

CURRICULUM VITAE

Julia Dobre

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CAREER OBJECTIVE

In pursuit of a B.S Degree in Neuroscience Psychology with plans of attending graduate school for Clinical Psychology

EDUCATION

Undergraduate Education:

The Pennsylvania State University, University Park, PA

Major: Psychology, B.S

Concentration: Neuroscience

Cumulative GPA: 3.69

Psychology GPA: 3.93

ACADEMIC AWARDS

Phi Eta Sigma: Freshman Honors Society (2017-Present)

Sigma Alpha Pi: The National Society of Leadership and Success (2017-Present)

Dean's list (2017-present)

RESEARCH EXPERIENCE

Undergraduate Research Assistant (Spring 2018-present)

Laboratory of Personality, Psychopathology, and Psychotherapy, Pennsylvania State University

- Involved in ongoing NIMH and foundation grant funded research programs investigating change in attachment representations during a randomized controlled psychotherapy trial.
- Involved in the recruitment and running of participants, the transcription of semi-structured interviews, coding data, entering data, editing large data sets, and data analysis using SPSS and general lab functions.
- Assistant in the preparation and writing of grant applications, manuscripts, and conference presentations.
- Participated in didactic seminars that included weekly readings and video case presentations.
- Attended weekly laboratory meetings which included discussions of current research, future research, and current events in the field of psychology
- Promoted from research assistant to lab coordinator (Fall of 2018)

Lab Coordinator, RME (Fall 2018-present)

Laboratory of Personality, Psychopathology, and Psychotherapy, Pennsylvania State University

- Proctor of the Interpersonal Perception study which includes participants coming into our lab and completing a computerized task called “Reading the Mind in the Eyes” (RME)
- Responsible for granting students credit for coming in to participate in this study
- Made changes to the study to accommodate more participants and increase the number of participants we run
- Routinely created participant folders, organized RME materials, ensured that all data had been saved correctly, responsible for training RA’s to become RME proctors

Lab Coordinator, Participant scheduling (Fall 2018-present)

Laboratory of Personality, Psychopathology, and Psychotherapy, Pennsylvania State University

- Responsible for scheduling participants to come in for various studies
- Managed participant database

Lab Manager (Spring 2020-present)

- Promoted to lab manager in Spring of 2020
- Responsible for delegating tasks to other undergraduate assistants and managing the lab

CLINICAL WORK EXPERIENCE

Clinical interviewer, Laboratory of Personality, Psychopathology, and Psychotherapy, Pennsylvania State University (Summer 2019-present)

- Currently administering, coding, and transcribing structured and semi-structured clinical interviews with subject pool and clinical participants to determine the presence of borderline personality disorder and other comorbid disorders

Volunteer, Hackensack Meridian Health Pascack Valley Medical Center (Summer of 2018)

- Volunteered in the endoscopy unit
- Refilled medical buckets with supplies and organized medical supplies
- Transported patients from the recovery room to various locations in the hospital

Volunteer, Pennsylvania State University Health Services Physical Therapy Department (2017)

- Shadowed physical therapists and gained knowledge in the field of physical therapy
- Assisted physical therapists with their patients by bringing them supplies, ice packs, weights etc.
- Responsible for cleaning and using disinfection procedures

Intern, Ayama Psychotherapy (August 2018-present)

- Worked alongside psychologists in the office approximately 6 hours per week
- Was mentored one-on-one by Dr. Alissa Yamasaki
- Performed basic office practices and duties
- Scheduled patient appointments
- Spoke with insurance companies and gained information for patients regarding their

benefits, deductibles etc.

- Participated in mock therapy sessions to gain clinical experience and insight about therapeutic practices and protocols
- Wrote summaries on scholarly articles
- Created templates for certain measures and evaluations
- Scored BDEFS scales and input MMPI-2 responses to gain access to score reports

TEACHING EXPERIENCE

Teaching Assistant, Introductory Psychology (Spring 2019)

ACKNOWLEDGED CONTRIBUTOR

Levy, K.N., Kivity, Y., Diamond, D., Kernberg, O.F., Clarkin, J.F. (2019). The Impact of Narcissism on Dropout in Three Treatments for Borderline Personality Disorder [Manuscript submitted for publication]. *Pennsylvania State University*.

CONFERENCES

Dobre, J. (2020, April 9). *A Double Blind, Randomized, Controlled Study of Lithium in Patients with Treatment Resistant Depression*. Penn State Psi Chi Research Conference, Penn State, University Park. (Conference Canceled)

ORGANIZATIONS/CLUBS

Triathlon Club (2017-Present)

Kappa Kappa Gamma Sorority (Spring 2019-present)

Psi Chi (Fall 2019-present)

RELEVANT COURSEWORK

Introductory Psychology
Neurological Bases of Human Behavior
Statistical Concepts and Reasoning
Elementary Statistics

Introduction Physiology
Introduction Social Psychology
Introduction Sociology
Biology: Basic Concepts and Biodiversity
Biology: Molecules and Cells
General Chemistry I and II
Introductory Physics I
Organic Chemistry I
Abnormal Psychology
Psychology as a Science and Profession
Psychology of Language and Thought
Physiological Psychology
Writing in the Social Sciences
Introduction Personality Psychology
Basic Research Methods in Psychology
Clinical Neuropsychology

CERTIFICATIONS

IRB for Social/Behavior/Education Research (Fall 2017)
State of Pennsylvania Mandated Reporter Training (Spring 2018)
NIH Certification—Protecting Human Research Participants (Spring 2018)
HIPAA Human Subjects IRB Certification—Social Science and Biomedical Modules (Spring 2018)

COMPUTER SKILLS

Zotero
SPSS
Express Scribe
Main's Adult Attachment Interview (AAI) transcriber
E-Prime
Microsoft Office
Minitab

LANGUAGES

English (Native)
Romanian (Fluent)
Spanish (Limited working proficiency)

REFERENCES

Alissa Yamasaki, Ph.D., Licensed Psychologist, Ayama Psychotherapy, 720 Pike Street, PO Box 1122, Lemont, PA 16851

Kenneth N. Levy, Ph.D., Assistant Professor, Department of Psychology, Pennsylvania State University, 240 Bruce V. Moore Building, University Park, PA 16802