24*, 91-112.
2. Levy, K. N., **Johnson, B. N.**, Clouthier, T. L., Scala, J. W., & Temes, C. M. (2015). An attachment theoretical framework for personality disorders. *Canadian Psychology/Psychologie Canadienne*, *56*(2), 197–207. 10.1037/cap0000025
1. Dunlop, B. W., Hill, E., **Johnson, B. N.**, Klein, D. N., Gelenberg, A. J., Rothbaum, B. O., Thase, M. E. and Kocsis, J. H. (2014). Mediators of sexual functioning and marital quality in chronically depressed adults with and without a history of childhood sexual abuse. *Journal of Sexual Medicine*, *12*(3), 813-823. 10.1111/jsm.12727

Book Chapters/Encyclopedia Entries

5. Levy, K. N., **Johnson, B. N.**, Gooch, C. V. & Kivity, Y. (2018). Attachment style. In J. C. Norcross & B. Wampold (Eds.), *Psychotherapy adaptations that work: Evidence-based transdiagnostic responsiveness*. Oxford, UK: Oxford University Press.
4. **Johnson, B. N.**, Clouthier, T. L., Rosenstein, L. K., & Levy, K. N. (2018). Psychotherapy for personality disorders. In V. Zeigler-Hill & T. Shackelford (Eds.), *Encyclopedia of personality and individual differences*. New York, NY: Springer.
3. **Johnson, B. N.** & Levy, K. N. (2017). Personality disorder not otherwise specified (PDNOS). In V. Zeigler-Hill & T. Shackelford (Eds.), *Encyclopedia of personality and individual differences*. New York, NY: Springer.
2. Levy, K. N. & **Johnson, B. N.** (2016). Personality disorders. In J. C. Norcross, G. R. VandenBos, & D. K. Freeheim (Eds.), *APA handbook of clinical psychology: Psychopathology and health (Vol. 4)*. (pp. 173–207). Washington, DC: American Psychological Association.
1. Craighead, W. E., **Johnson, B. N.**, Carey, S. C., & Dunlop, B. W. (2015). Psychosocial treatments for major depressive disorder. In P. E. Nathan & J. M. Gorman (Eds.), *A guide to treatments that work (4th ed.)* (381-408). New York, NY: Oxford University Press.

Under Review

1. Moeller, A. N., **Johnson, B. N.**, Levy, K. N., & LeBreton, J. M. (invited, under review). Conceptualizing and measuring the implicit personality. In D. Wood, P. Harms, S. Read, & A. Slaughter (Eds.), *Emerging approaches to measuring and modeling the person and situation*. U.S. Army Research Institute for the Behavioral and Social Sciences.

In Revision

2. **Johnson, B. N.**, Lumley, M. A., Cheavens, J. S., & McKernan, L. C. (in revision). Unique associations of central sensitization and childhood trauma with co-occurring chronic pain and borderline personality disorder. *Journal of Psychosomatic Research*.

1. **Johnson, B. N.** (in revision). Mental illness from 1850 to 1875: Charting the theoretical roots of the common factors movement. *History of Psychology*.

In Preparation

4. **Johnson, B. N.**, Kivity, Y., Levy, K.N., Rosenstein, L.K., & LeBreton, J.M. (in preparation). The Reading the Mind in the Eyes Task across psychiatric disorders: A meta-analysis.
3. Kivity, Y., Levy, K.N., Rosenstein, L.K., **Johnson, B.N.**, & LeBreton, J.M. (in preparation). Mentalizing in and out of awareness: A conceptual framework and a meta-analytic review of implicit and explicit mentalizing.
2. **Johnson, B. N.**, Crow, T. M., & Levy, K. N. (in preparation). Evaluating the relations between borderline personality disorder and posttraumatic stress disorder in the National Epidemiologic Survey on Alcohol and Related Conditions-III (NESARC-III).
1. **Johnson, B. N.** & Levy K. N. (in preparation). Prevalence and comorbidity of personality disorders in a rural outpatient community mental health clinic.

Other Articles

5. **Johnson, B. N.** & Lipner, L. M. (2019, June). Crossing the distance between you and me: Five tips for addressing the interpersonal challenges of personality disorder. [Web article]. Retrieved from: <https://societyforpsychotherapy.org/crossing-the-distance-between-you-and-me>
4. Lipner, L. M. & **Johnson, B. N.** (2018). Personality disorder, interpersonal challenges, and a missed clinical turning point: A clinical example. *Psychotherapy Bulletin*, 53(4), 37-42.
3. Austin, S. B. & **Johnson, B. N.** (2017, June). Addressing and managing resistance with internalizing clients. [Web article]. Retrieved from: <http://www.societyforpsychotherapy.org/addressing-resistance>
2. **Johnson, B. N.** (2017). Training the flexible mind: Science-practice integration through the eyes of a young therapist. *The Integrative Therapist*, 3(1), 5-6.
1. Austin, S. B. & **Johnson, B. N.** (2016). Stop, drop, and roll (with it): Addressing “realistic” resistance with internalizing clients. *Psychotherapy Bulletin*, 51(4), 43-46.

PEER-REVIEWED PRESENTATIONS

Papers

24. Beeney, J. E., **Johnson, B.N.** (Chair), Levy, K. N., Scott, L. N., Sharp, C., Tsypes, A., & Vanwoerden, S. (2020, April). *A Q&A panel on grant writing for young researchers: NIH, NSF, and beyond*. Panel to be presented at the 8th annual conference of the North American Society for the Study of Personality Disorders, Pittsburgh, PA. (Conference canceled due to COVID-19)
23. **Johnson, B. N.** (Chair), Vanwoerden, S. (Chair), Zimmermann, J. (2019, October). *Trainee workshop in quantitative methods: Multilevel modeling in R*. Workshop conducted at the 17th biennial convention of the International Society for the Study of Personality Disorders, Vancouver, BC, Canada.
22. **Johnson, B. N.** (Chair), Cottin, M. (Chair), Zimmerman, M., Sharp, C., Tackett, J. L., & Newton-Howes, G. (2019, October). *Advice from the experts on getting it published: A writing workshop for young researchers*. Structured discussion conducted at the 17th biennial convention of the International Society for the Study of Personality Disorders, Vancouver, BC, Canada.
21. Austin, S. B., **Johnson, B. N.**, & Chapman, A. L. (2019, October). *Blinded by emotion? The influence of socio-affective cues on the attentional blink in borderline personality disorder*. Paper presented at

the 17th biennial convention of the International Society for the Study of Personality Disorders, Vancouver, BC, Canada.

20. Hlay, J. K., **Johnson, B. N.**, Hodges-Simeon, C. R., & Levy, K. N. (2019, June). *The relationship between attachment style and stress responses in men and women*. Talk presented at the 13th annual meeting of the North Eastern Evolutionary Psychology Society, Boston, MA.
19. Kivity, Y., Levy, K. N., Rosenstein, L. K., Crow, T. M., **Johnson, B. N.**, Clouthier, T. L., & Clarkin, J. F. (2019, July). *The role of in-session mentalizing in the process and outcome of three psychotherapies for borderline personality disorder*. In S. Taubner (Chair), *In-session mentalizing*. Symposium presented at the 50th annual meeting of the Society for Psychotherapy Research, Buenos Aires, Argentina.
18. **Johnson, B. N.** (2019, April). *A trainee's perspective on convergence and divergence in PD treatments: The importance of training in multiple approaches*. In K. N. Levy (Chair), *Psychotherapy across the alphabet divide, from the get-go: Learning, practicing, and integrating treatments for PDs among the next generation*. Symposium conducted at the 7th annual conference of the North American Society for the Study of Personality Disorders, Pittsburgh, PA.
17. Kivity, Y., Levy, K. N., Crow, T. M., Rosenstein, L. K., **Johnson, B. N.**, Clouthier, T. L., & Clarkin, J. F. (2019, April). *In-session mentalizing as a predictor of outcome in three psychotherapies for borderline personality disorder*. Paper presented at the 7th annual conference of the North American Society for the Study of Personality Disorders, Pittsburgh, PA.
16. Austin, S. B., **Johnson, B. N.**, & Chapman, A. L. (2018, September). *Assessing the Goldilocks principle in personality: A latent class analysis of self-reported biotemperament, self-control, and psychopathology*. Paper presented at the 5th International Congress on Borderline Personality Disorder and Allied Disorders, Barcelona, Spain.
15. Levy, K. N., Kivity, Y., Gooch, C. V., & **Johnson, B. N.** (2018, August). *Attachment style*. In J. C. Norcross (Chair), *Evidence-based responsiveness—Personalizing psychotherapy to the individual patient*. Symposium conducted at the 2018 annual meeting of the American Psychological Association, San Francisco, CA.
14. **Johnson, B. N.**, Levy, K. N., Ellison, W. D., Scala, J. W., Pincus, A. L., & Newman, M. G. (2018, June). *Determining the clinical utility of borderline personality disorder subtypes*. In S. Zilcha-Mano (Chair), *Unique characteristics of psychotherapy with patients with personality disorders*. Symposium conducted at the 49th annual convention of the Society for Psychotherapy Research, Amsterdam, Netherlands.
13. Levy, K. N., **Johnson, B. N.**, Kivity, Y., & Gooch, C. V. (2018, June). *Attachment in psychotherapy*. In J. C. Norcross (Chair), *Psychotherapy relationships that work II: Therapist and patient contributions*. Symposium conducted at the 34th annual meeting of the Society for the Exploration of Psychotherapy Integration, New York, NY.
12. **Johnson, B. N.**, Levy, K. N., Ellison, W. D., Scala, J. W., Pincus, A. L., & Newman, M. G. (2018, April). *Screening BPD in everyday life: Evaluating the ecological validity of the McLean Screening Instrument for BPD*. In M. Zimmerman (Chair), *Screening for personality disorders*. Symposium conducted at the 2018 annual convention of the North American Society for the Study of Personality Disorders, New York, NY.
11. Crow, T. M., **Johnson, B. N.**, Levy, K. N., Powers, A. D., & Bradley, B. (2018, April). *Borderline personality disorder traits moderate the relationship between trauma load and posttraumatic stress disorder symptoms*. Paper presented at the 2018 annual meeting of the North American Society for the Study of Personality Disorders, New York, NY.

10. Austin, S. B. & **Johnson, B. N.** (2017, September). Chairs. *Understanding and treating core features of borderline personality disorder: International perspectives from future research leaders*. Symposium conducted at the 15th biennial convention of the International Society for the Study of Personality Disorders, Heidelberg, Germany.
9. **Johnson, B. N.**, Austin, S. B., Dixon-Gordon, K. L., & Chapman, A. L. (2017, September). From two to four factors: A more nuanced examination of behavioral approach and avoidance system functioning in mood and personality disorders. In S. B. Austin and G. Newton-Howes (Chairs), *Motivation meets affect: Integrating generative and regulatory emotional processes in borderline personality disorder*. Symposium conducted at the 15th biennial convention of the International Society for the Study of Personality Disorders, Heidelberg, Germany.
8. Anderson, T., Beaulieu-Tremblay, T., Clouthier, T. L., Drapeau, M., Eubanks, C. F., **Johnson, B. N.** (Chair), Laverdière, O., Levy, K. N. (Chair), Lipner, L. M., Milman, E., Pascual-Leone, A., & Perlman, M. R. (2017, June). *Building bridges between science and practice: Trainee and trainer experiences*. Structured discussion held at the 48th annual convention of the Society for Psychotherapy Research, Toronto, ON, Canada.
7. **Johnson, B. N.**, Temes, C. M., Scala, J. W., & Levy, K. N. (2017, April). *Understanding dimensions and types of borderline personality disorder through factor mixture modeling*. Paper presented at the 2017 annual convention of the North American Society for the Study of Personality Disorders, New York, NY. (**Awarded Best "Speed-Data" Talk Award**)
6. Rosenstein, L. K., Temes, C. M., **Johnson, B. N.**, Levy, K. N. (2017, April). *Which borderline personality disorder criteria predict self-harm in a college sample?* Paper presented at the 2017 annual convention of the North American Society for the Study of Personality Disorders, New York, NY.
5. **Johnson, B. N.**, Levy, K. N., Scala, J. W., Temes, C. M., & Gooch, C. V. (2016, April). *Clinically relevant subtypes of borderline personality disorder and the role of attachment attitudes*. Paper presented at the 2016 annual convention of the North American Society for the Study of Personality Disorders, New York, NY.
4. Scala, J. W., Levy, K. N., Ellison, W. D., **Johnson, B. N.**, Pincus, A. L., Newman, M. G., & Wilson, S. J. (2016, April). *Characterizing instability in self-image in BPD: An ecological momentary assessment approach*. Paper presented at the 2016 annual convention of the North American Society for the Study of Personality Disorders, New York, NY.
3. **Johnson, B. N.**, Levy, K. N., Ellison, W. D., Scala, J. W., Wilson, S. J., Newman, M. G., & Pincus, A. L. (2015, October). Using ecological momentary assessment to identify daily risk for suicidality and self-injury in borderline personality disorder. In K. N. Levy (Chair), *Borderline personality disorder in the here-and-now: Elucidating patterns of variability and behavior through ecological momentary assessment*. Symposium conducted at the 14th biennial convention of the International Society for the Study of Personality Disorders, Montreal, QC, Canada.
2. Scala, J. S., Ellison, W. D., **Johnson, B. N.**, Pincus, A. L., Newman, M. G., Wilson, S. J., & Levy, K. N. (2015, October). An ecological momentary assessment approach to examining the role of negative affect, impulsivity, and self-concept clarity in predicting self-injurious urges in borderline personality disorder. In K. N. Levy (Chair), *Borderline personality disorder in the here-and-now: Elucidating patterns of variability and behavior through ecological momentary assessment*. Symposium conducted at the 14th biennial convention of the International Society for the Study of Personality Disorders, Montreal, QC, Canada.
1. Clouthier, T. L., Levy, K. N., Temes, C. M., Scala, J. S., & **Johnson, B. N.** (2015, June) Understanding personality disorders through an attachment theoretical framework: Implications for

psychotherapy integration. In K. N. Levy (Chair), *Integrative approaches to understanding and treating personality pathology*. Symposium conducted at the 31st annual meeting of the Society for the Exploration of Psychotherapy Integration, Baltimore, MD.

Posters

21. Ye, E., **Johnson, B. N.**, & Levy, K. N. (2019, February). *Comparing anxiety and risk taking between psychopathy subtypes and narcissism*. Poster presented at the 90th Eastern Psychological Association, New York City, NY.
20. McKernan, L. C., **Johnson, B. N.**, Walsh, C. G., Bruehl, S., & Crofford, L. J. (2018, September). *Childhood trauma and experiential avoidance as risk factors for co-morbid central sensitization and post-traumatic stress disorder in chronic pain*. Poster presented at the 17th World Congress of the International Association for the Study of Pain, Boston, MA.
19. Brenner, E. K., Grossner, E. C., **Johnson, B. N.**, Bernier, R. A., Soto, J., & Hillary, F. G. (2018, February). *Racial and ethnic differences in discharge destination for individuals with TBI*. Poster presented at the 46th annual meeting of the International Neuropsychological Society, Washington, D.C.
18. **Johnson, B. N.**, Temes, C. M., Scala, J. W., & Levy, K. N. (2017, September). *Dimensions and types of borderline personality disorder: How heterogeneous is BPD really?* Poster presented at the 15th annual convention of the International Society for the Study of Personality Disorders, Heidelberg, Germany.
17. Austin, S. B., Per, M., **Johnson, B. N.**, Dixon-Gordon, K. L., & Chapman, A. L. (2016, October). *Repertoires of emotion regulation and their effects on NSSI frequency, versatility and severity*. Poster presented at the Suicide and Self-Injury Special Interest Group of the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
16. Austin, S. B., Per, M., **Johnson, B. N.**, Dixon-Gordon, K. L., & Chapman, A. L. (2016, October). *Always running from the storm: A closer look at emotion dysregulation and experiential avoidance in BPD*. Poster presented at the 21st annual convention of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, New York, NY. (**ISITDBT Poster Award Finalist**)
15. Crow, T., **Johnson, B. N.**, Scala, J. W., & Levy, K. N. (2016, April). *Childhood trauma types are differentially associated with personality disorder criteria in individuals with borderline personality disorder*. Poster presented at the 2016 annual convention of the North American Society for the Study of Personality Disorders, New York, NY.
14. **Johnson, B. N.**, Ellison, W. D., & Levy, K. N. (2016, January). *Does self-concept clarity mediate the relationship between impulsivity and high-risk behaviors?* Poster presented at the 17th annual convention of the Society for Personality and Social Psychology, San Diego, CA.
13. **Johnson, B. N.** & Levy, K. N. (2015, October). *Factor analytic structures of borderline symptoms in an undergraduate sample: Reducing the heterogeneity*. Poster presented at the 14th annual convention of the International Society for the Study of Personality Disorders, Montreal, QC, Canada.
12. **Johnson, B. N.**, Ashe, M. L., & Wilson, S. J. (2015, October). *Self-control as a transdiagnostic mediator of problematic alcohol use across personality disorder profiles*. Poster presented at the 14th annual convention of the International Society for the Study of Personality Disorders, Montreal, QC, Canada.
11. **Johnson, B. N.** & Levy, K. N. (2015, March). *Prevalence of personality disorders and other Axis I disorders in a university-based rural community mental health clinic*. Poster presented at the

annual convention of the North American Society for the Study of Personality Disorders, Boston, MA.

10. **Johnson, B. N.**, Carey, S. C., & Ramirez, C. L. (2014, November). *Physiological sensitivity and perceptions of criticism in an adolescent BPD sample*. Poster presented at the 48th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
9. Carey, S. C., **Johnson, B. N.**, Lim, N. E., & Ramirez, C. L. (2014, November). *Differences in subtypes of emotion dysregulation across primary reasons for self-harm*. Poster presented at the 48th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
8. Carey, S. C., **Johnson, B. N.**, Lim, N. E., & Ramirez, C. L. (2014, November). *Understanding the relationships between NSSI function, frequency, and emotion regulation*. Poster presented at the 48th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
7. **Johnson, B. N.** & Bliwise, N. G. (2014, April). *Love me do: Romantic relationships as a buffer against attachment insecurity*. Poster presented at the 13th annual Georgia Undergraduate Research in Psychology conference, Kennesaw, GA.
6. **Johnson, B. N.**, Carey, S. C., Ramirez, C. L., Lim, N. E., & Ritschel, L. A. (2013, November). *The relationship between emotional awareness and delayed engagement in self-harm*. Poster presented at the 18th annual convention of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Nashville, TN.
5. Carey, S. C., **Johnson, B. N.**, Lim, N. E., Ramirez, C. L., & Ritschel, L. A. (2013, November). *The relationship between child treatment gains and parent stress in an adolescent DBT program*. Poster presented at the 18th annual convention of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Nashville, TN.
4. **Johnson, B. N.**, Carey, S. C., Stewart, L. M., Lim, N. E., Ramirez, C. L., Craighead, W. E., & Ritschel, L. A. (2013, November). *The impact of behavioral activation on anxiety in youth with major depression*. Poster presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
3. Carey, S. C., **Johnson, B. N.**, Lim, N. E., Ramirez, C. L., & Ritschel, L. A. (2013, November). *The trajectory of group attendance in DBT for adolescents*. Poster presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
2. **Johnson, B. N.** & Bliwise, N. G. (2013, June). *An alternate reality: Real-life relationship building in the virtual world*. Poster presented at the 2013 biennial meeting of the Association for Research in Personality, Charlotte, NC.
1. **Johnson, B. N.** & Bliwise, N. G. (2013, April). *Painting the self: Personal descriptions reflect underlying attachment styles in an undergraduate sample*. Poster presented at the 2013 annual meeting of the Georgia Psychological Association, Stone Mountain, GA. (**Awarded 1st place in the undergraduate division**)

OTHER PRESENTATIONS

Papers

3. **Johnson, B. N.**, Levy, K. N., Pincus, A. L., Ellison, W. D., Scala, J. W., Newman, M. G. & Wilson, S. J. (2015, December). *Identifying acute and chronic risk for self-harm in borderline personality disorder: An ecological momentary assessment study*. Paper presented at the fall 2015 biannual Penn State Mini-Conference on Intensive Longitudinal Methods, University Park, PA

2. Gooch, C. V., Levy, K. N., **Johnson, B. N.**, (2015, July). *Attachment as a moderator of psychotherapy outcome across treatment type: A meta-analysis*. Paper presented at the 2015 annual Ronald E. McNair and Summer Research Opportunity Program Symposium, University Park, PA.
1. **Johnson, B. N.**, Levy, K. N., Pincus, A. L., Ellison, W. D., Scala, J. W., Newman, M. G. & Wilson, S. J. (2015, May). *Revealing suicide risk: Event history analysis of urges to self-harm in a clinical sample*. Paper presented at the spring 2015 biannual Penn State Mini-Conference on Intensive Longitudinal Methods, University Park, PA.

Posters

9. Ye, E., **Johnson, B. N.**, & Levy, K. N. (2019, April). *Psychometric properties of the McLean Screening Instrument for BPD in a mixed sample*. Poster presented at Penn State's Annual Psi Chi Undergraduate Research Conference, University Park, PA.
8. Ye, E., **Johnson, B. N.**, & Levy, K. N. (2019, March). *Comparing anxiety and risk-taking between psychopathy subtypes and narcissism*. Poster presented at annual meeting of the Eastern Psychological Association, New York City, NY.
7. Gooch, C. V., Levy, K. N., Scala, J. W., & **Johnson, B. N.** (2015, September). *Prediction of suicidality in outpatients with childhood trauma history: Does context matter?* Poster presented at the 2017 annual Pennsylvania State University Undergraduate Exhibition, University Park, PA.
6. Gooch, C. V., Levy, K. N., **Johnson, B. N.** (2015, September). *Attachment as a moderator of psychotherapy outcome across treatment type: A meta-analysis*. Poster presented at the 16th annual National Conference for McNair Scholars and Undergraduate Research, Baltimore, MD.
5. Ross, A. M., Levy, K. N., & **Johnson, B. N.** (2015, April). *The breaking point: The moderation of trauma on the relationship between borderline personality disorder and academic functioning*. Poster presented at Penn State's Annual Psi Chi Undergraduate Research Conference, University Park, PA.
4. Meinert, J. A., Levy, K. N., & **Johnson, B. N.** (2015, April). *Emotion recognition and childhood trauma in borderline personality disorder*. Poster presented at Penn State's Annual Psi Chi Undergraduate Research Conference, University Park, PA.
3. Ross, A. M., Levy, K. N., & **Johnson, B. N.** (2015, April). *The achievement gap: The relationship between borderline personality disorder and academic functioning*. Poster presented at the 2015 annual Pennsylvania State University Undergraduate Exhibition, University Park, PA. (**Awarded 3rd place in the Social and Behavioral Sciences division.**)
2. Meinert, J. A., Levy, K. N., & **Johnson, B. N.** (2015, April). *Childhood trauma as a mediator of the relationship between borderline personality disorder and emotion recognition*. Poster presented at the 2015 annual Pennsylvania State University Undergraduate Exhibition, University Park, PA. (**Awarded honorable mention for the University Libraries Award for Information Literacy.**)
1. **Johnson, B. N.** & Bliwise, N. G. (2012, April). *An alternate reality: Real-life relationship building in the virtual world*. Poster presented at the 2012 annual Scholarly Inquiry & Research at Emory Research Symposium, Atlanta, GA.

MANUSCRIPT ACKNOWLEDGMENTS

3. Woods, W. C., Edershile, E. A., Ringwald, W. R., Sharpe, B. S., Himmelstein, P. H., Newman, M. G., Wilson, S. J., Ellison, W. D., Levy, K. N., Pincus, A. L., Creswell, J. D., & Wright, A. G. C. (in preparation). Psychometric evaluation of a visual interpersonal analogue scale

2. Ellison, W. D., Levy, K. N., Newman, M. G., Pincus, A. L., Wilson, S. J., & Molenaar, P. C. M. (2019). Dynamics among borderline personality and anxiety features in psychotherapy outpatients: An exploration of nomothetic and idiographic patterns. *Personality Disorders: Theory, Research, and Treatment*.
1. Levy, K. N., Draijer, N., Kivity, Y., Yeomans, F. E., & Rosenstein, L. K. (2019). Transference-focused psychotherapy (TFP). *Current Treatment Options in Psychiatry*, 6(4), 312–324.
<https://doi.org/10.1007/s40501-019-00193-9>

RESEARCH SUPPORT

F31 MH121020

Johnson (PI)

1/14/2020-8/31/2021

National Institute of Mental Health

Total costs: \$97,028.00

Refining and Validating Borderline Personality Disorder Phenotypes Through Factor Mixture Modeling

This project aims to clarify the symptomatic heterogeneity of borderline personality disorder (BPD) by examining BPD phenotypes through advanced latent variable modeling. A second aim is to validate these findings through intensive longitudinal assessment in daily life.

Other Research Support

2019 The Pennsylvania State University Liberal Arts Research and Graduate Studies Office
Dissertation Support
Award: \$1,500

2017 **Superior Teaching and Research (STAR) Award**, The Pennsylvania State University, College
of the Liberal Arts (Principal Investigator)
*Project: “Understanding Dimensions and Types of Borderline Personality Disorder Through
Factor Mixture Modeling”*
Award: \$1,020

2015 **Basic Psychological Science Research Grant**, American Psychological Association of Graduate
Students (Principal Investigator)
*Project: “Identifying Joint Attention Deficits in Children of Mothers With Emotion Regulation
Difficulties”*
Award: \$1,000

Unfunded Research Grants and Fellowships

2014 **Junior Scientist Fellowship**, American Psychological Association of Graduate Students, Psi Chi
International Honor Society in Psychology
*Project: “Multidimensional Evaluation of Early Risk Factors for Borderline Personality
Disorder”*

Travel Awards

2018 The Pennsylvania State University Global Programs Graduate Student Travel Grant for the 2018
meeting of the Society for Psychotherapy Research, Amsterdam, Netherlands
Award: \$750

2018 The Pennsylvania State University Herbert H. Krauss Memorial Graduate Research Endowment
in Psychology for the 2018 meeting of the Society for Psychotherapy Research, Amsterdam,
Netherlands
Award: \$400

- 2018 The Pennsylvania State University Psychology Department Student Travel Award for the 2018 meeting of the North American Society for the Study of Personality Disorders, New York, NY
Award: \$240
- 2017 The Bruce V. Moore Graduate Fellowship in Psychology Student Travel Award for the 2017 meeting of the International Society for the Study of Personality Disorders, Heidelberg, Germany
Award: \$400
- 2017 The Pennsylvania State University Psychology Department Student Travel Award for the 2017 meeting of the Society for Psychotherapy Research, Toronto, ON, Canada
Award: \$450
- 2017 The Pennsylvania State University Psychology Department Student Travel Award for the 2017 meeting of the North American Society for the Study of Personality Disorders, New York, NY
Award: \$450
- 2016 The Pennsylvania State University Psychology Department Student Travel Award for the 2015 meeting of the Society for Personality and Social Psychology, San Diego, CA
Award: \$450
- 2015 The Pennsylvania State University Liberal Arts Research and Graduate Studies Office Student Travel Award for the 2015 meeting of the International Society for the Study of Personality Disorders, Montreal, QC, Canada
Award: \$450
- 2015 The Pennsylvania State University Liberal Arts Research and Graduate Studies Office and the Donald A. Trumbo Psychology Department Student Research Fund Student Travel Award for the 2015 meeting of the North American Society for the Study of Personality Disorders, Boston, MA
Award: \$450
- 2015 The Pennsylvania State University Psychology Department Student Travel Award for the 2015 meeting of the Society for Personality and Social Psychology, Long Beach, CA
Award: \$200
- 2014 The Pennsylvania State University Psychology Departmental Research and Graduate Studies Office Funding Student Travel Award for the 2014 meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA
Award: \$400

CURRENT RESEARCH EXPERIENCE

- 2014–present **Laboratory for Personality, Psychopathology, and Psychotherapy Research**, The Pennsylvania State University, Principal Investigator: Kenneth N. Levy, Ph.D.
Graduate Student
Graduate Lab Manager
Website Team Coordinator
Involved in a variety of research studies focused on borderline personality pathology, attachment, developmental psychopathology, and psychotherapy; coordinate post-baccalaureate laboratory managers and undergraduate research assistants in conducting mobile device data capture study of individuals with anxiety disorders and borderline personality disorder. Write and contribute to

manuscripts, present research findings, analyze data, coordinate miscellaneous tasks of laboratory managers and research assistants.

PAST RESEARCH EXPERIENCE

- 2013–2014 **Laboratory of Personality and Psychopathology**, Emory University, Principal Investigator: Drew Westen, Ph.D.
Assessor
Conducted assessments using the Structured Clinical Interview for DSM-IV Axis I Disorders and Axis II Personality Disorders, as well as the prototype matching system of diagnosis designed by Drew Westen, Ph.D.
- 2012–2014 **Child and Adolescent Mood Program**, Emory University School of Medicine, Principal Investigator: W. Edward Craighead, Ph.D.
Research Coordinator
Involved in dialectical behavior therapy treatment outcome program for adolescents and young adults, behavioral activation treatment program for depressed adolescents, and various research studies on adolescents with symptoms of borderline personality disorder; consented participants, ran functional magnetic resonance imaging tasks, conducted pain tolerance and computerized emotion recognition tasks, completed physiological data collection procedures, conducted clinical interviews, performed phone screens, analyzed data, addressed administrative tasks.
- 2012–2014 **Mood and Anxiety Program**, Emory University School of Medicine, Principal Investigator: Boadie W. Dunlop, MD
Study Interviewer
Involved in 14-week NIH-funded adult depression treatment study, as well as several other research studies focused on depression and posttraumatic stress disorder. Consented participants, conducted clinical interviews, oversaw MRI scanning procedure, ran computerized decision-making tasks, conducted neuropsychological testing, processed blood plasma/serum, performed phone screens, addressed administrative needs.
- 2011–2012 **Adult Development Lab**, Emory University, Principal Investigator: Nancy G. Bliwise, Ph.D.
Honors Thesis: "An Alternate Reality: Real-Life Relationship Building in the Virtual World."
(Received Highest Honors)
Description: Designed a virtual training paradigm to enhance participants' secure attachment attitudes and behaviors. 50 undergraduate participants completed both the online intervention program and the in-person lab visit. Results suggested an overall decrease in attachment anxiety.
- 2010–2011 **Bauer Memory Development Lab**, Emory University, Principal Investigator: Patricia J. Bauer, Ph.D.
Laboratory Scheduler
Research Assistant
Managed scheduling and recruitment for child memory research, using databases and making phone calls and sending emails to parents. Assisted researchers with coding data, data input, and transcribing interviews. Assisted in eyeblink and event-related potential studies.

CLINICAL

SUPERVISORY EXPERIENCE

2018–2019 **Contemporary Treatment for Personality Disorders.** Peer supervisor. Primary supervisors: Kenneth N. Levy, Ph.D., Kristen M. Kelly, Ph.D. CRNP.
Primary therapeutic modality: Transference-focused psychotherapy

CLINICAL SUPERVISION AND PRACTICA

2018–present **Consultation Team for Personality Disorder Treatment Program.** Peer supervision.
Primary therapeutic modality: Dialectical-behavior therapy

2018–present **Advanced Psychotherapy Team.** Supervisor: Kristen Kelly, Ph.D., CRNP
Primary therapeutic modality: Psychodynamic/integrative

2017–2018 **Practicum in Neuropsychological Assessment.** Supervisors: Michael Keil, Ph.D., Peter A. Arnett, Ph.D.
Peer supervisors: Cristina Roman, M.S., Margaret Cadden, M.S., Rachel Bernier, M.S.

2016–2017 **Practicum in Cognitive-Behavioral Therapy.** Supervisor: Michelle G. Newman, Ph.D.
Peer supervisor: Ki Eun Shin, M.S.
Primary therapeutic modality: Cognitive-behavioral therapy

2016, Summer **Practicum in Clinical Methods.** Supervisors: Michael J. Roche, Ph.D., Sandra Testa Michelson, Ph.D.
Primary therapeutic modality: Integrative cognitive-behavioral/dynamic psychotherapy

2015–2016 **Contemporary Treatment for Personality Disorders.** Supervisor: Kenneth N. Levy, Ph.D.
Primary therapeutic modality: Transference-focused psychotherapy

2015, Summer **Clinical Methods.** Supervisor: Michael C. Wolff, Ph.D.
Primary therapeutic modality: Motivational interviewing.

2015, Spring **Clinical Assessment.** Supervisor: Stephen J. Wilson, Ph.D.
Structured clinical interviewing for Axis I and II disorders using structured clinical assessment tools (using the Structured Clinical Interview for the DSM-IV and International Personality Disorder Examination)

2014, Fall **Clinical Assessment.** Supervisor: Kenneth N. Levy, Ph.D.
Structured clinical interviewing for Axis I and II disorders using structured clinical assessment tools (using the Structured Clinical Interview for the DSM-IV and International Personality Disorder Examination)

OTHER CLINICAL TRAINING

2020, February **Competency-Based Clinical Supervision: Managing Ethical and Legal Risks,** 8-hour experiential workshop on legal, ethical, and efficacious clinical supervision. Instructor: Michael V. Ellis, Ph.D.

- 2018 **Core Clinical Training in Dialectical Behavior Therapy**, 70-hour year-long training program conducted by Treatment Implementation Collaborative. Includes 16 hours online training, 42 hours in person training, and monthly case consultation meetings. Instructors: Annie McCall, M.A., LMHC; Andrew Fleming, Ph.D.

GRAND ROUNDS/COLLOQUIA GIVEN

- 2016, Dec. The Pennsylvania State University Psychological Clinic.
“Understanding Dimensions and Types of Borderline Personality Disorder Through Factor Mixture Modeling.”

OTHER CLINICAL EXPERIENCE

- 2012–2014 **National Alliance on Mental Illness**, DeKalb County Chapter, Dekalb County, GA
Membership Contact
Candlelight Vigil Arts Committee Co-Leader
Responsible for chapter administrative tasks. Developed artistic and theatrical presentations at the annual advocacy and fundraising candlelight vigil event. Attended family support group meetings.
- 2011–2014 **Supporting Peers In Laidback Listening (SPILL)**
Supporter
Provided immediate advice, encouragement, and coping suggestions to individuals who share personal difficulties anonymously through an online peer support group.
- 2013 **Community Service Board**, DeKalb County, GA
Volunteer
Shadowed child psychiatry fellows during clinical intake assessments, medication management visits, and follow-up appointments. Assisted psychiatrists by interviewing parents, administering questionnaires, and interacting with children. Participated in clinical supervision and training meetings.
- 2011–2012 **Active Minds**, Emory University
Member
Student group devoted to increasing awareness of mental health issues. Conducted programming to improve psychological health on campus and raise funds for mental illness support.
- 2010 **Sharp Learning Center**, Covington, GA
Mentor
Met weekly with a student in an alternative high school and discussed school, family, and other serious concerns in his life.

ASSESSMENT INSTRUMENTS

Psychodiagnostic Assessments

- Anxiety Disorders Interview Schedule
International Personality Disorder Examination
MINI International Neuropsychiatric Interview Plus 6.0
Structured Clinical Interview for DSM-IV Axis I Disorders
Structured Clinical Interview for DSM-IV Axis II Personality Disorders

Structured Clinical Interview for DSM-5

Neuropsychological Assessments

Advanced Clinical Solutions Social Perception Subtest
Advanced Clinical Solutions Test of Premorbid Functioning
Boston Naming Test
Brief Visual Memory Test-Revised
California Verbal Learning Test-II
Connors Continuous Performance Test-3
Controlled Oral Word Association Test
Delis-Kaplan Executive Function System (Trail Making, Verbal Fluency, Color-Word Interference Test)
Fifteen Item Test
Hooper Visual Organization Test
Modern Language Aptitude Test
Paced Auditory Serial Addition Test (PASAT)
Rey-Osterrieth Complex Figure Test
Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
Stroop Color and Word Test
Symbol Digit Modalities Test (Written & Oral)
Test of Memory Malingering
Trail Making Test (Written and Oral)
Wechsler Adult Intelligence Scale-IV
Wechsler Individual Achievement Test
Wechsler Memory Scale-IV (Logical Memory, Verbal Paired Associates)
Wide Range Intelligence Test (WRIT) (Diamonds)

Personality Assessments

Adult Attachment Interview
Millon Clinical Multiaxial Inventory-III
Minnesota Multiphasic Personality Inventory-2
Personality Assessment Inventory
Rorschach Performance Assessment System

Coding Systems

Mental State Vacillation Coding System
Reflective Functioning Coding System
System for Coding Family Interactions and Functioning (SCIFF)

Other Clinical Assessments

Brief University of California San Diego Performance-Based Skills Assessment
Clinician-Administered NSSI Disorder Index
Functional Assessment of Behavioral Manifestations of Emotion Dysregulation
Hamilton Rating Scale for Anxiety
Hamilton Rating Scale for Depression
Measurement and Treatment Research to Improve Cognition in Schizophrenia (MATRICS) Consensus Cognitive Battery
Montgomery-Åsberg Depression Rating Scale
Suicide Attempt Self-Injury Interview (SASII)

TEACHING

TEACHING EXPERIENCE

- 2019, Spring **Elementary Statistics in Psychology (PSYCH 200)** (online course), The Pennsylvania State University.
Instructor
- 2018, Fall **Personality Theory (PSYCH 438)**, The Pennsylvania State University.
Instructor

ASSISTANT TEACHING EXPERIENCE

- 2018, Spring **Psychometrics (PSY 511)**, The Pennsylvania State University, James M. LeBreton, Ph.D.
Teaching Assistant
Helped develop assignments and associated R code, graded assignments, provided feedback, held office hours, and assisted professor in other tasks.
- 2017, Fall **Introduction to Structural Equation Modeling (PSY 597)**, The Pennsylvania State University, Michael Hallquist, Ph.D.
Teaching Assistant
Led two 3-hour lectures, helped develop assignments and associated R code, graded assignments, provided feedback, held office hours, and assisted professor in other tasks.
- 2017, Spring **Introduction to Personality Theory (PSYCH 238 Honors)**, The Pennsylvania State University, Kenneth N. Levy, Ph.D.
Teaching Assistant
Helped develop assignments and quizzes, graded assignments, held office hours, and assisted professor in other tasks.
- 2016, Fall **Personality Theory (PSYCH 438)**, The Pennsylvania State University, Kenneth N. Levy, Ph.D.
Teaching Assistant
Helped develop assignments and quizzes, graded assignments, held office hours, and assisted professor in other tasks.
- 2016, Spring **Data Analysis II (PSY 508)**, The Pennsylvania State University, Instructor: Jonathan E. Cook, Ph.D.
Laboratory Section Instructor
Teaching Assistant
Co-led analysis laboratory section, focused on walking students through advanced regression-based analyses (e.g., logistic regression) in SPSS and R. Held office hours weekly to assist students with analytic and conceptual questions. Graded and provided feedback on students' weekly homework assignments.
- 2015, Fall **Data Analysis I (PSY 507)**, The Pennsylvania State University, Instructor: James M. LeBreton, Ph.D.
Laboratory Section Instructor
Teaching Assistant
Co-led analysis laboratory section, focused on walking students through regression-based analyses (e.g., multiple regression, ANCOVA) in SPSS and R. Held office hours weekly to assist

students with analytic and conceptual questions. Graded and provided feedback on students' weekly homework assignments.

OTHER RELEVANT EXPERIENCE

- 2011–2012 **Emory Pathways to Academic Success for Students**, Emory University
Academic Peer Tutor
Tutored Emory undergraduates in Applied Statistics for Psychology, Experimental Methods for Psychology, Neuroscience Research Methods, and Calculus I. Assisted students with study techniques and understanding key concepts and terminology in the domain of their coursework.
- 2009–2010 **Oxford Writing Center**, Oxford College of Emory University
Writing Tutor
Critiqued students' papers, both academic and non-academic, and helped them with development, style, and grammar.
- 2010 **Champions for Children Daycare**, Covington, GA
Teacher's Assistant
Taught and modeled behavior for a classroom of three-year-olds.
- 2009 **Office of Student Development**, Oxford College of Emory University
Freshman Seminar Co-Facilitator
Co-facilitated a 9-week freshman seminar alongside a faculty member in which new students learned about diversity issues ranging from race and gender to socioeconomic status.
- 2009 **Sojourner Truth Afterschool Program**, Covington, GA
Tutor
Helped elementary and middle school children complete homework and assignments for class. Assisted director with grant proposals, organization, and advertising the program through phone calls and door-to-door visits.

INVITED LECTURES & SEMINARS

- Johnson, B. N.** (2019, April). Applying to graduate school in psychology. *PSY_OX 210 Section 2: Adult Psychopathology*. (Instructor: Kenneth Carter, Ph.D.). Invited seminar delivered at Oxford College of Emory University, Oxford, GA.
- Johnson, B. N.** (2019, April). Applying to graduate school in psychology. *PSY_OX 210 Section 1: Adult Psychopathology*. (Instructor: Kenneth Carter, Ph.D.). Invited seminar delivered at Oxford College of Emory University, Oxford, GA.
- Johnson, B. N.** (2018, August). Introduction to joining datasets using dplyr. *2018 PSU Psychology R Bootcamp* (Instructors: Michael N. Hallquist, Ph.D.; Rick O. Gilmore, Ph.D.; Nilam Ram, Ph.D.). Invited presentation given at The Pennsylvania State University, University Park, PA.
- Johnson, B. N.** (2017, October). Models incorporating structural and measurement components. *PSY 597: Introduction to Structural Equation Modeling* (Instructor: Michael N. Hallquist, Ph.D.). Invited seminar delivered at The Pennsylvania State University, University Park, PA.
- Johnson, B. N.** (2017, September). Latent variables, parameter estimation, maximum likelihood. *PSY 597: Introduction to Structural Equation Modeling* (Instructor: Michael N. Hallquist, Ph.D.). Invited seminar delivered at The Pennsylvania State University, University Park, PA.

- Johnson, B. N.** (2016, November). Applying to graduate school in psychology. *PSY_OX 210: Adult Psychopathology*. (Instructor: Kenneth Carter, Ph.D.). Invited seminar delivered at Oxford College of Emory University, Oxford, GA.
- Johnson, B. N.** (2015, March). Self-harm in borderline personality disorder. *PSYCH 490: Senior Seminar in Psychology* (Instructor: Aaron L. Pincus, Ph.D.). Invited lecture to be delivered at The Pennsylvania State University, University Park, PA. (*Cancelled due to inclement weather.*)
- Johnson, B. N.** (2014, April). Studying to learn: Multiple intelligences, study tips, and reaching your career goals. *ENG_OX 205Q -09A: Poetry*. Invited lecture delivered at Oxford College of Emory University, Oxford, GA.
- Johnson, B. N.** (2014, April). Studying to learn: Multiple intelligences, study tips, and reaching your career goals. *ENG_OX 205Q -10A: Poetry*. Invited lecture delivered at Oxford College of Emory University, Oxford, GA.

STUDENTS CO-MENTORED

Kenneth N. Levy, Ph.D., supervisor

2019–2020

Lena G. Becker

Rodney A. Erickson Discovery Grant Program

“Assessing the Relations Between Attachment Styles and Borderline Personality Disorder Criteria: A Multi-Method Approach” (working title)

2018–2018

Edie Ye

Undergraduate Honors Thesis

“Psychometric Properties of the McLean Screening Instrument for Borderline Personality Disorder in a Mixed Sample”

2015–2017

Caroline V. Gooch

Robert E. McNair Post-Baccalaureate Achievement Program Summer Research Project

“Attachment as a Moderator of Psychotherapy Outcome Across Treatment Type: A Meta-Analysis”

Undergraduate Honors Thesis

“Attachment as a Moderator of Psychotherapy Outcome Across Treatment Type: A Meta-Analysis”

Rodney A. Erickson Discovery Grant Program

“Prediction of Suicidality in Outpatients With Childhood Trauma History: Does Context Matter?”

2014–2015

Ana-Sophia M. Ross

Undergraduate Honors Thesis

“The Achievement Gap: The Relationship Between Borderline Personality Disorder, Childhood Trauma, and Academic Functioning”

2014–2015

Julie A. Meinert

Undergraduate Honors Thesis

“Childhood Trauma as a Mediator of the Relationship Between Borderline Personality Disorder and Emotion Recognition”

SERVICE

COMMITTEE EXPERIENCE

- 2020–present **Student Section Committee**, International Society for the Study of Personality Disorders
President
Responsible for society student member recruitment and maintenance, organization, planning, and implementation of student-focused events at biennial conferences, and enhancing student engagement in the society and the field of personality disorder research and practice at large.
- 2018–2020 *Acting President*
Responsible for society student member recruitment and maintenance, organization, planning, and implementation of student-focused events at biennial conferences, and enhancing student engagement in the society and the field of personality disorder research and practice at large.
- 2015–2018 *Vice President*
Assist the president in the role of recruiting new student members to the organization, facilitating conference events such as workshops and presentations, and enhance student engagement in the society and the field of personality disorder research and practice.
- 2019–present **Special Interest Group on Psychotherapy Convergence**, Society for the Exploration of Psychotherapy Integration
Steering Committee Member
Group dedicated to the exploration, identification, and promotion of broad acceptance of scientifically grounded, foundational principles underlying the action of diverse techniques and modes of psychotherapeutic intervention.
- 2016–present **Peer Mentoring Program**, Department of Psychology, The Pennsylvania State University
Mentor
Mentoring program designed to help acclimatize new graduate students in the program to scholarly, social, and personal aspects of graduate student life.
- 2015–present **Student Development Committee**, Society for the Advancement of Psychotherapy, Division 29 of the American Psychological Association
Member
Support the goals of student members of Division 29. Tasks include: reviewing entries for Student Paper Competition; recruiting student submissions for *Psychotherapy Bulletin*; keeping student section of Division 29 website up-to-date.
- 2017–2019 **“Closing the Loop” Committee**, Department of Psychology, The Pennsylvania State University
Member
Clinic research committee designed to conceptualize, introduce, and conduct research projects in the Penn State Psychological Clinic that utilize data gathered from the clinic to conduct research that will directly inform clinical care.
- 2019 **Public Health and Personality Disorders Subcommittee**, International Society for the Study of Personality Disorders
Member
Subcommittee of the International Society for the Study of Personality Disorders (ISSPD) devoted to outlining the public health significance of personality disorders and identifying plans for the ISSPD in terms of research, education, and advocacy related to these issues.

- 2015–2019 **P Web Committee**, Association for Research in Personality
Web Production Member
Assistant editor of *P* newsletter of the Association for Research in Personality. Received materials for newsletter from contributors. Organized and outlined web-based newsletter. Managed technical process and HTML coding.
- 2015–2018 **Research Assistance Task Force**, Society of Clinical Psychology, American Psychological Association; Society for a Science of Clinical Psychology
Member
Task force designed to aid clinical practitioners in psychology with developing and conducting research activity through their practice. Provided guidance and support and assist in all areas of the research process, from conceptualization to publication.
- 2015–2016 **Graduate Student Committee**, Society for Personality and Social Psychology
Student Insight Committee Chair
Graduate Student Poster Award Committee Chair
SPSPotlight Newsletter Co-Editor
Student Diversity Issues Task Force Member
Undergraduate Student Poster Award Committee Member
Speed Data-ing Event Committee Member
Committee serving the student body of the Society for Personality and Social Psychology. Coordinated various events at the annual convention, facilitated student engagement and diversity, and managed the “SPSPotlight,” the committee’s online newsletter.
- 2014–2015 **Clinical Training Committee**, Department of Psychology, The Pennsylvania State University
Student Representative
Committee composed of all Clinical Faculty, the Director and Assistant Directors of the Psychological Clinic, and two student representatives from each class. Acted as a liaison between the clinical graduate student body and the committee, bringing up concerns of the graduate students and distributing information from committee meetings to the rest of the class.
- 2013–2014 **Network for Excellence in Neuroscience Clinical Trials**, National Institutes of Health; Emory University School of Medicine
Coordinator Collaborative Group Member
Orientation Subcommittee Member
Program designed to increase efficiency of Phase II clinical trial research. Collaborated to streamline study design and enrollment process at Emory. Developed research coordinator orientation manual for the School of Medicine.
- 2013–2014 **Office of Institutional Research, Planning, and Effectiveness**, Emory University
Quality Enhancement Plan: "The Nature of Evidence," Committee Member
Program designed to enhance campus life for undergraduate students of Emory by fostering an understanding of empiricism and intellectual curiosity. Incorporated collaborative brainstorming and planning meetings as well as dissemination of information to the university as a whole.

REVIEWER EXPERIENCE

- 2017 **Penn State Psi Chi Research Conference**, Psi Chi International Honor Society in Psychology and The Pennsylvania State University
Poster Judge
Review and judge both empirical and conceptual undergraduate poster presentations.

- 2015–2016 **Basic Science Research Grant**, American Psychological Association of Graduate Students
Reviewer
Reviewed proposals for a competition providing seed grant funding for graduate and undergraduate research in its initial development stages. Evaluated and provided feedback on the 3-page proposals.
- 2014–2017 **Student Grant Competition**, Association for Psychological Science Student Caucus
Reviewer
Reviewed proposals for a competition providing seed grant funding for graduate and undergraduate research in its initial development stages. Evaluated and provided feedback on the 3,000-word proposals.

OTHER EXPERIENCE

- 2016–present **Stat-Help.com**
Consultant
Provide free statistical consulting to people across the world doing research. Answer questions about statistical topics submitted via email.
- 2010–2012 **Psi Chi Psychology Honors Society**, Emory University
Peer Mentor
Addressed concerns and answered questions, through emails, info panels, and one-on-one advising sessions, of undergraduates majoring or interested in psychology.
- 2011 **Office of Student Leadership and Service**, Emory University
Orientation Captain
Managed administrative tasks including event planning, scheduling, and management regarding orientation of new students on campus. Organized “Best in Show,” showcase of Emory’s performance groups for the student body. Organized diversity-awareness skits, directing a cast of twenty Orientation Leaders to perform educational theatre for the freshman class. Led a group of Orientation Leaders through the training process to be facilitators of new student orientation, encouraging positive group dynamics
- 2010 *Orientation Leader*
Led a group of fourteen freshmen through group bonding and acclimatization process of orientation. Helped run and facilitate Orientation Week events and programs.
- 2009 **Office of Student Development**, Oxford College of Emory University
Peer Assistant Leader
Led orientation for seventeen freshmen on campus, organizing group meetings and social activities.

OTHER

WORK EXPERIENCE

- 2014–present **Penn State Psychological Clinic**, Department of Psychology, The Pennsylvania State University
Front Desk Staff
As-needed staff assistant managing front desk during clinic hours. Schedule clients' appointments, manage phone, and file reports.
- 2011 **Center for International Programs Abroad**, British Studies Program, Oxford, UK
Undergraduate Assistant
Helped assistant program director with various administrative tasks, secretarial duties, and transportation organization and scheduling.
- 2008 **The Leukemia and Lymphoma Society**, Atlanta, GA
"Light the Night" Fundraising Walk Intern
Helped set up and run fundraiser events. Managed computer databases and contacted donors, providing information and encouraging financial support. Designed informational advertising fliers.
- 2007 **Robertson, Bodoh, and Nasrallah, LLP**, Marietta, GA
Law Firm Assistant
Completed various tasks to assist lawyers, including editing lawyers' briefs, delivering documents to local law offices and courthouses, filing legal paperwork, organizing office supplies, and copying documents and forms.

MEDIA PRESENCE

- 2018, Oct. 18 *Valley Magazine* (October 18, 2018) "Why your TV show gives you feels". Interviewer: Kelsey Lentz.
<http://www.valleymagazinepsu.com/its-completely-ok-to-cry-over-a-tv-show/>
- 2020, Apr. 11 *Psychology Today* (April 11, 2020) Looking Below the Threshold in Borderline Personality
A new study on borderline personality reveals its two subthreshold dimensions.
[https://www.psychologytoday.com/us/blog/fulfillment-any-age/202004/looking-below-the-threshold-in-borderline-personality?amp by Susan Krauss Witbourne, Ph.D., or Fullfilment at Any Age, coverage of Johnson & Levy \(2019\) in Persoanltiy Disorders: Theory, research, and treatment.](https://www.psychologytoday.com/us/blog/fulfillment-any-age/202004/looking-below-the-threshold-in-borderline-personality?amp%20by%20Susan%20Krauss%20Witbourne%2C%20Ph.D.%2C%20or%20Fullfilment%20at%20Any%20Age%2C%20coverage%20of%20Johnson%20%26amp%20Levy%20(2019)%20in%20Persoanltiy%20Disorders%3A%20Theory%2C%20research%2C%20and%20treatment.)

ADVANCED ANALYSIS/METHODOLOGY COURSEWORK

- 2017, Fall HD FS 534: Person-Specific Data Analysis. *The Pennsylvania State University*. Instructor: Peter C. M. Molenaar, Ph.D.
- 2017, Spring HD FS 530: Longitudinal Structural Equation Modeling, *The Pennsylvania State University*. Instructor: Peter C. M. Molenaar, Ph.D.
- 2016, Fall HD FS 597F: Person-Centered Methods: Advanced Contingency Table Analysis, *The Pennsylvania State University*. Instructor: Mark Stemmler, Ph.D.
- 2016, Fall PSY 597: Introduction to Exploratory Data Analysis and Data Management, *The Pennsylvania State University*. Instructor: Michael N. Hallquist, Ph.D.

- 2016, Spring BB H 521: Structural Equation Modeling, *The Pennsylvania State University*. Instructor: John Graham, Ph.D.
- 2015, Fall HD FS 597F: Applied Longitudinal Data Analysis: Design and Analysis of Intensive Longitudinal Studies and Data, *The Pennsylvania State University*. Instructor: Nilam Ram, Ph.D.
- 2015, Fall PSY 597C: Multilevel Theory, Measurement, and Analysis, *The Pennsylvania State University*. Instructor: James M. LeBreton, Ph.D.
- 2015, Fall HD FS 597A: Advanced Topics in Latent Class Analysis, *The Pennsylvania State University*. Instructor: Bethany C. Bray, Ph.D.
- 2015, Spring HD FS 523: Strategies for Data Analysis in Developmental Research, *The Pennsylvania State University*. Instructor: Nilam Ram, Ph.D.

STATISTICAL PROGRAMS

Microsoft Excel
Mplus
R
Statistical Package for the Social Sciences (SPSS)

PROGRAMMING LANGUAGES

CGI-Perl
HTML

References available upon request