

Curriculum Vita

J. Wesley Scala, M.S.

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EDUCATION

- 2012-present** **The Pennsylvania State University**, University Park, Pennsylvania
Graduate student in Clinical Psychology
- 2006-2011** **The Pennsylvania State University**, University Park, Pennsylvania
B. S. in Psychology

RESEARCH EXPERIENCE

- 2012-present** **Graduate Student**
The Pennsylvania State University, University Park, PA
Supervisor: Kenneth N. Levy, Ph.D.
- 2011 – 2012** **Laboratory Manager**
Laboratory for Personality, Psychopathology, and Psychotherapy Research, The
Pennsylvania State University, University Park, PA
Supervisor: Kenneth N. Levy, Ph.D.

Included the management and coordination of over two dozen undergraduate research assistants, assisting in the preparation and writing of grant applications, manuscripts, and conference presentations. Other tasks included management of IRB submissions and modifications, conference and travel planning, financial management, research assistant recruitment, and various administrative tasks.

- 2010 - 2011** **Undergraduate Research Assistant – Project Coordinator**
Laboratory for Personality, Psychopathology, and Psychotherapy Research, The
Pennsylvania State University, University Park, PA
Supervisor: Kenneth N. Levy, Ph.D.

Included the coordination of two projects. The first project involved the use of the Reading the Mind in the Eyes Test (Baron-Cohen et al., 2001) to assess mental state decoding abilities in a

population of borderline personality disorder analogs and healthy comparisons. The second project involved the use of self-report measures of jealousy and attachment style to assess differences in jealousy as a function of attachment style. Responsibilities for both studies included stimulus preparation, participant recruitment, data collection, management, and analysis, and the training and coordination of undergraduate research assistants involved with the project.

Also received training in the transcription of semi-structured interviews (Adult Attachment Interview), coding data, entering data, editing large data sets, and data analysis using SPSS.

PUBLICATIONS:

Levy, K. N., **Scala, J. W.**, Ellison, W. D. (in review). The therapeutic alliance in the treatment of borderline personality disorder: A meta-analysis. *Journal of Consulting and Clinical Psychology*.

Levy, K.N., **Scala, J.W.** (in press). Transference. In V. Zeigler-Hill & T. Shakelford (Eds.), *Encyclopedia of personality and individual differences*. New York, NY: Springer.

Scala, J. W., Levy, K. N., Johnson, B. N., Kivity, Y., Ellison, W. D., Pincus, A. L., Newman, M. G., & Wilson, S. J (in press). The role of negative affect and self-concept clarity in predicting self-injurious urges in borderline personality disorder using ecological momentary assessment. *Journal of Personality Disorders*.

Levy, K. N., Johnson, B. N., **Scala, J. W.**, Temes, C. M., & Clouthier, T. L. (2015). An attachment theoretical framework for understanding personality disorders: Developmental, neuroscience, and psychotherapeutic considerations. *Psihologijske teme/Psychological Topics*, 25(1), 91-112.

Levy, K. N., Johnson, B. N., Clouthier, T. L., **Scala, J. W.**, & Temes, C. M (2015). An attachment theoretical framework for personality disorders. *Canadian Psychology*, 56(2), 197-207

Levy, K. N., & **Scala, J. W.** (2015). Integrated treatment for personality disorders: A commentary. *Journal of Psychotherapy Integration*, 25(1), 49-57.

Levy, K. N., **Scala, J. W.**, Temes, C. M., & Clouthier, T. (2015). An integrative attachment framework of personality pathology. In S. Huprich (Ed.), *Personality disorders in the 21st century* (pp.315-343). Washington, DC: American Psychological Association.

Levy, K. N., & **Scala, J. W.** (2012). Transference, transference interpretations, and transference-focused psychotherapies. *Psychotherapy*, 49(3), 391-403.

INVITED TALKS:

Scala, J. W., Levy, K. N., & Ehrenthal, J.C. (February, 2016). *Mechanisms of change in the treatment of borderline personality disorder*. Presented at the Swiss National Science

Foundation International Exploratory Workshop, Lausanne, Switzerland.

CONFERENCE PRESENTATIONS:

Rosenstein, L. K., Pantelides, J., **Scala, J. W.**, & Levy, K. N. (2017, September). *Does self-concept moderate the relationship between borderline personality disorder and emotion recognition?* Poster to be presented at the biannual meeting for the International Society for the Study of Personality Disorders, Heidelberg, Germany.

Johnson, B. N., Temes, C. M., **Scala, J. W.**, & Levy, K. N. (2017, April). *Understanding Dimensions and Types of Borderline Personality Disorder Through Factor Mixture Modeling.* Paper to be presented at the 2017 annual convention of the North American Society for the Study of Personality Disorders, New York, NY.

Crow, T., Johnson, B. N., **Scala, J. W.**, & Levy, K. N. (2016, April). *Childhood trauma types are differentially associated with personality disorder criteria in individuals with borderline personality disorder.* Poster presented at the 4th annual convention of the North American Society for the Study of Personality Disorders, New York, NY.

Johnson, B. N., Levy, K. N., **Scala, J. W.**, Temes, C. T., & Gooch, C. V. (2016, April). *Clinically relevant subtypes of borderline personality disorder and the role of attachment attitudes.* Paper presented at the 4th annual convention of the North American Society for the Study of Personality Disorders, New York, NY.

Scala, J. W., Levy, K. N., Ellison, W. D., Johnson, B. N., Pincus, A. L., Newman, M. G., & Wilson, S. J. (2016, April). *Characterizing instability in self-image in BPD: An ecological momentary assessment approach.* Paper presented at the 4th annual convention of the North American Society for the Study of Personality Disorders, New York, NY.

Johnson, B. N., Levy, K. N., Ellison, W. D., **Scala, J. W.**, Wilson, S. J., Newman, M. G., & Pincus, A. L. (2015, October). Using ecological momentary assessment to identify daily risk for suicidality and self-injury in borderline personality disorder. In K. N. Levy (Chair) *Borderline personality disorder in the here-and-now: Elucidating patterns of variability and behavior through ecological momentary assessment.* Paper to be presented at the 14th annual convention of the International Society for the Study of Personality Disorders, Montreal, QC, Canada.

Scala, J. W., Ellison, W. D., Johnson, B. N., Pincus, A. L., Newman, M. G., Wilson, S. J., & Levy, K. N. (2015, October). An ecological momentary assessment approach to examining the role of negative affect, impulsivity, and self-concept clarity in predicting self-injurious urges in borderline personality disorder. In K. N. Levy (Chair) *Borderline personality disorder in the here-and-now: Elucidating patterns of variability and behavior through ecological momentary assessment.* Paper to be presented at the 14th annual convention of the International Society for the Study of Personality Disorders, Montreal, QC, Canada.

- Scala, J. W.**, Ellison, W. D., & Levy, K. N. (2014, June). The working alliance in the treatment of borderline personality disorder: A meta-analysis. In K. N. Levy (Chair) *Alliance at the border: Establishing, maintaining, and researching alliance in patients with borderline personality disorder*. Paper presented at the Annual Conference of the Society for Psychotherapy Research, Copenhagen, Denmark.
- Dowgwillo, E. A., **Scala, J. W.**, Roche, M. J., & Pincus, A. L. (2014, March). Confirmatory factor analysis of the Level of Personality Functioning Scale Self-Report. In M. J. Roche (Chair) *Measuring the DSM-5 description of criterion A*. Paper presented at the Annual Conference of the Society for Personality Assessment, Arlington, VA.
- Scala, J. W.**, Ellison, W. D., & Levy, K. N. (2013, October). *The working alliance in the treatment of borderline personality disorder: A meta-analysis*. Poster presented at the Annual Conference of the North American Society for Psychotherapy Research, Memphis, TN.
- Scala, J. W.**, & Levy, K. N. (2013, April). *The effects of cognitive load and speed on the mental state decoding abilities of young adults with borderline personality disorder traits*. Poster presented at the Annual Conference of the North American Society for the Study of Personality Disorders, Boston, MA.
- Medved, K. G., Meyer, N. A., **Scala, J. W.**, & Levy, K. N. (2013, April). *Double whammy: the effect of comorbid borderline personality traits and pathological narcissism on mental state decoding abilities*. Poster presented at the Annual Conference of the North American Society for the Study of Personality Disorders, Boston, MA.
- Meyer, N. M., **Scala, J. W.**, Levy, K. N. (2013, April). *Mirror, mirror, in the eyes: Mental state decoding abilities in pathological narcissism*. Poster to be presented at the Annual Conference of the North American Society for the Study of Personality Disorders, Boston, MA.
- McLaughlin, K. D., Medved, K. G., **Scala, J. W.**, & Levy, K. N. (2013, April). *The predictive validity of the McLean screening instrument for borderline personality disorder*. Poster to be presented at the Annual Conference of the North American Society for the Study of Personality Disorders, Boston, MA.
- Meyer, N. A., Levy, K. N., & **Scala, J. W.** (2012, August). *Mirror, mirror, in the eyes: Mental state decoding abilities in pathological narcissism*. Poster presented as part of the Ronald E. McNair Scholarship Program, University Park, PA.
- Scala, J. W.**, Levy, K. N., Moser, L. C. R., & Clarkin, J. F. (2011, May). *Reasons for termination in psychotherapy of borderline personality disorder*. Poster presented at the meeting of the Society for the Exploration of Psychotherapy Integration, Washington, D.C.

Scala, J. W. (2009, September). *Policy for reducing binge drinking on college campuses.* Speech presented at The New York Times and Penn State Civic Engagement Public Speaking Contest, State College, PA.

ACKNOWLEDGED CONTRIBUTOR:

Beeney, J. E., Levy, K. N., Gatzke-Kopp, L. M., & Hallquist, M. N. (2014). EEG asymmetry in borderline personality disorder and depression following rejection. *Personality Disorders: Theory, Research, and Treatment*, 5(2), 178-185.

RESEARCH SUPPORT

Research Awards

Source: Research and Graduate Studies Office (RGSO)

Dates: 11/2012

Source: Donald A. Trumbo Psychology Department Student Research Fund

Dates: 11/2012

CLINICAL WORK EXPERIENCE

2017-present **Psychological Consultation Services**
Centre County Correctional Facility
Bellefonte, PA

Provided consultation services to Inmate Services (3 hours weekly), which involved meeting with jail staff, such as Corrections Officers, and with inmates in order to answer specific referral questions from Inmate Services (e.g., risk assessment, placement to cell blocks, etc.)

2016-2017 **Clinical Practicum**
Counseling and Psychological Services
The Pennsylvania State University, University Park, PA

Provided individual counseling to students (6 hours weekly) and co-facilitated a group (1 ½ hours weekly) in a university counseling center

2014-present **Clinical Assistantship**
The Pennsylvania State University Psychological Clinic
The Pennsylvania State University, University Park, PA

Provided individual psychotherapy to clients (6 hours weekly) in a community mental health center

2012-2016 **Staff Clinician**
The Pennsylvania State University Psychological Clinic
The Pennsylvania State University, University Park, PA

Conducted diagnostic intakes using structured interviews and provided individual psychotherapy to clients in a community mental health center

2011-present Clinical Interviewer

Laboratory for Personality, Psychopathology, and Psychotherapy Research,
The Pennsylvania State University, University Park, PA
Supervisor: Kenneth N. Levy, Ph.D.

Trained in the administration of semi-structured clinical interviews including the Structured Clinical Interview for DSM-IV (SCID-IV) and the International Personality Disorder Examination (IPDE), as well as the Adult Attachment Interview (AAI).

TEACHING EXPERIENCE

Teaching Assistant: The Pennsylvania State University, University Park, PA

Undergraduate Courses:

Introduction to Psychology (Instructor: Andrew Peck, Ph.D.)
Introduction to Psychology – Honors (Instructor: Andrew Peck, Ph.D.)
Introduction to the Psychology of Gender – (Instructor: Nicholas Pearson, Ph.D.)
Introduction to Evolutionary Psychology (Instructor: Cathleen Hunt, Ph.D.)
Introduction to Developmental Psychology (Instructor: Cathleen Hunt, Ph.D.)
Introduction to Developmental Psychology (Instructor: Melissa Hunter, Ph.D.)
Introduction to Personality Theory (Instructor: William D. Ellison, Ph.D.)
Forensic Psychology (Instructor: Michael P. Wolff, Ph.D., CAC)
Adolescence (Instructor: Jeffrey Love, Ph.D.)
Health Psychology (Instructor: Travis Nichols, Ph.D.)
Introduction to Clinical Psychology (Instructor: Kenneth N. Levy, Ph.D.)
Senior Seminar: Psychopathology and its Treatment (Instructor: Kenneth N. Levy, Ph.D.)

Graduate Courses:

Analysis of Psychological Statistics II (Jonathan Cook, Ph.D.)
Introduction to Classical Test Theory and Psychometrics (James LeBreton, Ph.D.)

Guest Lectures:

Infant Memory Guest lecture for Introduction to Developmental Psychology (Instructor: Cathleen Hunt, Ph.D.)

Gender Stereotyping Guest lecture for Introduction to Developmental Psychology (Instructor: Cathleen Hunt, Ph.D.)

Identity Development Guest lecture for Introduction to Developmental Psychology (Instructor: Cathleen Hunt, Ph.D.)

Attachment Theory Guest lecture for Introduction to Evolutionary Psychology (Instructor: Cathleen Hunt, Ph.D.)

Jealousy Guest lecture for Introduction to Evolutionary Psychology (Instructor: Cathleen Hunt, Ph.D.)

SELECTED ACADEMIC HONORS AND AWARDS

2009, 2010, 2011 *Academic Achievement Award – Dean’s List*, College of Liberal Arts, The Pennsylvania State University, University Park, Pennsylvania

PROFESSIONAL ACTIVITIES

2016, 2017 Volunteer Judge for Psi Chi Research Conference, Penn State Chapter

Editorial Review

Ad hoc reviewer
Journal of Personality Disorders

Co-reviewer
American Journal of Psychiatry
Psychiatry Research
Psychological Science
Cognition and Emotion

Affiliations

American Psychological Association
Division of Psychoanalysis (APA Div. 39)
Division of Psychotherapy (APA Div. 29)
Association for Psychological Science
North American Society for the Study of Personality Disorders
Society for Psychotherapy Research
Society for the Exploration of Psychotherapy Integration

Workshops and Training

January 2011 fMRI Safety Training National Nanotechnology Infrastructure Network (NNIN)

Basic training in safety procedures and protocol for administration and involvement in research using fMRI technology. Completion of this training allows me to have direct contact with fMRI technology and any research that would involve the use of the technology.

December 2010 SPSS Workshop Penn State Information Technology Services

Basic training in conducting statistical analyses including chi-square analysis, linear and multiple regression, ANOVA, and t-tests, as well as managing and editing variables, output files, and syntax.

Volunteer Service

May 2011 Conference Volunteer Society for the Exploration of Psychotherapy
Integration, Washington, D.C.

August 2011 Conference Volunteer American Psychological Association,
Washington, D.C.

OTHER WORK EXPERIENCE

2011-2012 Administrative Support Assistant Penn State Psychological Clinic,
University Park, Pennsylvania

2009 Student Tutor Student Support Services Program,
The Pennsylvania State University,
University Park, Pennsylvania