

ISABELLA MANUEL

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In pursuit to attend medical school with an interest in Psychiatry.

EDUCATION

2021

THE PENNSYLVANIA STATE UNIVERSITY

B.S PSYCHOLOGY-NEUROSCIENCE

BIOLOGY MINOR

Cumulative GPA: 3.5

Psychology GPA: 3.86

ACADEMIC HONORS AND SOCIETIES

2018-PRESENT

DEAN'S LIST THE PENNSYLVANIA STATE UNIVERSITY

2017-PRESENT

Fall 2019-Present: National Member

ALPHA EPSILON DELTA: PRE-HEALTH HONORS SOCIETY

Founded in 1926, Alpha Epsilon Delta is the National Health Pre-professional Honor Society dedicated to the encouragement and recognition of excellence in the health sciences.

- Involved in canning and canvassing locally to raise funds for the Four Diamonds Foundation which pays for the medical expenses of families and aiding Penn State Hershey medical campus in pediatric cancer research. (Fall 2018)
- Penn State Hershey Medical Center Primary Care Day (Fall 2018)
- Community service opportunities to provide exposure to the medical field.

CLINICAL EXPERIENCE

Clinical Interviewer – Currently in Training, May 2019-Present

*Laboratory for Personality, Psychopathology, and Psychotherapy Research, University Park, PA
Pennsylvania State University, Department of Psychology*

Supervised by: Kenneth N. Levy, Ph.D., Benjamin N. Johnson, M.S., and Jacob Martin

- Receiving 40+ hours of training in the administration, coding, and transcription of structured and semi-structured clinical interviews to provide diagnoses to determine presence of BPD and other comorbid disorders for research protocols.
- Approximately 40 hours of training experience conducting clinical interviews with subject pool and clinical participants, as well as consenting and running participants from the clinic and subject pool according to a variety of research study protocols within the lab

CLINICAL SKILLS

--Currently in Training--

SCID-IV/5: The Structured Clinical Interview for DSM-IV/5

SASII: Linehan's Suicide Attempt-Self Injury Interview Standard (Short Version)

IDPE: The International Personality Disorder Examination

AAI: Main's Adult Attachment Interview (Including Transcription)

RESEARCH EXPERIENCE

Research Assistant for Dr. Kenneth Levy, Fall 2018- Present

Laboratory of Personality, Psychopathology, and Psychotherapy,

The Pennsylvania State University, University Park, PA

Involved in on-going NIMH and foundation grant funded research program investigating change in attachment representations during a randomized controlled psychotherapy trial. Involved in the recruitment and running of participants, the transcription of semi-structured interviews, coding data, entering data, editing large datasets, and data analysis using SPSS and general lab functions. Assistant in the preparation and writing of grant applications, manuscripts, and conference presentations.

Responses to Psychotherapy Over Time Study Coordinator, Spring 2019-Present

Laboratory for Personality, Psychopathology, and Psychotherapy Research

The Pennsylvania State University, University Park, PA

- Responsible for the recruitment and management of participants.
- Manage the payment of participants that have completed the study.
- In charge of inputting questionnaire data into SPSS program to keep records of participant responses.

- Management over the communication between participants and lead researcher via phone calls and emailing.

Participant Scheduling Lab Coordinator, Spring 2019-Present

Laboratory for Personality, Psychopathology, and Psychotherapy Research

The Pennsylvania State University, University Park, PA

- Responsible for scheduling clinical assessment and interpersonal study interviews for clinical patients and subject pool participants.

VOLUNTEER WORK

Geisinger Outpatient Surgery Medical Center, Fall 2019

Port Matilda, PA

Pennsylvania State University, Dance MaraTHON**, 2019 - Present**

Fundraising through the Kappa Alpha Theta Sorority and Canning Events, University Park, PA

- Canning and canvassing locally to raise funds for the Four Diamonds Foundation which pays for the medical expenses of families and aiding Penn State Hershey medical campus in pediatric cancer research.
- Hosting and participating in fundraising events.
- Emotional support to Kappa Alpha Theta's THON families.

Participating in the largest student run philanthropy in the world.

Nehemiah Project, Summer 2014 and 2015

Canton, GA

- Service project involved with the repainting and rebuilding of homes for elders in the community.

Certifications

Institutional Biosafety Committee (Fall 2018)

IRB Human Subjects-Social (Fall 2018)

IRB Human Subjects-Biomedical (Fall 2018)

State of PA Mandated Reporter (Fall 2018)

Relevant Coursework

Introductory Psychology
Research Methods in Psychology
Neurological Bases of Human Behavior
Developmental Biology
Introduction to Physics II
Chemical Principles II
Organic Chemistry II
Mammalian Anatomy

Introduction to Personality
Statistics
Biology: Basic Concepts and Biodiversity
Introduction to Physics I
Chemical Principles I
Organic Chemistry I
Cognitive Psychology
Molecular and Cell Biology

Reference

Kenneth N. Levy, Ph.D., Assistant Professor, Department of Psychology, Pennsylvania State University,
240 Bruce V. Moore Building, University Park, PA 16802