

# Jacob Armistead Martin

Curriculum Vitae

Department of Psychology  
The Pennsylvania State University  
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## **EDUCATION**

2018–Present    **The Pennsylvania State University**, University Park, Pennsylvania  
Doctoral Student in Clinical Psychology  
Advisor: Kenneth N. Levy, Ph.D.

2018-2020      **The Pennsylvania State University**, University Park, Pennsylvania  
Master of Science  
Clinical Psychology

*Thesis:* “The Glass Half Empty: Filling the Void on the Emptiness Criterion of Borderline Personality Disorder”

*Committee:* Kenneth N. Levy, Ph.D. (Chair), Michael N. Hallquist, Ph.D., & Jonathan E. Cook, Ph.D.

2012-2016      **University of Virginia**, Charlottesville, Virginia  
Bachelor of Arts with High Distinction  
Psychology, Cognitive Science

## **SCHOLARSHIPS**

2012            Society of the First Infantry Division - Huebner Scholarship (\$10,000 total)

## **HONORS/AWARDS**

2019            Student Travel Award (\$550)  
2019            Student Travel Award (\$450)  
2018            Graduate Scholar Award (\$6,000 total)  
2015            Raven Society Member

## **EDITORIAL REVIEW**

### **Ad Hoc Co-Reviewer**

*Clinical Psychology and Psychotherapy*

Reviewer: Kristy Dalrymple, Ph.D.

*Personality Disorders: Theory, Research, & Treatment*

Reviewers: Kenneth N. Levy, Ph.D.

*Psychiatry Research*

Reviewers: Kenneth N. Levy, Ph.D.; Paul Tullis, Ph.D.

## RESEARCH

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### **RESEARCH INTERESTS**

My primary interest is in the conceptualization and diagnosis of personality pathology, and how conceptualization and diagnosis inform treatment of personality pathology, with an emphasis on borderline personality disorder (BPD) and narcissism. Specifically, I am interested in translational research that seeks to improve the efficiency and utility of diagnostic and assessment tools for personality pathology. I am further interested in relationships between personality, psychopathology, and psychosocial and other health-related outcomes.

### **PUBLICATIONS**

#### **Peer-Reviewed Journal Articles**

6. Zimmerman, M., Harris, L., **Martin, J.**, & McGonigal, P. (2018). Reliability and validity of a self-report scale for daily assessments of the severity of depressive symptoms. *Psychiatry Research*, 270, 581-586. <https://doi.org/10.1016/j.psychres.2018.10.007>
5. Zimmerman, M., **Martin, J.**, McGonigal, P., Harris, L., Kerr, S., Balling, C., ... & Dalrymple, K. (2018). Validity of the DSM-5 anxious distress specifier for major depressive disorder. *Depression and Anxiety*, 36(1), 31-38. <https://doi.org/10.1002/da.22837>
4. Zimmerman, M., Chelminski, I., Dalrymple, K., & **Martin, J.** (2018). Screening for bipolar disorder and finding borderline personality disorder: A replication and extension. *Journal of Personality Disorders*, 1–11. [https://doi.org/10.1521/pedi\\_2018\\_32\\_357](https://doi.org/10.1521/pedi_2018_32_357)
3. Zimmerman, M., Clark, H., McGonigal, P., Harris, L., Guzman Holst, C., & **Martin, J.** (2018). Relationship between the DSM-5 Anxious Distress Specifier and the Hamilton Depression Rating Scale Anxiety/Somatization Factor. *The Journal of Nervous and Mental Disease*, 206(2), 152. <https://doi.org/10.1097/NMD.0000000000000767>
2. Zimmerman, M., Clark, H., McGonigal, P., Harris, L., Holst, C. G., & **Martin, J.** (2017). Reliability and validity of the DSM-5 Anxious Distress Specifier Interview. *Comprehensive Psychiatry*, 76, 11–17. <https://doi.org/10.1016/j.comppsy.2017.02.010>
1. Zimmerman, M., **Martin, J.**, Clark, H., McGonigal, P., Harris, L., & Holst, C. G. (2017). Measuring anxiety in depressed patients: A comparison of the Hamilton anxiety rating scale and the DSM-5 Anxious Distress Specifier Interview. *Journal of Psychiatric Research*, 93, 59–63. <https://doi.org/10.1016/j.jpsychires.2017.05.014>

#### **Manuscripts in Preparation**

3. **Martin, J. A.** & Levy, K. N. The Glass Half Empty: Filling the Void on the Emptiness Criterion of Borderline Personality Disorder.
2. **Martin, J. A.**, Harris, L., Morgan, T. A., Balling, C., & Zimmerman, M. Predicting symptom reduction in a patient sample: a comparison of borderline personality disorder criteria count and domain scores on the Personality Inventory for DSM-5.

1. Reichin, S. L., & **Martin, J. A.** Development of the Mach-CM: A Self-Report Measure of Machiavellianism.

### **PEER-REVIEWED PRESENTATIONS**

#### **Presentations**

2. **Martin, J. A.** & Levy, K. N. (2019, October). *The Glass Half Empty: Filling the Void on the Emptiness Criterion of Borderline Personality Disorder*. Talk presented at the biannual congress of the International Society for the Study of Personality Disorders. Vancouver, BC.
1. **Martin, J.** (2016, April). *The impact of working memory capacity on calibration between confidence and accuracy*. Undergraduate Distinguished Majors Thesis presented at University of Virginia's L. Starling Reid Undergraduate Psychology Research Conference in Charlottesville, Virginia.

#### **Posters**

6. **Martin, J. A.** & Levy, K. N. (2019, April). *The Glass Half Empty: Filling the Void on the Emptiness Criterion*. Poster presented at the annual conference of the North American Society for the Study of Personality Disorders. Pittsburgh, PA.
5. Harris, L., McGonigal, P., **Martin, J.**, Guzman-Holst, C., Clark, H., Morgan T., & Zimmerman, M. (2017, November). *Suicide attempts and emotion regulation in psychiatric outpatients*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. San Diego, CA.
4. McGonigal, P., Harris, L., Guzman-Holst, C., **Martin, J.**, Clark, H., Morgan T., & Zimmerman, M. (2017, November). *Is suicidal behavior in antisocial personality disorder better accounted for by comorbid borderline personality disorder?* Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies. San Diego, CA.
3. McGonigal, P., Kerr, S., **Martin, J.**, Harris, L., Morgan, T., & Zimmerman, M. (2017, October). *Are there differences between antisocial personality disorder with and without conduct disorder?* Poster presented at the annual conference of the New England Psychological Association. Newton, MA.
2. Harris, L., **Martin, J.**, Guzman, C., McGonigal, P., Morgan, T., & Zimmerman, M. (2017 April). *Predicting symptom reduction in a patient sample: a comparison of borderline personality disorder criteria count and domain scores on the Personality Inventory for DSM-5*. Poster presented at the annual conference of the North American Society for the Study of Personality Disorders. New York, NY.
1. McGonigal, P., Guzman, C., **Martin, J.**, Harris, L., Morgan, T., & Zimmerman, M. (2017, April). *Investigating gender differences in symptom presentation and related characteristics of Borderline Personality Disorder in psychiatric outpatients*. Poster presented at the annual conference of the North American Society for the Study of Personality Disorders. New York, NY.

**CURRENT RESEARCH EXPERIENCE**

2018-present **Laboratory for Personality, Psychopathology, and Psychotherapy Research**, The Pennsylvania State University, Principal Investigator: Kenneth N. Levy, Ph.D.

*Doctoral Student*

Involved in a variety of research studies focused on borderline personality pathology, attachment, developmental psychopathology, and psychotherapy. Write and contribute to manuscripts, present research findings, analyze data, coordinate miscellaneous tasks of undergraduate laboratory managers and research assistants.

**PAST RESEARCH EXPERIENCE**

2016-2018 **Rhode Island Hospital Adult Partial Hospital Program/MIDAS Project**, The Warren Alpert Medical School of Brown University, Principal Investigators: Mark Zimmerman, M.D. & Kristy Dalrymple, Ph.D.

*Clinical Research Assistant*

*Diagnostic Interviewer*

*Summer Internship Program Coordinator*

*Utilization Reviewer*

Research coordinator for DSM-5 Anxious Distress Specifier Interview (DADSI) study, and assistant on several studies including the Effectiveness of Partial Hospital Treatment Study and the Methods to Improve Diagnostic Assessment and Services (MIDAS) study. General responsibilities include managing research studies, conducting diagnostic evaluations for outpatients and partial hospital patients, writing detailed clinical reports, participating in weekly literature review meetings and case conferences, and performing analyses for manuscripts. Coordinator for the MIDAS Summer Intern program. Responsibilities included recruiting and hiring five summer interns and coordinating a series of five rotations to include neuropsychiatry/TMS, observation of group therapy sessions, observation of individual sessions with psychiatrist, observation of psychological testing and preparation of diagnostic reports, and insurance authorization training. Instructed students on data entry tasks and advised on conducting independent research projects. Acted as an insurance utilization reviewer. Obtained pre-certification for patients in the partial hospital program, advocated for continuing stays in the program, and submitted written appeals in response to denial of coverage.

2013-2016 **Dodson Cognition Lab**, University of Virginia, Principal Investigator: Chad Dodson, Ph.D.

*Lab Manager*

*Research Assistant*

Acted as lab manager. Research focused on false memories/memory distortions. Experience in conducting experiments, recording data, reviewing/discussing published research, working with subjects from the student participant pool, scheduling/training fellow researchers. Completed a Distinguished Majors Thesis titled "The Impact of Working Memory Capacity on Calibration Between Confidence and Accuracy." The thesis process included: working with the IRB, creating my own experiment, training research assistants, data collection, data analysis, a literature review, and a written thesis paper.

- 2015-2016     **Adolescence Research Group**, University of Virginia, Principal Investigator: Joseph Allen, Ph.D.  
*Research Assistant*  
Researcher for the longitudinal Virginia Institute of Development in Adulthood (VIDA) Project, focusing on social relationships in adulthood. Conducted participant romantic partner visits and health visits, data entry, interview transcription, and used Mindware software.
- 2015            **Behavioral Health & Technology Lab**, University of Virginia, Principal Investigators: Lee Ritterband, Ph.D. & Karen Ingersoll, Ph.D.  
*Research Assistant*  
Worked primarily on CARRII and Bump2Be projects. Conducted phone interviews, screened for mental disorders, scheduled/recruited participants, contributed to site development and tested programs.
- 2014            **Cognitive Aging Lab**, University of Virginia, Principal Investigator: Timothy Salthouse, Ph.D.  
*Research Assistant*  
Researcher for the Virginia Cognitive Aging Project (VCAP), a longitudinal study looking comprehensively at cognitive aging. Worked extensively with participants of all ages (18-90+) in administering a battery of tests and assisted with clerical duties, data entry and logistical operations.

## CLINICAL

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### **CLINICAL PRACTICUM EXPERIENCE**

121 hours face-to-face intervention and assessment

- 72 hours individual psychotherapy
- 49 hours individual psychodiagnostic assessment
- 36.75 hours clinical research assessment

2019 - 2020     **Practicum in Cognitive Behavioral Therapy.** Supervisor, Michelle Newman, Ph.D. Peer supervisor, Nur Hani Zainal, M.S.

2018 - 2019     **Clinical Assessment.** Supervisor, Amy Marshall, Ph.D.  
Structured clinical interviewing for Axis I and II disorders using structured clinical assessment tools (ADIS and IPDE).

### **SPECIALIZED ASSESSMENT TRAINING**

2018 Fall       **International Personality Disorder Examination.** Part of semester course.  
Instructor: Amy Marshall, Ph.D.

2018 Fall       **Anxiety Disorders Interview Schedule for DSM-IV.** Part of semester course.  
Instructor: Amy Marshall, Ph.D.

2018 Fall       **Weschler Adult Intelligence Scale, Fourth Edition.** Semester course. Instructors:  
Peter Arnett, Ph.D., Kaitlin Riegler, M.S.

### **OTHER CLINICAL ASSESSMENTS**

Hamilton Rating Scale for Anxiety

Hamilton Rating Scale for Depression

Structured Clinical Interview for DSM-5 (SCID-5)

Structured Clinical Interview for DSM-IV Axis II Personality Disorders

Suicide Attempt Self-Injury Interview (SASII)

Adult Attachment Interview (AAI)

### **OTHER CLINICAL EXPERIENCE**

2016-2018     **Rhode Island Hospital Adult Partial Hospital Program,** Providence, Rhode Island

*Diagnostic Interviewer*

Fully trained as a senior diagnostic interviewer on a modified version of the Semi Structured Interview for DSM-IV-TR (SCID), the Schedule for Affective Disorders and Schizophrenia (SADS), the Structured Interview for DSM-IV Personality (SID-P), Family History – Research Diagnostic Criteria Interview (FH-RDC), and psychosocial and occupational functioning assessment measures. Conducted over 150 independent comprehensive interviews and wrote 7-10 page diagnostic reports for use in patients' treatment in the partial hospital program, as well as for evaluation prior to undergoing bariatric surgery. Assessed a broad range of pathology including mood disorders, psychotic disorders, substance use disorders, anxiety disorders, trauma and stressor-related disorders, obsessive compulsive disorders, somatoform

disorders, eating disorders, impulse control disorders, attention-deficit/hyperactivity disorders, and personality disorders.

2013

**Traumatic Brain Injury Program, Tacoma, Washington**

*Intern*

Shadowed a neuropsychometrician and a neuropsychologist working with soldiers who suffered a traumatic brain injury (TBI), usually after returning from combat. Assisted in the soldier-patient care process, helped assess for evidence of TBI in soldiers, interpreted test results, compiled statistical evidence, and provided education to soldiers, family members, community members, and professional staff.

## SERVICE/LEADERSHIP

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### **SERVICE/LEADERSHIP EXPERIENCE**

- 2019-present **Equity Workgroup**, Clinical Area, Department of Psychology, The Pennsylvania State University  
*Member*  
 Elected by fellow clinical area students to assess and respond to ongoing equity-related issues in the program, including developing guidelines to inform clinical training, awards, policies, etc. Contributed to development of a statement on working with diverse populations, revising of language on clinic forms, preparing materials for APA Self-Study on recruitment and retention of diverse students, etc.
- 2019-present **BRIDGE Diversity Alliance**, Department of Psychology, The Pennsylvania State University  
*Recruitment and Retention Committee Co-chair*  
 The Recruitment and Retention Committee focuses on how to recruit a diverse range of students to our psychology program, and how to help students feel at home here through their mentorship program and other activities. Coordinated efforts to make language on the department graduate application more inclusive and to improve outreach to PSU undergraduates.
- 2019-present **Student Mentor**, Department of Psychology, The Pennsylvania State University  
*Junior Mentor*  
 Served as a mentor to a first-year clinical psychology student, helping connect them to resources and provide support on both professional and personal matters.
- 2018-2019 **Clinical Training Committee**, Department of Psychology, The Pennsylvania State University  
*Student Representative*  
 Committee composed of all Clinical Faculty, the Director and Assistant Directors of the Psychological Clinic, and two student representatives from each class. Acted as a liaison between the clinical graduate student body and the committee, communicating graduate students' concerns and distributing information from meetings to the rest of the class.
- 2014-2015 **College Council**, University of Virginia  
*Vice President*  
 Elected by the students of the College of Arts and Sciences. Responsible for recruitment of new College Council members, assisting the President with meetings, event coordination, communicating with other student groups, and provided direct oversight of the underclassmen committee. Previously served as the Ombudsman and the Underclassmen Committee Chair.
- 2015-2016 **U-Link**, University of Virginia  
*Peer Advisor*  
 Selected to be a peer mentor to 6 incoming first-year students. Responsible for



conducting meetings with first-years throughout their first year and providing guidance and resources related to course selection, extra-curricular activities, major selection, and research opportunities.

2014-2016 **University Judiciary Committee**, University of Virginia

*Investigator*

Responsible for collecting trial information and preparing a formal report for the trial judges. Active member of trial process and responsible for digital record of proceedings.

2008 **Boy Scouts of America**

*Eagle Scout*

Highest rank in scouting. Active in the scouting program for more than ten years, served as Senior Patrol Leader of the troop, and Crew Leader of a 92-mile trek.

## TEACHING

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### **ASSISTANT TEACHING**

- 2019, Fall     **Abnormal Psychology**, The Pennsylvania State University  
*Teaching Assistant*  
Lectured two classes covering material related to borderline personality disorder.  
Graded exams, held office hours, and assisted professor in other tasks.
- 2019, Spring   **Introduction to Clinical Psychology**, The Pennsylvania State University  
*Teaching Assistant*  
Lectured four 50-minute classes covering material related to history of clinical  
psychology and current issues in clinical psychology. Graded assignments, held office  
hours, and assisted professor in other tasks.
- 2018, Fall     **Health Psychology**, The Pennsylvania State University  
*Teaching Assistant*  
Graded assignments, held office hours, and assisted professor in other tasks.

## OTHER

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### **ADVANCED ANALYSIS/METHODOLOGY COURSEWORK**

2020, Spring PSY 597 Introduction to Classical and Modern Test Theory. *The Pennsylvania State University*. Instructor: James M. LeBreton, Ph.D.

2019, Summer Short course in Meta-analysis. *The Pennsylvania State University*. Instructors: Yogev Kivity, Ph.D. & Yi “Lala” Wang, Ph.D.

### **STATISTICAL PROGRAMS**

Microsoft Excel

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SPSS

### **PROFESSIONAL EXPERIENCE**

2019, Fall **Leadership Development Center**, The Pennsylvania State University  
*Professional Assessor*

Assessed undergraduate students on a number of professional and leadership competencies and assisted in creating personalized feedback.

*References available upon request*